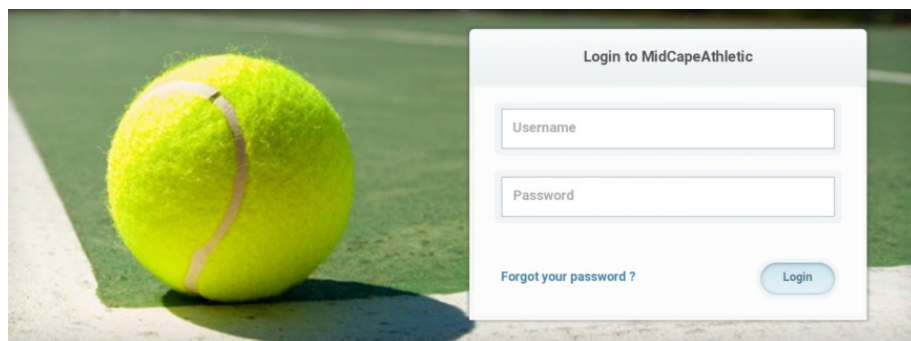
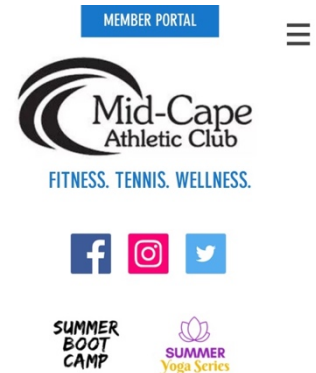


How to Sign up for Classes

1) Please be sure to have accessed Member Portal previously to signing up for classes. (If you have not accessed your account yet, please see How to Access Member Portal instructions.)

2) Go to www.midcapeathletic.com and click on “Member Portal” to login.
Or, go directly to <http://midcapeathletic.clubautomation.com>

3) Login to account



First time here?

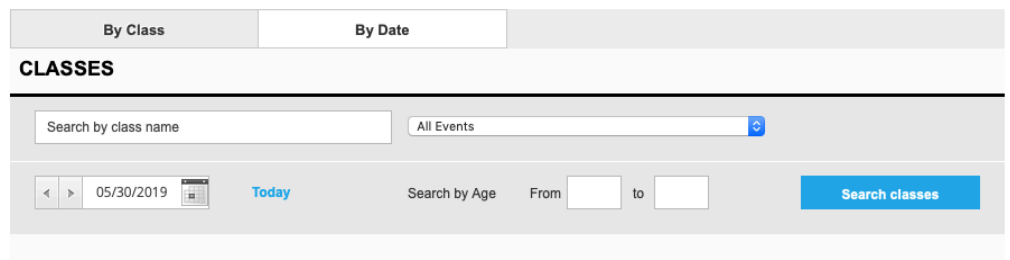
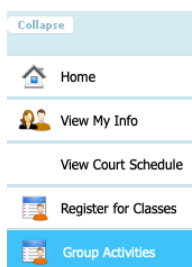
[Access My Account](#)

Register for classes

To view or register for a class please click "Get Started Here".

[Get Started Here](#)

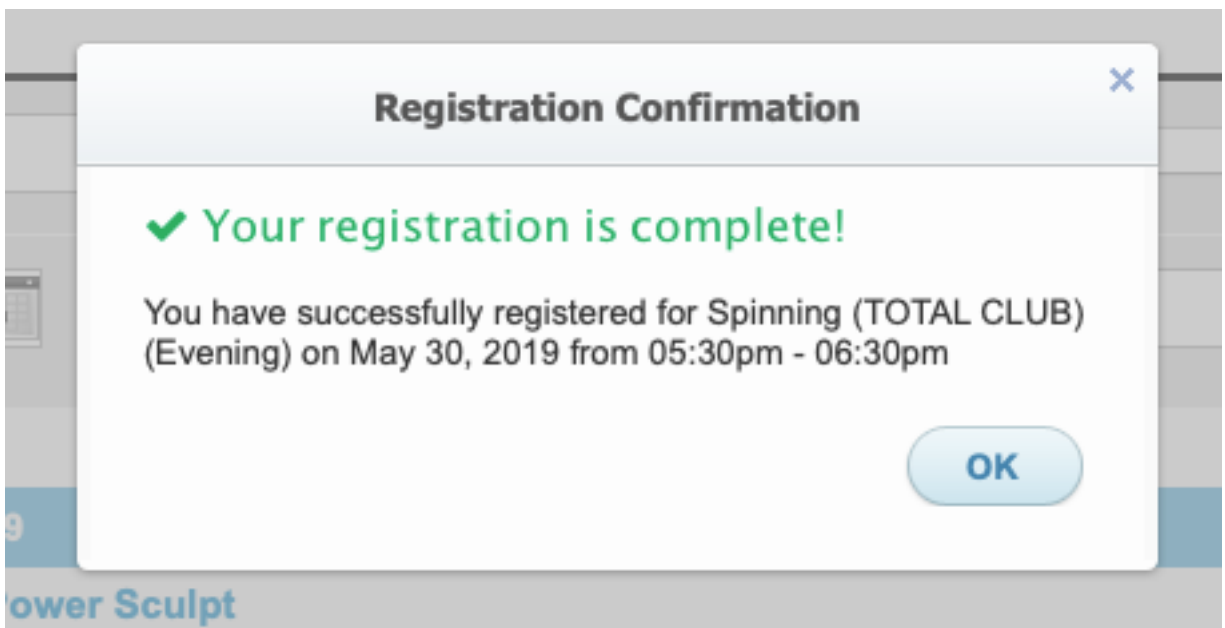
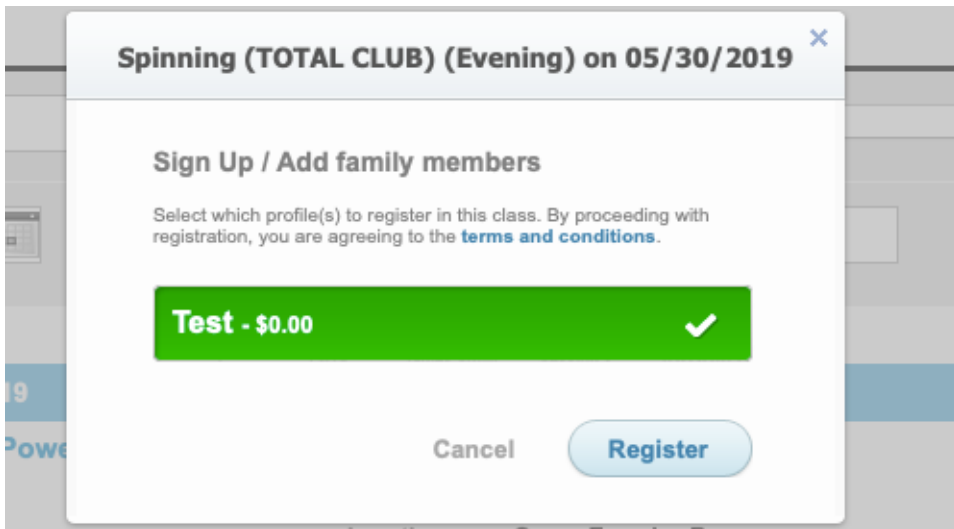
4) On the left hand corner, click “Group Activities”. From there, you can display By Class or By Date. You can also search by class name. Or, you can click the calendar and pick a specific date. Then click “search classes”.



