

# Scottish Dance Teachers' Alliance Highland Branch Syllabus



EDITION 2017

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## AMATEUR MEDAL TESTS & GRADE EXAMINATIONS

# SCOTTISH DANCE TEACHERS' ALLIANCE HIGHLAND BRANCH AMATEUR MEDAL TEST & GRADE EXAMINATIONS

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There will be a transitional period of one year, during 2017, when either syllabus will be accepted.

- **Syllabus Edition 2017** - Available from 1<sup>st</sup> January 2017 and compulsory from 1<sup>st</sup> January 2018. To be used in conjunction with **8<sup>th</sup>** edition SOBHD text book.
- **Amateur Medal Tests Syllabus Revised 2008 Edition** – Available until 31 December 2017 and to be used in conjunction with **7<sup>th</sup>** edition SOBHD text book.
- **Grade Examinations syllabus 2015 Edition** – Available until 31 December 2017 and to be used in conjunction with **7<sup>th</sup>** edition SOBHD text book.

## RULES AND CONDITIONS FOR MEDAL TESTS

1. Candidates will be tested on demonstration only and the technique must conform to that laid down by the SOBHD.
2. Suitable attire should be worn, wearing of jewellery is prohibited. Appropriate practice wear will be accepted for all tests, if kilt or national outfit is not available.
3. Teachers shall ensure suitable music is provided. The music operator must be over 16 years of age. They may not have any contact with the candidates and should be seated facing away from the dancers, able to see the Examiner only. The music operator should leave the studio at all breaks.
4. Teachers should not remain in the Examination room, with the exception of the Dance Stars test.
5. Teachers shall be notified by the Secretary re venue and/or time at which a candidate is due at a General Session and it is the Teacher's duty to inform their candidates.
6. When filling in entry forms, teachers should group the various standards together regardless of the running order of the timetable.
7. Entrants must take Medal Tests in order of achievement.
8. **Candidates who enter for 2 consecutive tests at any one session must take the lower standard first and attain at least Commended. Teachers must confirm with the Examiner.**
9. All candidates will receive the Examiner's Report and those who are successful will receive the appropriate awards.
10. The SDTA appeals policy is available from our website [www.sdta.co.uk](http://www.sdta.co.uk).
11. The passing of an Amateur Medal Test or Grade Examination cannot be regarded as a professional teaching qualification.
12. From Scottish Award 1 to 6, candidates must use double hilted swords.
13. Candidates presented for Scottish Award 1 to 6 must be able to demonstrate the steps/dances required in the syllabus EVEN if using Championship steps throughout the test.
14. Due to the difficulty in obtaining Jig shoes, any suitable shoe is acceptable with the exception of tap shoes.

## RULES AND CONDITIONS FOR GRADE EXAMINATIONS

As Rules and Conditions for Medal Tests 2 to 14 above plus:

15. Except in Primary, candidates will be verbally examined as to their knowledge of the techniques in and up to the Grade in which they are being examined, and will also be required to give a practical demonstration of the dances as set down in that Grade.
16. Primary is for candidates under the age of 10 years and demonstration only is required.
17. Grade 1 onwards is for candidates age 10 years and over.
18. Candidates from Grade 1 to 6 will be assessed on both theoretical knowledge and on practical demonstration on barre and centre work in addition to dances required in the practical section. 75% of the total mark will be awarded for theoretical knowledge and practical demonstration on the barre and centre work. 25% of the total mark will be awarded for the practical section.
19. Proper barre etiquette must be adhered to for all barre work:  
Facing the barre, place both hands lightly (do not lean).  
Facing the side, place one hand on barre and the other in 1<sup>st</sup> position.  
Positions or movements should be demonstrated on both sides. The number of repetitions is at the discretion of the examiner.  
A suitable chair will be accepted.
20. Candidates from Grade 1 to 6 will be marked as for Medal Tests taken on the same day but candidates must be able to demonstrate steps from the Grade syllabus if not included in the medal test.

## TIMETABLE

*(Times are approximate and based on 2 candidates at a time)*

<b>TEST</b>	<b>TIME (approximate)</b>
<b>HIGHLAND</b>	
Dance Stars (see note)	5 mins
Preparatory	5 mins
Preliminary	5 mins
Pre-Bronze	5 mins
Bronze	10 mins
Pre-Silver	15 mins
Silver	15 mins
Pre-Gold	15 mins
Gold	15 mins
Scottish Award 1 - 6	20 mins
<b>SCOTTISH NATIONAL</b>	
Pre-Bronze/One Dance	5 mins
Bronze	10 mins
Silver	10 mins
Gold	10 mins
Scottish Award 1 - 6	15 mins
<b>IRISH JIG / SAILORS' HORNSPIPE</b>	
Pre-Bronze - Scottish Award 4	5 mins
<b>GRADES</b>	
Primary	10 mins
Grade 1	15 mins
Grade 2	20 mins
Grade 3 & 4	25 mins
Grade 5 & 6	30 mins
<b>CHOREOGRAPHY</b>	
Choreography	5 mins
Group Performance	10 mins

