

## Children's Ark, University Hospital Limerick

C4Sc has long supported the children's wards at the University Hospital Limerick. Latest donation was a parents' chair which converts to a full sized bed for parents who need to stay overnight with their children. Items specifically needed on the ward for ensure the comfort of parents and the patients.

CHARITY

# Never sick of cycling



**Stephen Hartnett, Keith McGuane, Valarie Dunne and Peter Ward, Limerick Cycle for Sick Children joined Carloine Daughton, Clinical Nurse Manager 2, Moyra Marks, Clinical Nurse Manager 1 and Marriion Murphy, Staff Nurse at the Ark Ward at the Limerick University Hospital where they presented a Parents Bed to the Subshine Ward.**

Picture: Keith Wiseman

Cycle 4 Sick children cycling team visited the Sunshine Ward at the University Hospital Limerick this week to hand over a chair which converts into a night time bed and storage unit for parents who need to stay in hospital with their children.

Two nights of fundraising and raising awareness of the needs of sick children took place in the Crescent Shopping Centre last Christmas to fund this particular piece of equipment which was specifically requested by the ward staff.

Celebrating its fifth birthday this year, Cycle 4 Sick Children is a Limerick based cycling club with more than 70 members and was set up to create awareness and support the needs of sick children while also helping people to get fit and achieve their cycling aims.

The members support charity events locally and countrywide in their distinctive pink club colours, and is strongly associated with Limerick City Council's current plans for an inclusion playground in the grounds of Mungret College. Anyone who would like to know more, or even join the club – can follow the club on facebook, check out the website or send an email to [secretaryc4sc@hotmail.com](mailto:secretaryc4sc@hotmail.com). The aim is to help to raise funds and promote awareness of the needs of sick children and their families.