

Psalm 56 – Daily Deliver from Death

To the chief Musician upon Jonathemrechokim Michtam of David, when the Philistines took [seized] him in Gath.

Chief Musician – [OT:5329](#) **נָצַח** **natsach** (naw-tsakh'); a primitive root; properly, to glitter from afar, i.e. to be eminent (as a superintendent, especially of the Temple services and its music); also (as denominative from [OT:5331](#)), to be permanent:

KJV - excel, chief musician (singer), oversee (-r), set forward.

Jonathemrechokim – [OT:3128](#) **יוֹנָתָן אֵלֶם רְחֹקִים** **Yownath 'elem rechoqiym** (yo-nath' ay'-lem rekh-o-keem'); from [OT:3123](#) and [OT:482](#) and the plural of [OT:7350](#); dove of (the) silence (i.e. dumb Israel) of (i.e. among) distances (i.e. strangers); the title of a ditty (used for a name of its melody): **KJV** - Jonath-elem-rechokim.

Michtam – [OT:4387](#) **מִכְתָּם** **Miktam** (mik-tawm'); from [OT:3799](#); an engraving, i.e. (techn.) a poem: **KJV** - Michtam.

Isaiah 53 ..of our Lord...of the saint

⁷ He was **oppressed**, and he was **afflicted**, yet he **opened not his mouth**: he is brought as a lamb to the slaughter, and as a sheep before her shearers is dumb, so he openeth not his mouth.

1 Samuel 21 Philistines took David in Gath

¹⁰ And David arose and fled that day for fear of Saul, and went to Achish the king of Gath.

¹¹ And the servants of Achish said unto him, Is not this David the king of the land? did they not sing one to another of him in dances, saying, Saul hath slain his thousands, and David his ten thousands?

¹² And David laid up these words in his heart, and was sore afraid of Achish the king of Gath.

¹³ And he changed his behaviour before them, and feigned himself mad in their hands, and scabbled on the doors of the gate, and let his spittle fall down upon his beard.

¹⁴ Then said Achish unto his servants, Lo, ye see the man is mad: wherefore then have ye brought him to me?

¹⁵ Have I need of mad men, that ye have brought this fellow to play the mad man in my presence? shall this fellow come into my house?

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Complaint

Psalm 56

¹ **Be merciful** unto me, O God: for man would **swallow me up**; he **fighting daily oppresseth** me.

Merciful – [OT:2603](#) **חָנַן** **chanan** (khaw-nan'); a primitive root [compare [OT:2583](#)]; properly, to bend or stoop in kindness to an inferior; to favor, bestow; causatively to implore (i.e. move to favor by petition):

KJV - beseech, ^x fair, (be, find, shew) favour (-able), be (deal, give, grant (gracious (-ly), intreat, (be) merciful, have (shew) mercy (on, upon), have pity upon, pray, make supplication, ^x very.

Swallow me up – [OT:7602](#) **שָׁאֵף** **sha'aph** (shaw-af'); a primitive root; to inhale eagerly; figuratively, to cover; by implication, to be angry; also to hasten:

KJV - desire (earnestly), devour, haste, pant, snuff up, swallow up.

Oppresses me – [OT:3905](#) **לָחַץ** **lachats** (law-khats'); a primitive root; properly, to press, i.e. (figuratively) to distress:

KJV - afflict, crush, force, hold fast, oppress (-or), thrustself.

Psalm 57

³ He shall **send from heaven**, and **save me from the reproach** of him that would **swallow me up**. Selah. **God shall send forth His mercy and His truth**.

Save me – [OT:3467](#) **יָשָׁא** **yasha`** (yaw-shah'); a primitive root; properly, to be open, wide or free, i.e. (by implication) to be safe; causatively, to free or succor:

KJV - ^x at all, avenging, defend, deliver (-er), help, preserve, rescue, be safe, bring (having) salvation, save (-iour), get victory.