**NOTE:** Dance Stars should be taken 2 at a time unless a class of 3 candidates.

# AMATEUR HIGHLAND MEDAL TESTS

## DANCE STARS

### AWARD: Certificates and Plaque to hold Dance Star Test Buttons

- *These tests are suitable for candidates age 3 years to 6 years old.*
- *A maximum of 3 Tests can be taken on the same day.*
- *Teacher to advise the Examiner which movements the candidates are performing.*

#### 1<sup>ST</sup> TEST

- 1 Bow
- 2 Hands taken from 1<sup>st</sup> position to 3<sup>rd</sup> position and back to 1<sup>st</sup> position
- 3 Point close from 1<sup>st</sup> position to 4<sup>th</sup> position
- 4 Toe-Heel movement (with or without elevation)
- 5 4 Jumps in 1<sup>st</sup> position and 4 Claps. Repeat

#### 2<sup>ND</sup> TEST

- 1 Jumps in 1<sup>st</sup> position
- 2 Changes in 3<sup>rd</sup> position
- 3 Point close from 1<sup>st</sup> position to 4<sup>th</sup> position
- 4 Spring Points in 4<sup>th</sup> position
- 5 Toe-Heel movement (with or without elevation)
- 6 Single High Cuts
- 7 Pas de Basques

Teacher to select five from 2<sup>nd</sup> Test

#### 3<sup>RD</sup> TEST

- 1 16 Pas de Basques to music
- 2 High Cuts (Single)
- 3 Pas de Basques over 1<sup>st</sup> Sword
- 4 Open Pas de Basques over 2<sup>nd</sup> and 4<sup>th</sup> Sword
- 5 Hop point in 2<sup>nd</sup> position, Hop point in 3<sup>rd</sup> position, Hop point in 4<sup>th</sup> position, Hop point in 3<sup>rd</sup> position
- 6 Spring Points over 2<sup>nd</sup> Sword (with or without turning)

Teacher to select five from 3<sup>rd</sup> Test

#### 4<sup>TH</sup> TEST

- 1 16 Pas de Basques and High Cuts to music
- 2 8 Shedding or 1<sup>st</sup> Step Highland Fling
- 3 Shedding RF 4 Toe – Heels 4 Claps (toe-heels with or without elevation)
- 4 Shedding Turns (one foot only)
- 5 Point close 1<sup>st</sup> position to 2<sup>nd</sup> position
- 6 Arms to 1<sup>st</sup> to 2<sup>nd</sup> position back to 1<sup>st</sup> position

Teacher to select 5 movements from 3<sup>rd</sup> and 4<sup>th</sup> Test

#### 5<sup>TH</sup> TEST

Teacher to select 3 movements from 3<sup>rd</sup> test and 3 movements from 4<sup>th</sup> Test.

## PREPARATORY TEST

### AWARDS: SDTA Medal and certificate

*Demonstrate without music*      Spring Points  
Single High Cuts  
Toe and Heel  
Pas de Basques  
Movements of elevation in 1<sup>st</sup> position (Jumps)  
8 Shedding movements or 1<sup>st</sup> step Highland Fling

## PRELIMINARY TEST

### AWARDS: SDTA Medal and certificate

6 Pas de Basques and 4 single High Cuts repeated 4 times to music or 5 Pas de Basques  
Assemble, Disassemble into High Cuts  
*Highland Fling*                      3 steps – 1<sup>st</sup>, 3<sup>rd</sup>, 8<sup>th</sup>  
Each step to be demonstrated separately without music

## ALTERNATIVE PRELIMINARY TEST

6 Pas de Basques and 4 single High Cuts repeated 4 times to music or 5 Pas de Basques  
Assemble, Disassemble into High Cuts  
*Sword Dance (2 steps)*      1<sup>st</sup>, 2<sup>nd</sup> or 4<sup>th</sup>  
Each step to be demonstrated separately without music

**NOTE:** In Pre-Bronze, Bronze, Pre-Silver and Silver tests, the steps are the teacher's choice and single High Cutting will be accepted in the Sword Dance.

