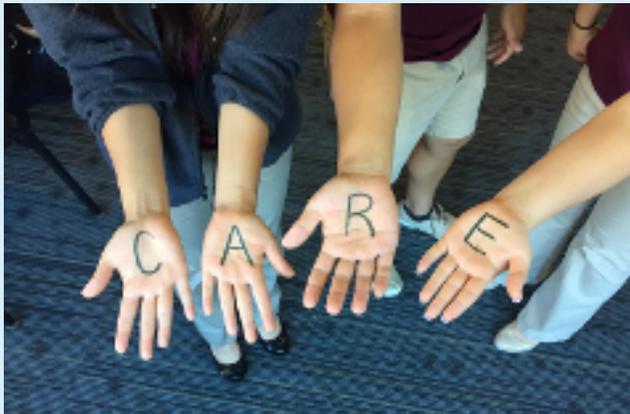


HOSA CARES

HOSA Cares gives chapters the opportunity to choose their own volunteer activities and causes to support. Chapters may email pictures and inform their liaison of the service projects they are participating in. They will also be recognized at the State Leadership Conference.

A Few Ideas:

- Salvation Army
- Ronald McDonald House
- American Cancer Society
- Cystic Fibrosis
- Reach out to children in school district and teach about health
- Host a Blood Drive
- Trick or Treat for UNICEF
- Volunteer at a local nursing home or hospital



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WISCONSIN HOSA
2016-2017 SERVICE PROJECTS



stigmafree

See the person, not the illness.

NAMI

National Alliance on Mental Illness is a national organization designed to alleviate mental illness. By educating, advocating, and listening, they lead the nation towards a goal of having a healthier understanding of mental illnesses. NAMI educates by distributing information to families, individuals, and educators. They advocate by giving volunteers the resources they need to help those with mental illnesses. They listen by offering a toll-free helpline for support and providing information. Finally, they lead by hosting public awareness events and activities in order to encourage understanding of different facets of mental health.

If you have any questions about how your chapter can get involved, contact Carol Mitchell Ryback, Youth Program Coordinator, at carol@namiwisconsin.org

How Can You Get Involved?

- Take the Stigmafree Pledge
- Participate in a NAMI walk
- Donate
- Fundraise for this great cause.

Music and Memory

Music and Memory is a program that uses an innovative approach to treat Alzheimer's and other forms of dementia. Music and Memory volunteers create personalized playlists for people suffering with dementia. The gift of music can revive memories, reduce the need for medication, and calm chaotic brain activity.

If you have any questions about how to get involved, contact Julie Hyland, School Involvement Director, at jhyland@musicandmemory.org

How Can You Get Involved?

- **Have your local HOSA chapter volunteer at local nursing homes and create personalized playlists for residents to enjoy**
- **Share clips of "Alive Inside" to encourage involvement**
- **Identify sponsors by raising community awareness**
- **Organize a donation drive or benefit to collect money, new or gently used iPods, or headphones**



Images courtesy of aliveinside.org and sheboyganpress.com



CTSO Crossroads

The goal of CTSO Crossroads Collaborative Project is to improve teen traffic safety in Wisconsin through student directed projects. Crossroads pairs with all six CTSO's: HOSA, DECA, FBLA, FCCLA, FFA, and SkillsUSA.

It focuses on the main areas of teen driving: Distracted Driving, Seat Belt Use, Speeding, Impaired Driving, and Peer Passengers.

How Can You Get Involved?

- Consider school and community needs to educate about teen driving safety
- Visit website www.crossroadsteendriving.com for facts and project ideas
- Encourage involvement of another CTSO (not required)
- Develop a project and complete the application for funding
- Email crossroadsteendriving@chw.org with questions