

Thank you for your purchase! I know that you will absolutely LOVE implementing the strategies in this journal and you will see a drastic change in your life. Click on the link [HERE](#) to download the files. Please download to your computer within 30 days. Please reach out if you have any issues accessing the files.

Hello, 2019 Lifestyle Design Packet can be found [here](#).

Subscribe to [Sovereign Motherhood Blog](#) where you will gain sisterhood, monthly intention setting support, mindfulness, and intentional living tips. I will also send out my monthly, hand-drawn and hand-lettered, ink-drawn monthly cover page. Any edits to the current pages in the bullet journal packet will be added to the folder so you can update your own journal. This does not include new pages and packets that I create in my shop, only the ones that are added and sold with the current Sovereign Motherhood Bullet Journal.

If you want more guidance on how to use this journal and my story behind it, please watch this [video](#).

Join me in letting go of the struggle, to create a calm, content, connected, and creative life and home!