## PRE-BRONZE TEST (One Dance)

### AWARDS: SDTA Medal and certificate

*Highland Fling*                      4 steps – no back steps  
*Sword Dance*                        2 slow steps and 1 quick step

## BRONZE MEDAL TEST (Two Dances)

### AWARDS: SDTA Bronze medal and certificate

*Highland Fling*                      4 steps  
*Sword Dance*                        2 slow steps and 1 quick step

## PRE-SILVER MEDAL TEST (Two Dances & Basic Movements)

### AWARDS: SDTA Medal and certificate

*Highland Fling*                      4 steps  
*Sword Dance*                        2 slow steps and 1 quick step  
*Basic Movements*                Brushes (4 RF 4 LF) travelling forward towards examiner.  
Shuffles (8 times)  
Hop Brush Beat Beat (2 RF 2LF)

## SILVER MEDAL TEST (Three Dances)

### AWARDS: SDTA Silver medal and certificate

*Highland Fling*                      4 steps  
*Sword Dance*                        2 slow steps and 1 quick step  
*Seann Triubhas*                    3 slow steps and 1 quick step

## **PRE-GOLD MEDAL TEST (Three Dances & Basic Movements)**

### **AWARDS: SDTA Medal and certificate**

<i>Highland Fling</i>	4 steps
<i>Sword Dance</i>	2 slow steps to include 2 <sup>nd</sup> or 4 <sup>th</sup> and 1 quick step
<i>Seann Triubhas</i>	3 slow steps and 1 quick step
<i>Basic Movements</i>	Backsteps, Shakes from 2 <sup>nd</sup> step of Seann Triubhas (RF then LF), Shake Shake Down movement from 4 <sup>th</sup> step of Seann Triubhas (2 RF then 2 LF)

## **GOLD MEDAL TEST (Three Dances & Basic Movements)**

### **AWARDS: SDTA Gold medal and certificate**

<i>Highland Fling</i>	4 steps
<i>Sword Dance</i>	2 slow steps and 1 quick step – 1 <sup>st</sup> , 2 <sup>nd</sup> or 4 <sup>th</sup> , 8 <sup>th</sup>
<i>Seann Triubhas</i>	3 slow steps and 1 quick step – 1 <sup>st</sup> , 2 <sup>nd</sup> , 4 <sup>th</sup> or 5 <sup>th</sup> , 16 <sup>th</sup>
<i>Basic Movements</i>	4 Progressive Strathspey movements showing body turns 4 Progressive Reel movements showing body turns

**NOTE:** Candidates for Scottish Award 1 to 6 must be able to demonstrate the steps/dances required in the syllabus *EVEN* if using Championship steps throughout the test. From Scottish Award 1 to 6, candidates must use double hilted swords. Demonstration steps are danced without music.

## **SCOTTISH AWARD 1 MEDAL TEST (Four Dances)**

### **AWARDS: SDTA plaque and certificate**

<i>Highland Fling</i>	4 steps – 1 <sup>st</sup> , 2 <sup>nd</sup> , 4 <sup>th</sup> , 8 <sup>th</sup>
<i>Sword Dance</i>	2 slow steps and 1 quick step – 1 <sup>st</sup> , 2 <sup>nd</sup> , 8 <sup>th</sup>
<i>Seann Triubhas</i>	3 slow steps and 1 quick step – 1 <sup>st</sup> , 2 <sup>nd</sup> , 5 <sup>th</sup> , 14 <sup>th</sup> Finish entrechat method 1
<i>Reel</i>	½ Hullachan or Strathspey & Highland Reel (2 parts) Teacher's choice of steps
<i>Demonstrate Step</i>	Sword Dance 3 <sup>rd</sup> step (any finish)

## **SCOTTISH AWARD 2 MEDAL TEST (Four Dances)**

### **AWARDS: SDTA plaque and certificate**

<i>Highland Fling</i>	4 steps – 1 <sup>st</sup> , 5 <sup>th</sup> Alt, 4 <sup>th</sup> Alt, 8 <sup>th</sup>
<i>Sword Dance</i>	2 slow steps and 1 quick step – 1 <sup>st</sup> , 5 <sup>th</sup> , 8 <sup>th</sup>
<i>Seann Triubhas</i>	4 slow steps and 2 quick steps – 1 <sup>st</sup> , 2 <sup>nd</sup> , 4 <sup>th</sup> , 5 <sup>th</sup> , 13 <sup>th</sup> , 14 <sup>th</sup> Finish entrechat method 2
<i>Reel</i>	Strathspey and Reel of Tulloch - (2 parts Strathspey and 4 parts Reel of Tulloch) Teacher's choice of steps
<i>Demonstrate Steps</i>	Highland Fling 6 <sup>th</sup> step and 6 <sup>th</sup> step 3 <sup>rd</sup> Alt method

### SCOTTISH AWARD 3 MEDAL TEST (Four Dances)

#### AWARDS: SDTA plaque and certificate

<i>Highland Fling</i>	4 steps – 1 <sup>st</sup> , 5 <sup>th</sup> , 6 <sup>th</sup> - 3 <sup>rd</sup> alt method, 8 <sup>th</sup> alt
<i>Sword Dance</i>	3 slow steps and 1 quick step – 1 <sup>st</sup> , 4 <sup>th</sup> , 3 <sup>rd</sup> (any method), 8 <sup>th</sup>
<i>Seann Triubhas</i>	4 slow steps and 2 quick steps – 1 <sup>st</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup> alt, 8 <sup>th</sup> , 18 <sup>th</sup> , 14 <sup>th</sup> finishing method 1
<i>Reel</i>	Strathspey & Highland Reel (2 parts Strathspey and 2 parts Highland Reel) to include 6 <sup>th</sup> and last step
<i>Demonstrate Step</i>	Sword Dance 6 <sup>th</sup> step

