

# NURSING & MIDWIFERY

The 'smartest' choice for  
some international students?

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# Website Acrobat document

**You can download a digital copy of this presentation at:**

**<http://www.thefreeschool.education/career-planning-and-jobs-board.html>**



**Listen to Jay's voice over on YouTube at user name: [The Free School](#)**



**Dr Jay Jericho has worked at teaching hospitals in Australia and England. He has taught Health Sociology to Nurses and Midwives at Australian universities. He concludes that Nursing and Midwifery are **champion professions** that are staffed by dedicated caregivers.**

# Objectives

1. Introduce Nursing and Midwifery professions
2. Qualifications for registration
3. Industry structure and career paths
4. Foreign worker and migration opportunities
5. Further reading: open-access resources.

## **Why is it the 'smartest' choice for some?**

- The demand for staff exceeds the supply in many regions and industries. Never be 'poor' or unemployed!

Ageing population (Aged care nurses are in hot demand).

Growth in the population (births, Midwifery).

- In many industries there are opportunities to work large amounts of paid overtime on your terms.

## **Smart profession continued**

- Good potential to use your qualifications to secure a temporary foreign worker visa or a skilled worker permanent migration visa *e.g.* Australia, Canada.
- Numerous public and private work opportunities exist.
- Learn about your health and body functions: avoid epidemics such as diabetes and depression.
- Respected professions: ‘live-savers’, diverse choices.

# A brief history of nursing

The earliest nurses and midwives never attended nursing school. Most were nuns or other women who provided care for the sick, poor, or homeless without family support.

In the 18th and 19th centuries, the nursing profession expanded to include the care of soldiers during wars. In 1853, Florence Nightingale served as a nurse during the Crimean War. She cared for the injured and set standards of cleanliness for her profession.

Nursing skills developed during the 20th century as nurses filled greater roles with more critical functions. Nursing schools taught skills in areas such as orthopedics, pediatrics, critical care, trauma and flight nursing, neonatal nursing, and psychiatric nursing, among many other specialties. Adapted from <http://www.nursingschoolspath.com/the-history-of-nursing/>

## **Dignified and highly respected professions**

- University/college degree, internship/placements and ongoing professional development usually mandatory.
- Salaried professions with a progressive career path.
- Care professions that give much to society: human compassion as opposed to the raw pursuit of profit.
- The word of Nurses and Midwives is respected *e.g.* court witnesses, issuing medical certificates.

## **Essential personal attributes**

- Caring
- Patient
- Professionalism
- Good people skills
- Level-headed: good under pressure
- Passionate about the healthcare industry
- Studious: evidence based practice profession.

## Qualifications: Entry-level

- Varies by jurisdiction *e.g.* state, federal laws.
- In most Western countries, Registered Nurses and Midwives must hold an approved 3 or 4 year degree.
- Australia and other countries recognize Enrolled Nurses *e.g.* the completion of a 2 year Nursing Diploma. Enrolled nurses may have less autonomy and may not qualify for immigration in some countries.

## **Qualifications: Practical experience**

- Most courses require students to complete practicum placements as a condition of graduation. Example: working on a ward in a maternity hospital.
- Some Nursing and Midwifery Associations also require you to complete a supervised internship in a health care setting after graduation in order to earn full Registered Nurse/ Registered Midwife status.

# Qualifications: Specialties

- Psychiatric nurses may require additional studies.
- Some undergraduate courses are offered as specialist qualifications such as Dental Nursing. Example:

<https://www.healthcareers.nhs.uk/explore-roles/dental-team/dental-nurse>

- Specialty nurses (*e.g.* Intensive Care Nurses) may be required to complete an additional qualification such as a Graduate Certificate in the specialist sub-field.
- These requirements vary by jurisdiction. You need to check with the local registration authority direct.
- Nurse Practitioner as a peak qualification *e.g.* England.

# **Nursing specializations**

Some well known specializations include:

Intensive Care, Paediatrics, Neonatology, Emergency Department, Theatre Nursing (Surgery), Aged Care, Obstetrics & Gynaecology, Genetic Counsellors, Nurse Educators, Dental, Psychiatric and Sexual Health.

# Midwifery specializations

- Genetic counselling (Nurses also work in this field)
- Prenatal care (pregnant women)
- Foetal medicine support *e.g.* ultrasound services
- Postnatal services (care after birth)
- Delivery theatre services
- Other *e.g.* policy, research and general management.

# Industry structure

Various ways to classify. Examples:

- Public sector V private sector
- Industry V academia
- Frontline patient contact V 'detached' support roles.

Classifications are not mutually exclusive. Example:

academia includes public and private university roles.

