

EMERGENCY FIRST AID AT WORK

CONTEXT:

The **Health and Safety (First Aid) Regulations 1981** state that employers should provide adequate and appropriate equipment and enough trained first aiders to help injured or ill staff. However, whilst the regulations do not place a legal duty on employers to make first-aid provision for non-employees (such as the public or children) the **HSE** strongly recommends that non-employees are included in an assessment of first-aid needs and that provision is made for them. **Ofsted** (non-statutory) guidance re the Child Care Register requires professionals to have a “first aid qualification which is appropriate to the ages of the children for whom child care is provided and to the nature of the provision”.

AUDIENCE:

This course is aimed at anyone working with children and young people who wants to be confident and competent in administering basic first aid and requires a reputable course or certificate for work.

WORKSHOP SUMMARY:

EFAW is a comprehensive one day course which provides learners with the basic principles required to deal with emergency situations in the workplace. Scenarios are tailored to adults working with young people so at the end of the course you will be able to administer basic first aid and confidently manage the situation until the arrival of an ambulance or further medical assistance. The course also provides additional certificates in the treatment of anaphylaxis by using auto-injectors AND using a defibrillator.



LEARNING OUTCOMES:

By the end of the course, participants will have covered:

- Casualty assessment and primary survey
- Resuscitation
- Recovery Position
- Seizures/epilepsy
- Choking
- Shock
- Bleeding
- Anaphylaxis

WORKSHOP OUTLINE:

The course is a ‘hands on’ and practical experience! We encourage full participation from learners and they will be expected to assess, treat and simulate examinations of one another as both victims and first aiders. With that in mind, participants need to come dressed for the occasion in comfortable clothing that allows them to join in the simulations.

The session will be interactive – each of the learning outcome topics will be covered by explanation and demonstration before learners will ‘have a go’ at putting the learning into practice. Presentation slides and a booklet will also be available.