### SCOTTISH AWARD 4 MEDAL TEST (Four Dances)

#### AWARDS: SDTA plaque and certificate

<i>Highland Fling</i>	4 steps – 1 <sup>st</sup> , 2 <sup>nd</sup> , 6 <sup>th</sup> – 4 <sup>th</sup> alt method, 8 <sup>th</sup>
<i>Sword Dance</i>	2 slow steps and 2 quick step – 1 <sup>st</sup> , 6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup>
<i>Seann Triubhas</i>	4 slow steps and 2 quick steps – 1 <sup>st</sup> alt, 2 <sup>nd</sup> , 5 <sup>th</sup> , 9 <sup>th</sup> , 14 <sup>th</sup> & 16 <sup>th</sup> finishing Entrechat method 3
<i>Reel</i>	½ Hullachan – 1 <sup>st</sup> , 2 <sup>nd</sup> , 6 <sup>th</sup> , last
<i>Demonstrate Steps</i>	Basic Reel steps 8 <sup>th</sup> & 10 <sup>th</sup>

### SCOTTISH AWARD 5 MEDAL TEST (Four Dances)

#### AWARDS: SDTA plaque and certificate

<i>Highland Fling</i>	4 steps - 1 <sup>st</sup> , 5 <sup>th</sup> alt, 6 <sup>th</sup> – 2 <sup>nd</sup> alt method, 8 <sup>th</sup>
<i>Sword Dance</i>	3 slow steps and 1 quick step - 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> (finish with High Cuts), 7 <sup>th</sup>
<i>Seann Triubhas</i>	4 slow steps and 2 quick steps - 1 <sup>st</sup> , 2 <sup>nd</sup> , 6 <sup>th</sup> , 10 <sup>th</sup> alt with travel, 15 <sup>th</sup> , 16 <sup>th</sup> finishing Entrechat method 4
<i>Reel</i>	Strathspey & Highland Reel (2 parts Strathspey and 4 parts Highland Reel) Basic Introduction, 2 parts Strathspey with 2 <sup>nd</sup> Alt finish on bars 7 & 8 Highland Reel – 2 <sup>nd</sup> , 7 <sup>th</sup> , 10 <sup>th</sup> and last.
<i>Demonstrate Step</i>	Highland Fling 7 <sup>th</sup> step

### SCOTTISH AWARD 6 MEDAL TEST (Four Dances)

#### AWARDS: SDTA plaque and certificate

<i>Highland Fling</i>	4 steps - 1 <sup>st</sup> , 2 <sup>nd</sup> , 7 <sup>th</sup> , 8 <sup>th</sup>
<i>Sword Dance</i>	3 slow steps and 1 quick step - 1 <sup>st</sup> , 5 <sup>th</sup> , 6 <sup>th</sup> , 8 <sup>th</sup>
<i>Seann Triubhas</i>	4 slow steps and 2 quick steps - 1 <sup>st</sup> , 2 <sup>nd</sup> , 7 <sup>th</sup> , 11 <sup>th</sup> , 13 <sup>th</sup> , 18 <sup>th</sup> finishing Entrechat method 5 or 6
<i>Reel</i>	Strathspey & Reel of Tulloch (2 parts Strathspey and 4 parts Reel of Tulloch) Alt. Introduction, 2 parts Strathspey with 3 <sup>rd</sup> Alt finish on bars 7 & 8 Reel - 1 <sup>st</sup> , 4 <sup>th</sup> , 5 <sup>th</sup> alt and last.
<i>Demonstrate Step</i>	Highland Fling 6 <sup>th</sup> step – 5 <sup>th</sup> alt method



# SCOTTISH NATIONAL MEDAL TESTS

## DRESS

Scottish National Dress should be worn from Pre-Bronze to Scottish Award 3 including Scottish National One Dance Tests. Highland Dress for Scottish Award 4 and 5.

## AWARDS: Medal and certificate

<b>Pre-Bronze</b> (One dance)	4 Steps Flora Macdonald <i>or</i> Scottish Lilt <i>or</i> Dusty Miller
<b>Bronze</b> (Two dances)	4 Steps Flora Macdonald and Scottish Lilt
<b>Silver</b> (Three dances)	4 Steps Flora Macdonald, Scottish Lilt and Barracks Johnnie
	(Teacher's choice of steps for Pre-Bronze - Silver tests above)

## GOLD

### AWARDS: Medal and certificate

Highland Laddie	1 <sup>st</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	6 <sup>th</sup>
Flora Macdonald	1 <sup>st</sup>	3 <sup>rd</sup>	4 <sup>th</sup> <i>or</i> 5 <sup>th</sup>	6 <sup>th</sup>
Barracks Johnnie	1 <sup>st</sup>	3 <sup>rd</sup>	5 <sup>th</sup>	8 <sup>th</sup>

