

Free

"More of the Best of the Valley"

January 30, 2017

Alcam Writing & Admin LLC



Patricia Villers Ralph Villers

- Writing and Editing services Design, Layout: Newsletters Pamphlets, Business Cards, Resumes, Sell Sheets
- Public Relations, Digital Content, SEO
- Administrative, Office Services

P.O.Box 85 Derby, CT 06418 203-751-6484 203-893-8623 203-205-9255 thevalley.voicect@gmail.com

Shelton historian offers interesting glimpse into city's past

By Patricia Villers

SHELTON - Extra! Extra!

Members and supporters of the Shelton Historical Society got an extra serving of interesting local history Sunday from municipal historian Rob Novak.

He presented Yesterday's Headlines during the Society's annual meeting at Huntington Congregational Church hall.

Novak is a lifelong city resident who developed a love for the history of his hometown and surrounding communities when he was a college student.

He spent many years combing through microfilm editions of the former Evening Sentinel to do his research. The Sentinel was a six-day a week paper based in Ansonia that covered the Lower Naugatuck Valley.



Novak's presentation also included clippings from the former Shelton-based Suburban News, and the Bridgeport Post, now the Connecticut Post.

Novak penned a popular column, Hometown History, in the Huntington Herald for 15 years, and also served as the executive director of the Ansonia-based Derby Historical Society.

While in that position, Novak

said, he "expanded his research" and launched This Week in History, a feature that is still available on the Derby Historical Society website.

Novak presents Yesterday's Headlines at libraries, health facilities, and organizations in the community. His presentation included the effect World Wars I and II had on the local populace, the story of when the Borough of Shelton became the City of Shelton in 1917, and the city's remarkable growth throughout the 20th century.

During a business meeting President Martin Coughlin said although the organization weathered a "tough year," caused by extensive water damage in 2015 to the Brown-



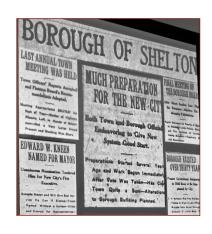
son House, "we're moving forward with the restoration of the house."

He said that was thanks to the great effort and financial support of volunteers.

Coughlin asked those in attendance to consider volunteering their talents to help with archiving clothing from the early 20th century in the Society's collection. He said the Society is the only organization in the state that focuses on that period of time.



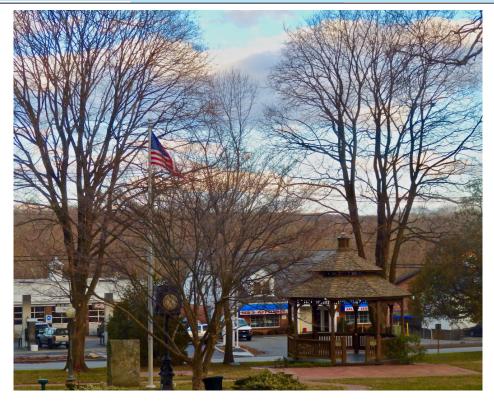






Ad Space - call us! 2.85-in Wide X 1.6-in High





The Green looks peaceful in the always-busy center of Huntington on a winter afternoon.

Photo by Patricia Villers

Seymour shop owner to host Galentine's Day party

SEYMOUR - Elizabeth Anderson is hosting a celebration at her shop on the night before Valentine's Day.

A Galentine's Day party for women will be held from 6:30-9 p.m. Feb. 13.

Anderson recently relocated Lizzie's Corner, a consignment and gift shop, from 19 Bank St. to a larger space at 32-36 Bank St. She is planning a party that will include making a Faerie Light.



The cost is \$20, which includes materials for the craft project.

Anderson said she will donate a portion of the admission charge to the American Heart Association. February is American Heart Month.

Participants are urged to bring their own snacks and desserts to share.

No charge to attend if you don't want to make the light.

Follow Lizzie's Corner at:

https://www.facebook.com/Lizzies-Corner-Consignment-and-Gifts-156700401356358/?fref=ts



DO YOU HAVE CONCERNS about falling?







nce concerns about falling and restrict their activities. A MATTER OF BALANCE is an award-winning program designed to manage falls and increase activity levels.

This FREE program teaches ways to prevent and manage falls.

YOU WILL LEARN TO:

- exercise to increase strength and balance

- make changes to reduce fall risks at

WHO SHOULD ATTEND?

- anyone interested in improving balance, flexibility and strength
- anyone who has restricted activities because of falling concerns

There is no cost for this program!

Presented by the Naugatuck Valley Health District

Thursdays, March 2nd -- April 20th 10:00 AM - 12:00 PM at the Seymour Community Center 20 Pine Street Seymour, CT

Classes are held once a week for 8 weeks.

Refreshments provided at every class.

Gift cards are provided to participants that attend all 8 weeks!

Registration is required. Go to www.seymourcommunityservices.com or call 203-888-0406 ext. 2 Only 12 spots available!

For questions about the program call Ali @ Naugatuck Valley Health District 203-881-3255



The Valley-Voice CT Newsletter 2016 Alcam Writing & Admin LLC, Derby, CT 203-305-9255, 203-893-8623

e-mail: <u>thevalley.voicect@gmail.com</u> Blog: thevalley-voicect.blogspot.com Web: www.thevalley-voicect.net