# Foreign workers and skilled migration

Visa requirements vary by country. They may include:

- Recognized skills shortage (Nursing/Midwifery)
- College of Nursing/Midwifery recognize your qualifications
- Maximum age, police check, health check as criteria
- Language skills *e.g.* French or English in Canada
- Some countries require employer sponsorship
- Visa processing fee (may cost thousands of dollars).

# Migration / temporary work visa

Australia

<https://www.border.gov.au/Lega/Lega/Form/Immigration/FAQs/i-am-a-nurse-how-can-i-work-in-australia>

Canada

<http://www.cic.gc.ca/english/immigrate/skilled/noc.asp>

United Kingdom

<https://www.gov.uk/tier-2-general/eligibility>

# Migration / temporary work visa

New Zealand

<https://www.newzealandnow.govt.nz/work-in-nz/nz-jobs-industries/healthcare-jobs>

Ireland

<http://www.inis.gov.ie/en/INIS/Pages/atypical-working-general>

# International students and migration

Some countries such as Australia allow international students who study in the host country to apply for a temporary/permanent work visa as a skilled graduate.

<https://www.border.gov.au/Trav/Work/Work/Skills-assessment-and-assessing-authorities/skilled-occupations-lists/mltssl>

Requirements vary by country. Australia, Canada *etc.* are high cost. It is cheaper to qualify in a country with recognized courses *e.g.* Phillipines and then migrate.

# How much will it cost me?

Varies depending on the course (*e.g.* undergraduate V graduate) university and country. Mid-range example:

## University of Tasmania

**Duration:** 3 years | **Campus:** Launceston | **Intake:** Semester 1 | **Fees:** \$28,000 p.a. |

**Study level:** Bachelor | **IELTS:** 6.5 or higher | **CRICOS Code** – 001680G

<http://www.utas.edu.au/international/studying/courses2/nursing/bachelor-of-nursing-h3d>

Living costs (excluding tuition) are approximately AUD\$25, 000 per year in Australia.

Total cost over three years: approximately AUD\$ 159,000 (USD\$ *circa* \$105, 000)

# How can I save money?

- Choose a course that will qualify you for registration at a university that is not highly ranked but is acceptable for professional registration and migration purposes.
- It may be cheaper to study at a college rather than a university. Example:

<https://www.acn.edu.au/epiq>

- Study at a campus location that is away from the major cities *e.g.* University of Tasmania, Launceston. It is cheaper to live in a rural location. A downside to living in rural locations is that housing and part-time work may be more difficult to find.
- Compare tuition fees, Bachelor of Nursing: University of Melbourne: \$28,736 (2017)  
CQ University Australia \$24, 570 (2017)

<https://www.cqu.edu.au/courses/study-areas/health/undergraduate/bachelor-of-nursing?show=international>

# International student budget presentation

Item	AUDS Weekly	AUDS Monthly	AUDS Annual
Food	140	595	7,140
Utilities	28	119	1,428
Clothing	20	85	1,020
Health care	20	85	1,020
Rent (room)	250	1,063	12,750
Local travel	70	298	3,570
Health insurance	19	82	981
Miscellaneous / other	20	85	1,020
Contingency budget	<u>20</u>	<u>85</u>	<u>1,020</u>
<b>Total living expenses</b>	<b>587</b>	<b>2,496</b>	<b>29,949</b>
Tuition fees	519	2,207	26,481
<b>TOTAL EXPENSES</b>	<b>1,106</b>	<b>4,702</b>	<b>56,430</b>

<http://www.thefreeschool.education/finances.html>

# Further reading

Thompson Rivers University (2017), Nursing Career Information  
[http://www.tru.ca/nursing/programs/bsn/nursing\\_careers.html](http://www.tru.ca/nursing/programs/bsn/nursing_careers.html)

US Government (2017),  
Registered Nurses Occupational Outlook Handbook  
<https://www.bls.gov/ooh/healthcare/registered-nurses.htm>

United Kingdom Government, National Health Service (2017), Nurses  
<https://www.healthcareers.nhs.uk/explore-roles/nursing%20>

<http://www.thefreeschool.education/career-planning-and-jobs-board.html>

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# Free budget planner tool for Healthcare workers

## ANNUAL PLAN

(a) One unit of my local currency equals  Unit of currency

MY BUDGET (AVERAGE)	Weekly	Monthly	Annual
<b><u>Income</u></b>			
Income source 1 : type here		0	0
Income source 2 : type here		0	0
Income source 3 : type here		0	0
Income source 4 : type here		0	0
(b) <b>Total income</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b><u>Living expenses</u></b>			
Food		0	0
Utilities		0	0
Clothing		0	0
Health care		0	0
Local travel		0	0
Health insurance		0	0
Household expenses		0	0
Rent / mortgage		0	0

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