## SCOTTISH AWARD 1

### AWARDS: Plaque and certificate

Highland Laddie	1 <sup>st</sup>	2 <sup>nd</sup>	5 <sup>th</sup>	6 <sup>th</sup>
Scotch Measure	1 <sup>st</sup>	2 <sup>nd</sup>	5 <sup>th</sup>	6 <sup>th</sup>
Blue Bonnets	1 <sup>st</sup>	2 <sup>nd</sup>	5 <sup>th</sup>	6 <sup>th</sup>

## SCOTTISH AWARD 2

### AWARDS: Plaque and certificate

Village Maid	1 <sup>st</sup>	2 <sup>nd</sup>	5 <sup>th</sup>	6 <sup>th</sup>
Scotch Measure	1 <sup>st</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	6 <sup>th</sup>
Blue Bonnets	1 <sup>st</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	6 <sup>th</sup>

## SCOTTISH AWARD 3

### AWARDS: Plaque and certificate

Village Maid	1 <sup>st</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	6 <sup>th</sup>
Hebridean Laddie	1 <sup>st</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	8 <sup>th</sup>
Earl of Errol	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	6 <sup>th</sup>

## SCOTTISH AWARD 4

(Arms as for Highland)

### AWARDS: Plaque and certificate

Tribute to J.L. McKenzie	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	6 <sup>th</sup>
Hebridean Laddie	1 <sup>st</sup>	5 <sup>th</sup>	6 <sup>th</sup>	8 <sup>th</sup>
Earl of Errol	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	6 <sup>th</sup>

## SCOTTISH AWARD 5

(Arms as for Highland)

### AWARDS: Plaque and certificate

Tribute to J.L. McKenzie	1 <sup>st</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>
Hebridean Laddie	1 <sup>st</sup>	2 <sup>nd</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Earl of Errol	1 <sup>st</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup> with leaps

# SCOTTISH NATIONAL ONE DANCE TESTS

## AWARDS: Medal and certificate

SCOTTISH LILT	Level 1	1 <sup>st</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	8 <sup>th</sup>
	Level 2	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	8 <sup>th</sup>
	Level 3	1 <sup>st</sup>	3 <sup>rd</sup>	7 <sup>th</sup>	8 <sup>th</sup>

## AWARDS: Medal and certificate

FLORA MacDONALD	Level 1	1 <sup>st</sup>	2 <sup>nd</sup>	5 <sup>th</sup>	8 <sup>th</sup>
	Level 2	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup> or 4 <sup>th</sup>	8 <sup>th</sup>
	Level 3	1 <sup>st</sup>	3 <sup>rd</sup>	5 <sup>th</sup>	8 <sup>th</sup>

## AWARDS: Medal and certificate

BARRACKS JOHNNIE	Level 1	1 <sup>st</sup>	2 <sup>nd</sup>	4 <sup>th</sup>	8 <sup>th</sup>
	Level 2	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	8 <sup>th</sup>
	Level 3	1 <sup>st</sup>	3 <sup>rd</sup>	5 <sup>th</sup> or 7 <sup>th</sup>	8 <sup>th</sup>

## AWARDS: Medal and certificate

HIGHLAND LADDIE	Level 1	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	6 <sup>th</sup>
	Level 2	1 <sup>st</sup>	2 <sup>nd</sup>	4 <sup>th</sup>	6 <sup>th</sup>
	Level 3	1 <sup>st</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	6 <sup>th</sup>

**NOTE:** *These tests may be taken in any order.*

## IRISH JIG TESTS

*Due to the difficulty in obtaining Jig shoes, any suitable shoe is acceptable except tap shoes.*

### PRE BRONZE STANDARD (Three Steps & 1 Finishing Step)

**AWARDS: Medal and certificate**

Teacher's choice of steps

### BRONZE MEDAL TEST (Four Steps)

**AWARDS: Medal and certificate**

1	1 <sup>st</sup>	Circle
2	2 <sup>nd</sup>	Shuffling
3	10 <sup>th</sup>	Four Beat Side Run
4	2 <sup>nd</sup> Finishing Step	Triple Shuffle

### SILVER MEDAL TEST (Four Steps)

**AWARDS: Medal and certificate**

1	1 <sup>st</sup>	Circle
2	2 <sup>nd</sup>	Shuffling
3	6 <sup>th</sup>	Diagonal Travel
4	2 <sup>nd</sup> Finishing Step	Triple Shuffle

### GOLD MEDAL TEST (Five Steps)

**AWARDS: Medal and certificate**

1	1 <sup>st</sup>	Circle
2	2 <sup>nd</sup>	Shuffling
3	4 <sup>th</sup>	The Chase, either method
4	5 <sup>th</sup>	Flap
5	3 <sup>rd</sup> Finishing Step	Heel Travel

