



**Adventure Travel & Bug
Out Bag Gear List**

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Protective Service & Training

Creating a Safe World

Risks Incorporated is a progressive, European - owned and managed specialist security and training company that has proven itself many times on international operations. We have compiled this document to help people identify potential problems they may encounter and to take preventive action to protect themselves, their families, and their assets.

Risks Incorporated's clients can be assured they are getting the best training and services available from experienced professionals! I personally have over 27 years experience working in the international security industry, what we teach is based on reality, not what someone with no real operational experience thinks would work in a hostile situation. I am a published author and have been interviewed by numerous international TV and media outlets ranging from the New York Times to Soldier of Fortune Magazine on topics ranging from kidnapping, organized crime to maritime piracy.

Contact us for more information on our training courses in US, Europe & The Middles or about our international security services.

Stay Safe,

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Risks Incorporated

"Stay Low & Keep Moving"

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Adventure Travel and Operational Deployment Equipment List

I am always being asked advice about what equipment should be taken on trips to out the way places. My initial response is take as little as possible, more you know, the less you need right! With the below items you should be able to operate for extended periods of time. The below items should fit into a medium size day sack that should be able to carried onto a plane. Items like pocket knives etc. would need to go checked or found at location. This is a guide and not all these items will be required on all trips, do you threat assessments and plan all trips properly before you travel.

Personal kit

- \$500.00 USD minimum in cash, small bills, to be split up, water proofed and concealed in various locations on your person. Same for credit and bank cards.
- Communications, will cell phones work, can you get local phones/chips. Remember chargers!
- Day sack and fanny pack/belt pouch
- Watch
- Pocket knife & multi-tool (unable to take as carry-on luggage)
- Personal first aid kit: tampons, gauze, duct tape, bobby/safety pins and an anti-septic cream.
- Water bottles + purification tabs (water can be boiled in alloy bottles!)
- Bug juice + sun block
- Maps (water proofed), compass. GPS with updated software
- At least one Flashlight + spare batteries
- Lighter
- Personal water filter
- Bogota lock picks, lock shims & diamond/needle files
- Para cord
- Duct tape
- Wash kit: tooth brush + paste, soap, razor
- Sewing kit
- Smoke signals + flares (unable to take as carry-on luggage)
- Blanket (poncho liner)
- Poncho (for shelter and use as a rain coat)
- Note book and pens and post-it notes
- Laptop
- Camera/Video
- Emergency power, batteries or solar etc.
- 2 X extra pants (quick drying) and long sleeve t-shirts (under-armor type, Wal-Mart brand works, consider colors, do you want to be seen or not!)
- At least 2 X pairs of extra socks
- Boots (broken-in), flip-flops
- Gloves and Balaclava (if tactical)
- Weapons if legal & understanding of local laws on use of force

Additional Considerations

- Sources of food and water
- Accommodation and electricity
- Laundry service
- Where can you change currency
- Additional operational equipment

Emergency Vehicle Kit

- Gas containers
- Tube to siphon gas
- Fix-a-Flat X 2 and/or tire plug kit
- Portable air compressor (Tire inflator)
- Jump leads
- Tow rope

Gear Guide for Your Bug Out Bag!

When travelling, working from a vehicle or in a hostile environment it makes sense to keep all your important and essential equipment in a bug out bag. From a tactical point of view, if you are attacked, ambushed or involved in an emergency situation and have to evacuate you will want to have any confidential information, emergency and survival equipment with you.

You never want to leave your essential equipment in an unattended vehicle, hotel room or non-secure location. For example, if the vehicle is stolen you lose your kit, which could be embarrassing to say the least especially where weapons and confidential information is concerned.

Contents

What you carry in your bug out bag will vary greatly depending where you are and what you are doing. For example, what you need in an urban environment will be different from what you could need in a very rural environment. What I have listed here is just a guide to what you may need, you need to keep things real and not include that you will never use, remember if things go wrong and you have to run you don't want a bag weighing 100 lbs on your back.

Bug out bag equipment (Basic)

- A decent bag that is easy to carry, preferably a day sack or something that can be carried on you back so your hands are left free.
- All equipment should be in individual water proof bags or containers. This is to keep everything dry, organized and clean.
- Good maps and street plans of the area and a compass.
- Any confidential information such as orders, codes, designated routes, operational procedures etc.
- Radio/communications equipment, chargers and spare batteries.

- A good first aid kit.
- A good flash light and spare batteries.
- Lighter or matches
- Personal water filter
- A bag of coins for parking meters and pay phones.
- A camera, for taking photos of anything suspicious or that you think needs recording.
- Water proofed note pad and selection of pens.

Bug out bag equipment: Potential threat environment

- Radio scanner can be used to scan the emergency services radio frequencies; this can provide you with an early warning of potential problems or criminal/terrorist incidents in your area. In some areas, there are restrictions on the use scanners, always check.
- Spot light can be used at night to shine in the face and blind the drive of a threat vehicles which is following/chasing you etc.
- Smoke discharges, military style some grenades are illegal to possess in most places. What are legal though are the smoke distress signals that are carried on yachts and maritime vessels. These can be bought at most boat shops and are not that expensive, they usually can discharge about a minuets worth of red smoke. Smoke can be used to provide if you are ambushed or need to evacuate on foot. In addition, it can be used to cause a distraction in say an urban environment so you can evacuate the area.

Weapons, in some areas you cannot carry weapons on your person but can carry them in a secure case, the case can go in your bag! Where there may be a need for a long gun such as a shotgun or assault rifle and these cannot be carried openly they can go into a car bag. Of course, you can carry spare ammunition.

Food and drink

Depending on where you are and the length of your journey you may want to carry some form of food and drink with you.

- Drink, it's always handy to have a thermos flask of coffee or tea available for moral reasons if nothing else. With drinks and liquids, you must insure they do not spill or leak over documents and equipment. Highly caffeinated and sugary coffee or sports drinks can be included in your car bag for emergencies, these can give you an energy boost when you need it and can help you to stay awake when you're tired.
- Food, if you are carrying food as with liquids you need to insure they do not spill or leak over documents and equipment. If you take a sandwich or other perishable food with you make sure you do not leave them in the car bag for any extended length of time and they go bad. It is also good protocol if sharing a vehicle with others not to carry strong smelling food; it might not smell good to everyone. Emergence foods that can be carried include chocolate bars, nuts, raisins etc. These will give you energy, are compact and have a long shelf life.

Remember if you use any emergency supplies replace them. This only a guide to what you may want to carry with you. We are not going to get into wilderness survival and navigation techniques as that is another subject, which if your operating in you should have at least a basic knowledge of.

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We hope the information in this document has been of use to you. Please remember this is basic information, if you have any questions then please feel free to contact us.

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Stay Safe,

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