

Pos.	Race No/ID	First Name/s	Surname	Club	Time
<b>1</b>	<b>M260</b>	<b>Jack</b>	<b>Brown</b>	<b>Jarrow &amp; Hebburn</b>	<b>00:04:52</b>
2	M252	Rob	Everson	Durham City Harriers	00:04:53
3	M236	Andrew	Alderson	Blaydon Harriers & AC	00:04:57
4	QR-ID	Richard	Harrison	U/A	00:05:01
5	M280	James	Summers	Middlesbrough	00:05:01
6	QR-ID	Kieran	Moffat	South Shields Harriers & AC	00:05:19
7	QR-ID	Jamie	Barnshaw	Jarrow & Hebburn AC	00:05:26
8	M317	Paul	Dixon	U/A	00:05:30
9	M300	Alistair	King	U/A	00:05:42
10	M215	Tony	Dunn	Ashington Hirst	00:05:46
11	M234	Iain	Dalby	Tyne Bridge Harriers	00:05:47
12	M303	Matthew	Reay	U/A	00:05:50
13	M218	Nick.B	Hughes	Saltwell Harriers	00:05:54
<b>14</b>	<b>M221</b>	<b>Lucy</b>	<b>Turzynski</b>	<b>Tyne Bridge Harriers</b>	<b>00:05:56</b>
15	M.McNALLY-M	Michael	McNally	Jarrow & Hebburn AC	00:05:59
16	M352	Andrew	Davies	Elvet Striders	00:06:03
17	M309	Max	Tyrie	South Shields Harriers & AC	00:06:03
18	M265	Carl	Merchant	Hartlepool B.R.Harriers	00:06:04
19	M264	Tyrone	Murphy	Tyne Bridge Harriers	00:06:12
20	M281	Matthew	Summers	Middlesbrough	00:06:16
21	QR-ID	Alister	Robson	Fetch Everyone	00:06:17
22	M347	David	Case	Elvet Striders	00:06:25
23	P.McCLUSKEY-M	Phil	McCluskey	Houghton Harriers & AC	00:06:29
24	M263	Abbie	Cresswell	North Shields Poly	00:06:34
25	M201	Stephen	Hedley	U/A	00:06:35
26	M393	Ben	Reay	U/A	00:06:36
27	QR-ID	Duncan	Storey	DP Runners	00:06:36
28	M242	Jemma	Amin	South Shields Harriers & AC	00:06:38
29	M223	Shaun	Day	Durham City Harriers	00:06:49
30	M267	Hayden	Steven	U/A	00:06:59
31	M266	Kevin	Steven	U/A	00:06:59
32	M262	Jalal	Amin	South Shields Harriers & AC	00:07:13
33	M306	Brian	Hepplewaite	South Shields Harriers & AC	00:07:16
34	M237	Nicola	Alderson	U/A	00:07:19
35	QR-ID	Iain	Wilson	U/A	00:07:26
36	QR-ID	Paul Foreman	Baggaley	South Shields Harriers & AC	00:07:28
37	QR-ID	Jackie	Heads	Run Eat Sleep	00:07:32
38	M395	Katie	Finney	U/A	00:07:34
39	M308	Gillian	Hepplewaite	South Shields Harriers & AC	00:07:36
40	QR-ID	Julia	Barnshaw	Run Eat Sleep	00:07:37
41	QR-ID	Xawery	Wisniewski	U/A	00:07:43
42	QR-ID	Dave	Lockney	Run Eat Sleep	00:07:43
43	M255	Colin	Everson	Crook AC	00:07:47
44	QR-ID	Neil	Reay	Run Eat Sleep	00:07:52
45	M246	Debbie	McFarland	Team Coco	00:07:54
46	QR	James	Lowrie	Run Eat Sleep	00:07:59
47	M.LOFTUS-F	Michelle	Loftus	Run Eat Sleep	00:08:01
48	QR-ID	Dave	Brack	U/A	00:08:03
49	M369	Jill	Donnelly	Tyne Bridge Harriers	00:08:10
50	QR-ID	Michael	Wisely	Jarrow & Hebburn AC	00:08:13
51	M259	Isaac	Borrell	South Shields Harriers & AC	00:08:16

52	M258	Dave	Borrell	U/A	00:08:16
53	M273	Katie	Hamilton	South Shields Harriers & AC	00:08:22
54	M250	Jessica	McElwee	U/A	00:08:26
55	M387	Kieth	Bruce	U/A	00:08:29
56	M302	Lisa	Searles	U/A	00:08:29
57	M304	Paul	Huthchinson	U/A	00:08:29
58	M385	Caitlin	Mooney	Team Coco	00:08:34
59	QR-ID	Carolyn	Wood	Newcastle Front Runners	00:08:40
60	M257	Victoria	Borrell	South Shields Harriers & AC	00:08:43
61	M374	Ryan	Bruce	U/A	00:08:56
62	M270	Beck	Conroy	U/A	00:09:01
63	QR-ID	Sue	Barnes	Run Eat Sleep	00:09:17
64	QR-ID	Leanne	Defty	South Shields Harriers & AC	00:09:21
65	M388	Alison	Bruce	U/A	00:09:34
66	QR-ID	Cheryl	Reah	South Shields Harriers & AC	00:09:51
67	M291	Julie	Brack	U/A	00:10:00
68	M244	Ruby	Trigg	U/A	00:10:20
69	R.PUNTON-M	Ross	Punton	Run Eat Sleep	00:10:29
70	M350	E	Lumsden	U/A	00:10:56
71	M243	Mel	Trigg	U/A	00:10:57
72	M371	Elizabeth	Harper	U/A	00:11:01
73	M318	Karen	Punton	U/A	00:11:08