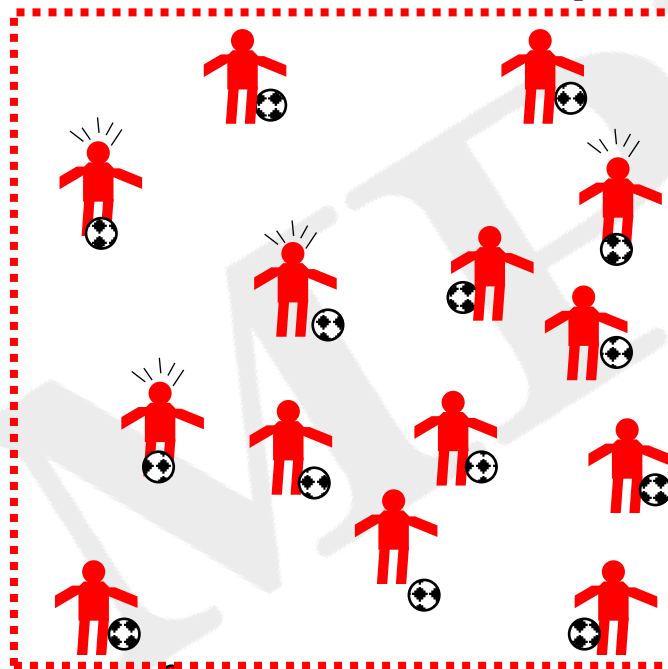


EAL & SEND: Pair children up with a buddy who can model the skills to be used in the lesson. Visual cue of **traffic lights** may make the meaning clearer.

TP's:

- † Soft touches of the ball using different parts of the foot to keep it under control.
- † Head up looking at space/ traffic light and glance at ball.
- † Alter the weight of touch when changing speed.
- † **Close control:** little touches with inside and outside of foot.
- † **Dribble with speed:** big touches into space using laces.
- † **Safety:** Be aware of others whilst dribbling at speed.

Area size: 25 x 25 steps



Children to look for "traffic lights" which the teacher holds up in the air.

Traffic Lights

SET UP

- † Children in a suitably sized area. **1 ball per child.**
- † Begin by dribbling around the area keeping the ball under close control at own pace.
- † Children to look for "traffic lights" which the teacher holds up in the air:
- † **Red** cone means "Stop"
- † **Yellow** cone means "Change direction"
- † **Green** cone means "Speed up"

Aim

This game improves dribbling accuracy and close control. Students to dribble their ball around area using different parts of both feet (inside, outside, toe, laces). Keep their head up and look out for teachers command.

Possible Progression: **Blue** cone which means "Stop and swap" (change ball). Children must use eye contact, voice, body language to find a partner and stop/ swap balls quickly and **under control.**

KQ:

- What might control in football mean?** → **Key notes:** Being able to keep the ball close your body and deciding where you want the ball to go.
- Why might it be important to have close control?** → To allow you to carry out the next skill quickly, keep the ball.
- How might we change direction?** → Using different parts of our feet; inside, outside, sole, heel.
- Where do I need to be looking when I speed up?** → Straight ahead for players, obstacles and space we can run into.