

# Wellmore Mind & Body Center

9600 Bellaire Blvd, Suite 112, Houston, TX 77036

Tel: 713-777-7717 Fax: 713-777-7711

## Health History Questionnaire for Colon Hydrotherapy

Please **Print** and Answer all Questions:

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Male/Female \_\_\_\_\_

E-Mail: \_\_\_\_\_ Occupation: \_\_\_\_\_ How long? \_\_\_\_\_

Are you under a Physicians Care? \_\_\_\_\_ Physician's Name \_\_\_\_\_ Type \_\_\_\_\_

(ICE) In Case of Emergency contact: \_\_\_\_\_ Relation \_\_\_\_\_ Phone \_\_\_\_\_

**What is a contraindication? A contraindication is a specific health condition in which a drug, procedure, treatment or surgery is inadvisable, as it may be harmful to the health of the patient.**

**\* Contraindications: (  ) and Date if ever had any of the following:**

\_\_\_\_\_ Abdominal Hernia

\_\_\_\_\_ Dialysis Patient

\_\_\_\_\_ Abdominal Surgery

\_\_\_\_\_ Diverticulosis / Diverticulitis

\_\_\_\_\_ Abnormal Distension

\_\_\_\_\_ Fissures & Fistulas

\_\_\_\_\_ Acute Liver Failure

\_\_\_\_\_ Hemorrhaging

\_\_\_\_\_ Anemia

\_\_\_\_\_ Hemorrhoidectomy

\_\_\_\_\_ Aneurysm - All Types

\_\_\_\_\_ Intestinal Perforations

\_\_\_\_\_ Cancer - Type \_\_\_\_\_

\_\_\_\_\_ Lupus

\_\_\_\_\_ Cardiac Condition

\_\_\_\_\_ Pregnant-due date \_\_\_\_\_

\_\_\_\_\_ Crohns Disease

\_\_\_\_\_ Rectal / Colon Surgery

\_\_\_\_\_ Colitis

\_\_\_\_\_ Renal Insufficiencies

\_\_\_\_\_ Allergic to Latex

\_\_\_\_\_ Bladder Infection

\_\_\_\_\_ Bloating \_\_\_\_\_ Vomiting

\_\_\_\_\_ BM Painful / Difficult

\_\_\_\_\_ Burning/ Itching Anus

\_\_\_\_\_ Constipation/ Diarrhea

\_\_\_\_\_ High Blood Pressure

\_\_\_\_\_ Infection Disease

\_\_\_\_\_ Hemorrhoids:

Internal \_\_\_\_\_ External \_\_\_\_\_

\_\_\_\_\_ Rectal or Blood in Stool

\_\_\_\_\_ Recent Colonoscopy

\_\_\_\_\_ Use Laxatives

\_\_\_\_\_ Date of Last Menstrual

Please check (  ) & Date if you have any above contraindications\*.

**I have NOT been diagnosed with any contraindications for colon hydrotherapy: Client Initials X \_\_\_\_\_**

I am aware that this colon irrigation and enema device center has a Licensed Medical Director that may NOT be on site. I am aware adverse events such as perforation, injury and illness have been alleged and claimed with the use of colon irrigation and enema devices. Should I experience resistance during the nozzle insertion, I will immediately stop my session. If during the session, I experience discomfort or pain, I am responsible for immediately stopping my session. I am aware that Trained Therapists do not insert, diagnose, prescribe and do not cure or treat any condition or disease.

**I have read and understand my responsibilities for colon hydrotherapy session: Client Initials X \_\_\_\_\_**

(See a more complete list of possible side effects on back of form.)

**I have reviewed and discussed with the LIBBE Device Trained Therapist that I do not have any Contraindications or any Health Concerns and I wish to proceed with my colon hydrotherapy sessions:**

**CLIENT SIGNATURE: X \_\_\_\_\_ Date \_\_\_\_\_**

(For clients 18 or under, the signature & attendance of the parent or guardian for insertion is required.)

I have reviewed this form with my client. **Therapist Signature: X \_\_\_\_\_**

**Have you recently taken any of the following? (Please circle)** Aspirin, Aleve, Advil, Ibuprofen, Naproxen, Celebrex, Dolobid, Orudis, Relafen, Feldene, Voltaren, Indocin, Clinoril, Tolectin, Lodine, Toradol, Daypro, Prednisone, Methotrexate, Warfarin, Digoxin, Carvedilol, Coreg, Atorvastatin or other statin to lower cholesterol such as Lipitor, Zocor, Lescol, Mevacor, Pravachol, Plavix, Furosemide or any other diuretic.

**Please list any other medications:** \_\_\_\_\_

**Please explain if you taken any of these medications above:** \_\_\_\_\_

**ATTENTION: PREPAID DISCOUNTED SESSION PACKAGES SOLD AS FOLLOWS:**

1. All Prepaid Discounted Colonic Sessions are to be used within six (6 ) months of purchase.
2. No Show appointments are counted as a used session without a 12 hour advance cancellation.
3. Health History should be updated after twelve sessions. No Refunds! Non-Transferable!

**CLIENT SIGNATURE:** **X** \_\_\_\_\_ **Date** \_\_\_/\_\_\_/\_\_\_

*(For Clients 18 or under, the signature & attendance of the parent or guardian for insertion is required.)*

**Possible Side Effects:** Increased Energy, Nausea, Vomiting, Cramping, Light Headed, Excessive Gas or Bloating, Overheating, Diarrhea, Headaches, Temporary Increase in Body Odor, Joint or Body Aches, Increased Appetite, Hemorrhoids: *(which may be irritated, inflamed or bleed)*, **Precautions:** Over Hydration: *(may occur when multiple colonic sessions are done during a short period of time)* Perforation of Rectum / Colon, Irritation / Inflammation / Allergic Reactions of the rectum due to lubricant, Water Over temperature, other issues when colonic equipment is improperly used, not maintained properly or operated by untrained therapists.

Please answer the questions below after the first colonic session

**First Session Evaluation: (Please circle)**

Did Therapist review Health History and inquire to any health issues? ( Yes / No )

Were Device, Room, and Restroom clean? ( Yes / No )

Were you covered and comfortable? ( Yes / No )

Were your results Satisfactory? ( Yes / No )

Will you recommend to family/friends? ( Yes / No )

Problems or discomfort during session? ( Yes / No )

If yes please explain: \_\_\_\_\_

How do you feel? \_\_\_\_\_

How do you hear about us? \_\_\_\_\_

**CLIENT SIGNATURE:** **X** \_\_\_\_\_