2 Samuel 22

³ The God of my rock; in him will I trust: he is my shield, and the horn of my **salvation**, my high tower, and my refuge, my saviour; thou savest me from violence.

Salvation – [OT:3468](#) **יְשׁוּעָה** **yesha`** (yeh'-shah); or **יְשָׁא** **yesha`** (yay'-shah); from [OT:3467](#); liberty, deliverance, prosperity:

KJV - safety, salvation, saving.

Refuge – [OT:4498](#) **מָנוּחַ** **manowc** (maw-noce'); from [OT:5127](#); a retreat (literally or figuratively); abstractly, a fleeing:

KJV - ^x apace, escape, way to flee, flight, refuge.

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Complaint (*cont*)

Psalm 57 (*cont*)

³ He shall **send from heaven**, and **save me from the reproach** of him that would **swallow me up**. Selah. **God shall send forth His mercy and His truth.**

2 Samuel 22

³⁶ Thou hast also given me the shield of thy **salvation**: and thy gentleness hath made me great.

2 Samuel 22

⁴⁷ The LORD liveth; and blessed be my rock; and exalted be the God of the rock of my **salvation**.

2 Samuel 22

⁵¹ He is the tower of **salvation** for his king: and sheweth mercy to his anointed, unto David, and to his seed for evermore.

Psalm 9

⁹ The LORD also will be a **refuge for the oppressed**, a **refuge in times of trouble**.

Refuge – [OT:4869](#) מִשְׁגַּב **misgab** (mis-gawb'); from [OT:7682](#); properly, a cliff (or other lofty or inaccessible place); abstractly, altitude; figuratively, a refuge: **KJV** - defence, high fort (tower), refuge.

Misgab, a place in Moab:

...from – [OT:7682](#) שָׂגַב **sagab** (saw-gab'); a primitive root; to be (causatively, make) lofty, especially inaccessible; by implication, safe, strong; used literally and figuratively **KJV** - defend, exalt, be excellent, (be, set on) high, lofty, be safe, set up (on high), be too strong.

Oppressed – [OT:1790](#) דָּקַדַּק **dak** (dak); from an unused root (compare [OT:1794](#)); crushed, i.e. (fig.) injured: **KJV** - afflicted, oppressed.

Trouble – [OT:6869](#) צָרָה **tsarah** (tsaw-raw'); feminine of [OT:6862](#); tightness (i.e. figuratively, trouble); transitively, a female rival:

KJV - adversary, adversity, affliction, anguish, distress, tribulation, trouble.

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Complaint (*cont*)

Psalm 62 We are not like them

⁹ Surely men of low degree are vanity, and men of high degree are a lie: to be laid in the balance, they are altogether lighter than vanity.

¹⁰ **Trust not in oppression, and become not vain** in robbery: if riches increase, set **not your heart upon them** [riches].

¹¹ **God hath spoken once; twice have I heard this; that power belongeth unto God.**

Psalm 66:3

Say unto **God**, How terrible art thou in thy works! through the greatness of thy **power** shall thine enemies submit themselves unto thee.

Romans 1:16

For I am not ashamed of the gospel of Christ: for it is the **power** of **God** unto salvation to every one that believeth; to the Jew first, and also to the Greek.

1 Corinthians 2:5

That your faith should not stand in the wisdom of men, but in the **power** of **God**.

Revelation 19:1

And after these things I heard a great voice of much people in heaven, saying, Alleluia; Salvation, and glory, and honour, and **power**, unto the Lord our **God**:

Psalm 86

³ Be merciful unto me, O Lord: for I cry unto thee **daily**.

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Complaint (*cont*)

Psalm 56

² Mine enemies would daily **swallow me up**: for they be many that fight against me, O thou most High.

Swallow me up – [OT:7602](#) שָׁאֵף **sha'aph** (shaw-af'); a primitive root; to inhale eagerly; figuratively, to cover; by implication, to be angry; also to hasten:
KJV - desire (earnestly), devour, haste, pant, snuff up, swallow up.

