

Serving 11:30 to 1:00 pm. Calendar is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Mondays
	1. 10:00 Activity Meeting	2. 10:00 Dietary Committee meeting	3. 6:00 Beginning Sewing	4. 50/50 BIRTHDAY LUNCH	All day painting & cards 9:00 AM Advanced Tai Chi 9:00 AM to 3:00 PM: Painting 11:30 AM Brain Game 5:30 PM Jam Session 6:00 Dinner
7. 6:30 Veterans Benefits	8. 10:00 Activity Meeting 12:00 AARP Sharp As A Tack 5:30 Bingo/Burgers	9. 4:00 Book Club 6:00 Intermediate Cake Decorating	10. 11:00-1:00 Library Day 1:00 \$2 Bingo 6:00 Beginning Sewing	11. 11:30 & 1:15 Thanksgiving Sit Down Veterans Day	Tuesdays 9:00 AM Zumba Gold 10:00 AM TOPS 10:00 AM Tai Chi 1:00 PM Stretch and Move 1:00 PM Memoir Writing
14. 6:30 VIRGINIA JENSEN WILL DO A PRESENTATION ON BEGINNING YOUR GENEALOGY	15. AARP DEFENSIVE DRIVING CLASS 8:00 AM-2:00 PM Nutrition And Health Education	16. 9:00- 11:30 Foot Care Clinic	17. 8:30-9:30 Blood Sugar and Cholesterol Checks 6:00 Beginning Sewing	18.	Wednesdays 9:00 AM: Craft Class 9:00 AM: Advanced Tai Chi 12:00 PM: Old Maid 12:30 PM: Cribbage 1:00 PM-3:00 PM Painting
21. STRESS RELIEF WITH AMY GALLEY FROM W.W.C.C. AT 12:00 PM DAVID METZ WILL DO A PRESENTATION ON PENDULUMS AT 6:30 PM	22. NEWSLETTER MAILING 9:00 AM Fitness Education 4:00 Board Meeting 5:30 Bingo/Tacos	23.	24. CLOSED	25. CLOSED	Thursdays 9:00 AM Zumba Gold 9:00 AM to 3:00 pm: Quilting 12:30 PM: Pinochle 1:00 PM Stretch and Move 1:00 PM Memoir Writing
28. REMEMBER WHEN MELTING POT 56 NATIONALITIES	29.	30. DECORATE THE CENTER FOR THE HOLIDAYS AT 1:00 PM			Fridays All Day Cards and Pool 9:30 AM: Wii Bowling 10:00 AM: Tai Chi 12:30 PM : Hand and Foot