### SCOTTISH AWARD 1 (Five Steps)

**AWARDS: Plaque and certificate**

1	1 <sup>st</sup>	Circle
2	2 <sup>nd</sup>	Shuffling turning with double shuffle bars 5-6 & 13-14
3	11 <sup>th</sup>	Second Diagonal Travel
4	1 <sup>st</sup> Finishing Step	Toe-Tap
5	3 <sup>rd</sup> Finishing Step	Heel Travel

### SCOTTISH AWARD 2 (Five Steps)

**AWARDS: Plaque and certificate**

1	1 <sup>st</sup>	Circle
2	2 <sup>nd</sup>	Shuffling turning with Toe-Tap bars 5-6 and 13-14
3	3 <sup>rd</sup>	Break Step
4	7 <sup>th</sup>	Donnybrook
5	8 <sup>th</sup>	Cross and Clip Heels

### SCOTTISH AWARD 3 (Five Steps)

#### AWARDS: Plaque and certificate

1	1 <sup>st</sup>	Circle
2	3 <sup>rd</sup>	Break Step with Alt. method bars 5-6 and 13-14
3	5 <sup>th</sup>	Flap with Hop
4	8 <sup>th</sup>	Cross and Clip Heels using Break C
5	3 <sup>rd</sup> Finishing Step	Heel Travel

### SCOTTISH AWARD 4 (Five Steps)

#### AWARDS: Plaque and certificate

	Intro	Method 5 <sup>th</sup> (Males use Male Intro)
1	1 <sup>st</sup>	Circle finished using cramp roll bars 15-16
2	4 <sup>th</sup>	Chase using Method A
3	9 <sup>th</sup>	Diagonal Roll
4	1 <sup>st</sup> Finishing Step	Toe Tap using Break B
5	8 <sup>th</sup>	Cross and Clip Heels

# SAILORS' HORNSPIPE TESTS

## PRE BRONZE STANDARD (Four Steps)

### AWARDS: Medal and certificate

Teacher's choice of steps – Single High Cuts accepted

## BRONZE STANDARD (Four Steps)

### AWARDS: Medal and certificate

1	1 <sup>st</sup>	Circle
2	2 <sup>nd</sup>	Shuffle over the Buckle
3	9 <sup>th</sup>	Heel Pull
4	16 <sup>th</sup>	High Cutting

## SILVER STANDARD (Four Steps)

### AWARDS: Medal and certificate

1	1 <sup>st</sup>	Circle
2	2 <sup>nd</sup>	Shuffle over the Buckle
3	12 <sup>th</sup>	Rocking
4	16 <sup>th</sup>	High Cutting

## GOLD STANDARD (Five Steps)

### AWARDS: Medal and certificate

1	1 <sup>st</sup>	Circle
2	3 <sup>rd</sup>	Diagonal Travel
3	6 <sup>th</sup>	Gathering
4	13 <sup>th</sup>	Toe-Heel
5	16 <sup>th</sup>	High Cutting

## SCOTTISH AWARD 1 (Five Steps)

### AWARDS: Plaque and certificate

1	1 <sup>st</sup>	Circle
2	4 <sup>th</sup>	Farewell
3	7 <sup>th</sup>	Look-Out
4	15 <sup>th</sup>	Forward Crab Walk
5	16 <sup>th</sup>	High Cutting

## SCOTTISH AWARD 2 (Five Steps)

### AWARDS: Plaque and certificate

1	1 <sup>st</sup>	Circle Using Polka Step
2	2 <sup>nd</sup>	Shuffle over the Buckle using Break C with Shake
3	5 <sup>th</sup>	Scissors
4	8 <sup>th</sup>	Crab Walk
5	16 <sup>th</sup>	High Cutting with Variations

### **SCOTTISH AWARD 3 (Five Steps)**

#### **AWARDS: Plaque and certificate**

	Intro	Alternative Method with Break A
1	1 <sup>st</sup>	Circle
2	2 <sup>nd</sup>	Shuffle over the buckle
3	11 <sup>th</sup>	Low Cutting
4	13 <sup>th</sup> Alt.	Toe Heel
5	16 <sup>th</sup>	High Cutting with Variations

### **SCOTTISH AWARD 4 (Five Steps)**

#### **AWARDS: Plaque and certificate**

1	1 <sup>st</sup>	Circle
2	11 <sup>th</sup>	Low Cutting without Break
3	12 <sup>th</sup> Alt	Rocking
4	14 <sup>th</sup>	Run and Cable Haul
5	16 <sup>th</sup>	High Cutting with Variations

# CHOREOGRAPHY TESTS

1. These tests can be taken in any order.
2. Candidates can be taken in groups of two or three if using the same choreography, although each will be examined individually
3. Costume – Scottish theme suitable for the dance *or* Highland and Scottish National dress will be acceptable.
4. Music – predominantly a Scottish theme. Lyrics are accepted.
5. Steps – should predominantly use movements from Highland, Scottish National, Irish Jig and Sailors' Hornpipe.

