

New Female Course Record

Last Update on 05/04/2017 at 21:40pm

Position	Race No./ID	Name	Club	Time
1	M316	Kurt Heron	U/A	4.32
2	J.BARNSHAW-M	Jamie Barnshaw	Run Eat Sleep	4.57
3	M236	Andrew Alderson	Blaydon Harriers & AC	5.03
4	K.MOFFAT-M	Kieran Moffat	South Shields Harriers & AC	5.04
5	M288	Jason Harding	Elvet Striders	5.04
6	M245	Neil Connor	U/A	5.07
7	M235	Stephen Barker	Birtley AC	5.08
8	M203	William Fowler	Jarrow & Hebburn	5.18
9	M396	Mark Rutter	U/A	5.18
10	M287	Tom Rutherford	Blaydon Harriers & AC	5.28
11	M202	Jacqueline Etherington	Sunderland Harriers & AC	5.30
12	M213	Paul Emmerson	South Shields Harriers & AC	5.36
13	M200	Gavin Sword	Sunderland Strollers	5.42
14	M234	Iain Daley	Tyne Bridge Harriers	5.48
15	M216	Mark Tallon	Darlington Harriers	5.49
16	M221	Lucy Turzynsia	Tyne Bridge Harriers	5.51
17	M222	Kathryn Stevenson	Tyne Bridge Harriers	5.51
18	M.McNALLY-M	Michael McNally	Jarrow & Hebburn AC	5.54
19	S.TINWELL-M	Steven Tinwell	Sunderland Strollers	5.55
20	A.ROBSON-M	Alister Robson	Fetch Everyone	6.01
21	M289	Howard Maclennan	Claremont	6.07
22	M347	David Case	Elvet Striders	6.08
23	M229	Malcolm Thirlaway	Gateshead Harriers	6.17
24	M239	Craig McDougall	Tyne Bridge Harriers	6.20
25	M208	Chris Parkin	Tyne Bridge Harriers	6.33
26	M242	Jemma Amin	South Shields Harriers & AC	6.41
27	M209	Hayden Steven	U/A	6.48
28	M210	Kevin Steven	U/A	6.48
29	M393	Ben Reay	U/A	6.49
30	M381	Shaun Day	Durham City Harriers	6.51
31	M247	Peter Sung	U/A	6.58
32	M248	Dylan Heron	U/A	7.06
33	M232	Robert Clark	U/A	7.16
34	M237	Nicola Alderson	U/A	7.18
35	M394	Matthew Fail	U/A	7.21
36	M228	Donna Heron	Run Eat Sleep	7.22
37	J.HEADS-F	Jackie Heads	Run Eat Sleep	7.26
38	M238	Darcey Tullis	U/A	7.29
39	N.REAY-M	Neil Reay	Run Eat Sleep	7.34
40	J.BARNSHAW-F	Julia Barnshaw	Run Eat Sleep	7.39
41	M392	Karl Allison	U/A	7.41
42	C.GILLIGAN-F	Christine Gilligan	U/A	7.45
43	M315	James Lowrie	Run Eat Sleep	7.48
44	M395	Katie Finney	U/A	7.48
45	M246	Debbie McFarland	Team Loco	7.51
46	D.LOCKNEY-M	Dave Lockney	Run Eat Sleep	7.52
47	M223	Michael Wisley	Jarrow & Hebburn	8.00
48	M376	Yvonne Eltringham	U/A	8.05
49	M233	Colin Everson	Crook AC	8.11
50	M230	Neil Jennings	Team Loco	8.18

51	M273	Katie Hamilton	South Shields Harriers & AC	8.24
52	M385	Caitlin Mooney	Elvet Striders	8.26
53	M220	Carolyn Wood	Newcastle Front Runners	8.29
54	J.TINWELL-F	June Tinwell	Sunderland Strollers	8.31
55	M212	Helen Prudham	South Shields Harriers & AC	8.35
56	M225	Graham Steven	U/A	8.36
58	M340	Charles West	South Shields Harriers & AC	8.37
59	M374	Ryan Bruce	U/A	8.38
60	M387	Kieth Bruce	U/A	8.42
61	M370	Susan McNally	U/A	8.47
62	S.BARNES-F	Sue Barnes	Run Eat Sleep	8.52
63	R.PUNTON-M	Ross Punton	Run Eat Sleep	9.16
64	M388	Alison Bruce	U/A	9.20
65	L.DEFTY-F	Leanne Defty	South Shields Harriers & AC	9.23
66	M231	Elaine Jennings	Team Loco	9.25
67	M.STOREY-F	Madeline Storey	U/A	9.41
68	D.BRACK-M	Dave Brack	U/A	9.49
69	M369	Cheryl Reah	South Shields Harriers & AC	9.53
70	M291	Julie Brack	U/A	9.59
71	M243	Mel Trigg	U/A	10.17
72	M244	Ruby Trigg	U/A	11.02
73	M349	A.LUMSDEN-F	U/A	11.03
74	M350	E.LUMSDEN-F	U/A	11.03
75	M219	Vicki Milburn	Newcastle Front Runners	11.04
76	K.PUNTON-F	Karen Punton	Run Eat Sleep	11.29