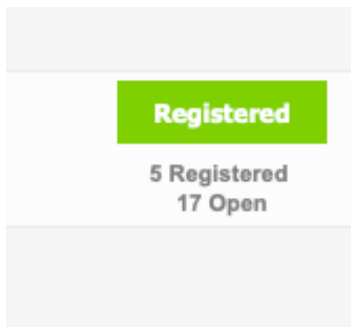
5) Once you find the class you would like to sign up for, click “sign up” to register for the class.

Facility:	Mid-Cape	Department:	
Instructor:	Jennifer Majewski	Location:	Rowing Studio
05:30pm - 06:30pm Spinning (TOTAL CLUB) (Evening)			Sign Up
Facility:	Mid-Cape	Department:	
Instructor:	Peter Horvath	Location:	Spin Studio
05:30pm - 06:30pm Zumba			3 Registered 19 Open

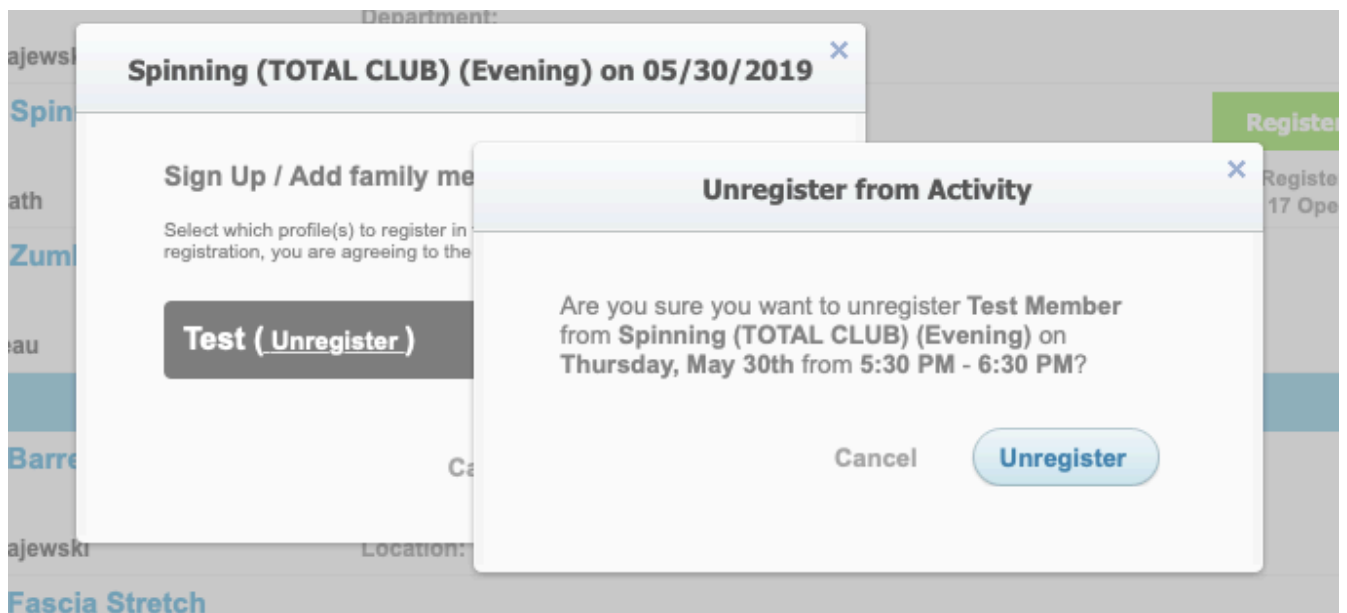
6) Highlight the name of the Member signing up for class by clicking on the name. Then click “Register”.



7) To unregister for a class, find the class that you are registered for and click “Registered”.



Next to your name, click “unregister”. You will be prompted to confirm that you would like to unregister. If yes, click “unregister” again.



Make sure that the screen goes back to the screen below to confirm that you have unregistered. Otherwise, you may be charged a \$5 no show fee.