## AWARDS: Medal and certificate

### BRAEMAR AWARD

Solo Dance                                      Teacher's Choreography  
Time – 1 to 1½ minutes approximately

### BALMORAL AWARD

Solo Dance                                      Teacher's Choreography  
Time - 1½ to 2 minutes approximately

### GLAMIS AWARD

Solo Dance                                      Candidate's Choreography  
Time - 1½ to 2 minutes approximately

### ABOYNE AWARD

Solo Dance                                      Candidate's Choreography  
Time – 2 to 2½ minutes approximately

## **GROUP PERFORMANCE AWARDS**

These Awards are an opportunity for pupils/students to dance as a group, promoting teamwork and performance skills.

1. Groups have a minimum entry of 3 candidates. There is no upper limit.
2. Dances may be in any dance style/genre including Song and Dance, and may be:
  - a. Adapted or developed from suitable Medal Test dances
  - b. Teachers' own choreography from Grades, Shows, or Festivals
3. Candidates will dance/mark through their routine once, and then the Examiner will watch the performance.
4. One group feedback report will be given by the Examiner, and all candidates will receive individual medals and certificates.
5. Time allowed for Award 10 minutes per group.
6. Teachers may be present in the studio with Juvenile groups only.
7. Simple appropriate costumes or props may be used.
8. Care should be taken to display the candidates' ability to retain their positions, move between shapes/lines, and use patterns and directions.

### **AWARDS: Medal and certificate**

#### **JUVENILE**

Age guide 4 to 7years                      Level 1  
    Level 2  
    Level 3

Time - 1 to 2 minutes approximately

#### **JUNIOR**

Age guide 6 to 12years                    Level 1  
    Level 2  
    Level 3

Time - 2 to 3 minutes approximately

#### **SENIOR**

Age guide 11years & over                  Level 1  
    Level 2  
    Level 3

Time - 3 to 4 minutes approximately

#### **RESULTS**

40 - 49%	20 - 24 marks	Pass
50 - 69%	25 - 34 marks	Commended
70 - 100%	35 - 50 marks	Highly Commended



# GRADE EXAMINATIONS

## HIGHLAND SCHOLARSHIP

An annual Scholarship event is held in North America and Scotland for grade examination candidates nominated at the discretion of the Examiner.

### **Qualifying Period**

Candidates must qualify from grade examinations taken between September 1<sup>st</sup> and August 31<sup>st</sup> prior to the Scholarship event.

### **Junior Scholarship**

Junior Scholarship candidates will qualify from Grade 1 to 3. Candidate age on the day of the grade examination must be a minimum of 10 years and under 14 years.

### **Senior Scholarship**

Senior Scholarship candidates will qualify from Grade 4 to 6. Candidate age on the day of the grade examination must be a minimum of 13 years and under 18 years.

**NOTE:** *Senior Scholarship nominees are no longer eligible to participate if they gain a professional Highland/Scottish National qualification prior to the Scholarship event.*

## PRIMARY

### **AWARDS: Pin badge and certificate**

For candidates under the age of 10 years and demonstration only required.

### **Barre Work**

Positions of Feet                      1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup>. All (except 1<sup>st</sup> position) with the working foot placed on the toe and with the supporting foot flat.

Basic Movements                      Hop, Spring, Shedding, Toe and Heel, Spring Points in 4<sup>th</sup> position

### **Centre Work**

Candidates are required to demonstrate the grouping of fingers, correct stance, positions of arms (1<sup>st</sup> - 5<sup>th</sup>), bow, spaces in Swords

### **Practical**

Highland Fling – 4 steps (with music)

Pas De Basque & High Cuts (with music)

**NOTE:** *Candidates from the following Grades 1 to 6 will be marked as for Medal Tests taken on the same day but candidates must be able to demonstrate steps/dances from the Grade syllabus if not included in the medal test. Candidates will be assessed on both theoretical knowledge and on practical demonstration of Barre and Centre work in addition to dances required in Practical section.*

## GRADE 1

### AWARDS: Pin badge and certificate

#### All work from Primary including the following:

**Barre Work** – Count (if applicable), demonstrate and describe:

Positions of Feet                    1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 3<sup>rd</sup> Aerial, 3<sup>rd</sup> Rear Aerial, 4<sup>th</sup> & 5<sup>th</sup>. All (except 1<sup>st</sup> position) with the working foot placed on the toe and with the supporting foot flat.

Basic Movements                    Hop, Spring, Shedding, Toe and Heel, Spring Points in 4<sup>th</sup> position

#### Centre Work

Candidates are required to demonstrate the grouping of fingers, correct stance, positions of arms (1<sup>st</sup> - 5<sup>th</sup>), Bow, spaces in Swords including corners and sword numbers, line of direction. Demonstrate, describe and count introduction for Highland Fling.

