



A TEAM THAT BUILDS TOGETHER STAYS TOGETHER

Our Community, Our Home

Team Work and Leadership

IN THIS ISSUE: WHAT IS TEAM WORK

Manantial - What is our goal?

The vision at Manantial is to become a leading community-based agency that promotes and supports active, healthy and safe lifestyles among individuals and families living in northwest Toronto and south Vaughan, with a particular focus on immigrants, seniors and youth.

MNSI's goals, which reflect the organization's four main areas of programming and services, are:

Preparing

To equip individuals and families to develop and maintain healthy relationships through one-on-one and family counseling, youth support programs, parenting support programs, and leadership training programs for youth and seniors

Lifestyle

To promote and support active and healthy lifestyles (mental and physical) among seniors and youth through senior and youth support programs

Violence Prevention

To educate individuals and families about violence and violence prevention through one-on-one and family counseling, youth support programs, seniors support programs,

and leadership training programs for youth and seniors

Serving the needy

To serve vulnerable populations by providing advocacy support to immigrant women, youth and seniors, as well as basic newcomer settlement services and referral to other agencies for individual and families, as required.

MNSI's programs and services are offered in both English and Spanish.

We encourage individuals and families to further develop their life skills, and strive to increase their knowledge and awareness of the rights that all Canadians enjoy and the services available to them in the community.

Above all, MNSI aims to help you prosper and assume a leadership role in your community!



Our Community, Our Home

One of the major focal points in servicing the community is Youth related issues. "Our Community, Our Home" is a youth project in support of the City of Toronto which provides youth of minority backgrounds with the skills and education required to avoid and/or deal with gender biases, discrimination, racism, violence and bullying.

We strive to educate youth and our surrounding community about the visible and invisible impacts of discrimination and violence. We believe that it is important for Youth to learn about their rights and options in order to combat the socio-economic disadvantage, stereotypes and social labels that hinder them from expanding their potential. In result of becoming aware of these barriers, they can achieve healthy, race indifferent, relationships within the community.

This effort will help individuals experience a positive change in their lives and their surrounding community.

DEFINE TEAM WORK

- Cooperative or coordinated effort on the part of a group of persons acting together as a team or in the interests of a common cause.
- The combined action of a group, especially when effective and efficient.
- The process of working collaboratively with a group of people in order to achieve a goal.
- Teamwork is often a crucial part of a business, as it is often necessary for colleagues to work well together, trying their best in any circumstance. Teamwork means that people will try to cooperate, using their individual skills and providing constructive feedback, despite any personal conflict between individuals. The combined action of a group, especially when effective and efficient:

Team Work?

by Joshua Nazario and Kevin Ayala

OUR THOUGHTS ON TEAM WORK:

Talent wins games, but teamwork and intelligence wins championships.

Everybody has the ability to work as a team towards the common goal of having a better community.

Always try to create scenarios where people can come together and exercise the spirit of team work.

Mutually any community should practice their human rights of citizenship every day



Working as a unit we can help each other achieve immense new heights.

One plus one equals two but according to social sciences two people work together better than one.

Repeating the same mistakes from our pasts will only lead to the same down fall of humanity

Kindness, unity and harmony can change our communities and families for the general good will of our planet.



Art work by: Tanya Solis

Top 10 characteristics of a successful leader



DID YOU KNOW?

Leaders care!

Some of the most recent findings on leadership have placed a great deal of emphasis on the fact that good leaders value others at their disposal more highly than less effective leaders.

1. Do what you say you're going to do: Organizations don't pay much attention to what we say. Organizations pay intense attention to what we do and the examples we set, particularly if the actions are inconsistent with the words. Any inconsistency is corrosive.
2. You are expected to be competent: Organizations expect their leaders to be competent and act with integrity. (I mean integrity in the broadest sense of the word to include team play and respect shown to subordinates.
3. Have high self-esteem and self worth: Leaders need to have a strong sense of self worth. This means the ability to accept failures and criticism, but without being so egotistical and hubristic that the person is not open to opinions of others. I've heard it said that good leaders have a level of self confidence that is slightly more than what is justified by the facts.
4. Leaders move forward: Leaders are not afraid to act with a sense of urgency. They pay attention to the details (not by micromanaging but by taking the occasional deep dive to test what they're hearing.
5. Good judgment comes from healthy learning moments: Leaders exercise good judgment, usually a result of learning from mistakes. Our successes normally don't bring with them the introspection that mistakes do. Good judgment is also a result of a wide variety of, e.g. international, experiences. Good judgment comes from experience, experience comes from bad judgment.
6. Leaders are connected, aware and tuned in: They outwardly act and display what they believe internally. Leaders are particularly tuned in to the people around them and to subtle behavioral clues. They read a room well. This is akin to a good sixth sense about how to act in foreign cultures. They listen well. They have high EQ.
7. Leaders value the gift of contrarians and resisters: Good leaders don't like yes men and sycophants. They know these people will cause them to fail. They are not afraid of surrounding themselves with strong people.
8. Be a leader of hope: Leaders of hope have a belief that "this too will pass." They keep the passion of their people and they exercise patience against panic. They gather the facts in a sense of calm.
9. Involve your people: Involve the people. The best ideas and greatest support will come when people are involved and contributing. In the end, every decision will be made by the person who can make the decision – an informed decision-maker has the people involved.
10. Always stay in servant leadership mode: Remember leaders are there to serve. The shepherd is there on behalf of the sheep – the sheep are not there on behalf of the shepherd. Note how in most of these a good quality, such as self confidence, becomes fatal when carried to excess.

The Globe and Mail June 2011 – Shawn Parr

Help Lines

Kids Help Phone 1 800 668-6868

Available 24/7

Call to speak to a counselor live or visit the website to post a message about your problem. Online questions may take up to a week to receive an answer, so if you want an answer right away you should call instead. On the other hand, if you're shy about asking your question you can visit the website and read the answers counselors have already posted in response to similar problems.

HEYY (Hearing Every Youth Through Youth) 416 423-HEYY (4399)

Available Monday to Friday, 6pm-9pm

Call to speak confidentially and anonymously with other youth who will listen and ask questions to help you sort out your situations. HEYY does NOT offer advice since the volunteers aren't professional counselors, instead they provide an opportunity for you to talk about your problems and come to your own decision about what to do.

Distress Centres of Toronto 416 408-HELP (4357)

Available 24/7

Trained counselors offer emotional support, crisis intervention and suicide prevention to youth and adults.

Telehealth Ontario 1-866-797-0000

Available 24/7

If you have a medical issue and aren't sure if you should go to a walk-in clinic, an emergency room or can wait for an appointment with your family doctor, phone Telehealth Ontario to speak to a Registered Nurse.

Toronto District School Board Safety Line 416-395-SAFE (7233)

Message center only, available 24/7

If you're a student in the Toronto District School Board and are aware of a situation that threatens the safety or welfare of you or anyone else in the school, you can call and leave an anonymous message for TDSB staff.

Crime Stoppers 416-222-TIPS (8477)

Visit the website or call to anonymously report a crime or to provide more information on a crime to the Toronto Police.

About Us

Manantial Neighbourhood Services, Inc. (MNSI) is a non-profit charitable organization that provides crisis intervention and newcomer integration services to primarily Latin American immigrants (individuals and families) in the Jane-Finch, Sheppard-Lawrence and Keele-Wilson communities of Toronto, and in south Vaughan. Manantial is particularly focused on serving the needs of youth and women victims of domestic and other violence, as well as providing leadership programs and activities for youth and seniors.

FOR MORE INFORMATION

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