#### Practical

Highland Fling - 1<sup>st</sup>, 3<sup>rd</sup>, 6<sup>th</sup>, 8<sup>th</sup>

Sword Dance – 1<sup>st</sup>, 2<sup>nd</sup> or 4<sup>th</sup>, 7<sup>th</sup> or 8<sup>th</sup>

## GRADE 2

### AWARDS: Pin badge and certificate

#### All work from Grade 1 including the following:

**Barre Work** – Count (if applicable), demonstrate and describe:

Positions of Feet – As for Grade 1 with the working foot placed on the toe only plus 2<sup>nd</sup> Aerial position (all levels) and 4<sup>th</sup> opposite 5<sup>th</sup> position.

Basic Movements – Back-steps, Rocks, High Cut, Shake for Highland Fling, Pas de Basques, Open Pas de Basques in 4<sup>th</sup> opposite 5<sup>th</sup> position

#### Centre Work

Demonstrate the auxiliary spots of the Sword, placing of working foot on ½ point.

Arm work as for grade 1

Head positions

Introduction for the Sword Dance (one method)

#### Practical

Highland Fling - 1<sup>st</sup>, 2<sup>nd</sup>, 4<sup>th</sup>, 8<sup>th</sup>

Sword Dance – 1<sup>st</sup>, 2<sup>nd</sup>, 8<sup>th</sup>

## GRADE 3

### AWARDS: Pin badge and certificate

#### All work from Grade 1 & 2 including the following:

**Barre Work** – Count (if applicable), demonstrate and describe:

Positions of Feet – As for Grade 1 & 2 with the working foot placed on the toe only plus 4<sup>th</sup> Aerial position, 4<sup>th</sup> Rear position, Mid 4<sup>th</sup> position and Mid 4<sup>th</sup> Aerial position.

Basic Movements – Outward & Inward Brushes, Shuffle, Assemble, Disassemble, Hop Brush Beat Beat.

#### **Centre Work**

Raising and lowering of the arms

Placing of working foot on the ball

Aerial and open positions

Introduction for the Seann Triubhas (one method)

#### **Practical**

Sword Dance – 1<sup>st</sup>, 4<sup>th</sup>, 7<sup>th</sup> or 8<sup>th</sup>

Seann Triubhas – 1<sup>st</sup>, 2<sup>nd</sup>, 4<sup>th</sup>, any quick step and any finishing method

## GRADE 4

### AWARDS: Pin badge and certificate

#### All work from Grade 1 to 3 including the following:

**Barre Work** – Count (if applicable), demonstrate and describe:

Positions of Feet – As for Grade 1 to 3 with the working foot placed on the toe only plus 4<sup>th</sup> Intermediate position, 4<sup>th</sup> Intermediate aerial position, 4<sup>th</sup> Intermediate rear position and 4<sup>th</sup> Intermediate rear aerial position.

Basic Movements – Shake for Seann Triubhas, Balance, Entrechat, Travelling Balance, Round-the-Leg (single and double), Open Pas de Basques in all positions and where to apply.

#### **Centre Work**

Circling of the arms

Placing of working foot on the heel

Supporting foot

Ground and rear positions

Introduction for the Seann Triubhas (one method)

#### **Practical**

Seann Triubhas – 1<sup>st</sup>, 2<sup>nd</sup>, 9<sup>th</sup>, any quick step and Entrechat finish.

½ Hullachan – any setting steps.

## **GRADE 5**

### **AWARDS: Pin badge and certificate**

#### **All work from Grade 1 to 4 including the following:**

**Barre Work** – Count (if applicable), demonstrate and describe:

Positions of Feet – As for Grade 1 to 4 with the working foot placed on the toe only plus 3<sup>rd</sup> Rear position, 5<sup>th</sup> position, 5<sup>th</sup> Rear position, 3<sup>rd</sup> crossed position.

Basic Movements – Shake Shake Down, Heel and Toe, Change, Leap, Step, Pivot turn, Low Cutting (for Highland Fling).

#### **Centre Work**

Closed position

Introduction for the Strathspey (one method)

#### **Practical**

Highland Fling – 1<sup>st</sup>, 5<sup>th</sup> alt, 6<sup>th</sup> – 4<sup>th</sup> alt, 8th

Strathspey & Highland Reel – any setting steps.

## **GRADE 6**

### **AWARDS: Pin badge and certificate**

#### **All work from Grade 1 to 5 including the following:**

**Barre Work** – Count (if applicable), demonstrate and describe:

Positions of Feet – As for Grade 1 to 5 with the working foot placed on the toe, ½ point, ball, heel in all positions.

Basic Movements – High cut in front, Propelled Pivot Turn, Progressive Strathspey & Highland Reel, Spring Points (bar 4 – 2<sup>nd</sup> step Sword Dance).

#### **Centre Work**

General rule for movement of arms

#### **Practical**

Sword Dance – 2 & 2 any steps.

Strathspey & ½ Tulloch – any setting steps.