Psalm 42:10

As with a sword in my bones, mine enemies reproach me; while they say **daily** unto me, Where is thy God?

Conflict

Psalm 56

² Mine enemies would daily **swallow me up**: for they be **many that fight** against me, O thou most High.

Fight – [OT:3898](#) לָחַם **lacham** (law-kham'); a primitive root; to feed on; figuratively, to consume; by implication, to battle (as destruction):
KJV - devour, eat, ^xever, fight (-ing), overcome, prevail, (make) war (-ring).

Lamentations 2

⁵ The LORD was **as an enemy**: he **hath swallowed up** Israel, he **hath swallowed up** all her palaces: he **hath destroyed his strong holds**, and hath **increased** in the daughter of Judah **mourning and lamentation**.

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Comfort

Psalm 56

³ What time [when] I am afraid, I will trust in thee.

Psalm 55

²³ But thou, O God, shalt **bring them down** into the **pit of destruction: bloody and deceitful men shall not live out half their days; but I will trust in thee.**

Psalm 56

⁴ In God I will praise his word, in God I have **put my trust; I will not fear what flesh can do unto me.**

Hebrews 13

⁶ So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

Psalm 118

⁵ I called upon the LORD in distress: the LORD answered me, and set me in a large place.
⁶ The LORD is on my side; I will not fear: what can man do unto me?
⁷ The LORD taketh my part with them that help me: therefore shall I see my desire upon them that hate me.

Psalm 119

¹³⁴ **Deliver me** from the **oppression of man: so will I keep thy precepts.**

Precepts – [OT:6490](#) **פִּקְוּדִים** **piquwd** (pik-kood'); or **piqud** (pik-kood'); from [OT:6485](#); properly, appointed, i.e. a mandate (of God; plural only, collectively, for the Law):

KJV - commandment, precept, statute.

Psalm 140

¹ Deliver me, O LORD, from the evil man: preserve me from the violent man;

² Which imagine mischiefs in their heart; continually are they gathered together for war.

³ They have sharpened their tongues like a serpent; adders' poison is under their lips. Selah.

⁴ Keep me, O LORD, from the hands of the wicked; preserve me from the violent man; who have purposed to overthrow my goings.

⁵ The proud have hid a snare for me, and cords; they have spread a net by the wayside; they have set gins for me. Selah.

⁶ I said unto the LORD, Thou art my God: hear the voice of my supplications, O LORD.

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Character

Psalm 56

⁵ **Every day they wrest my words: all their thoughts are against me for evil.**

Wrest – [OT:6087](#) עָצַב **`atsab** (aw-tsab'); a primitive root; properly, to carve, i.e. fabricate or fashion; hence (in a bad sense) to worry, pain or anger:

KJV - displease, grieve, hurt, make, be sorry, vex, worship, wrest.

Thoughts – [OT:4284](#) מַחְשָׁבָה **machashabah** (makh-ash-aw-baw'); or **machashebeth** (makh-ash-eh'-beth); from [OT:2803](#); a contrivance, i.e. (concretely) a texture, machine, or (abstractly) intention, plan (whether bad, a plot; or good, advice):

KJV - cunning (work), curious work, device (-sed), imagination, invented, means, purpose, thought.

Evil – [OT:7451](#) רָע **ra`** (rah); from [OT:7489](#); bad or (as noun) evil (natural or moral):

KJV - adversity, affliction, bad, calamity, + displease (-ure), distress, evil ([-favouredness], man, thing), + exceedingly, ^xgreat, grief (-vous), harm, heavy, hurt (-ful), ill (favoured), + mark, mischief (-vous), misery, naught (-ty), noisome, + not please, sad (-ly), sore, sorrow, trouble, vex, wicked (-ly, -ness, one), worse (-st), wretchedness, wrong. [Incl. feminine ra`ah; as adjective or noun.].

Isaiah 59:7

Their feet run to evil, and they make haste to shed innocent blood: **their thoughts are thoughts of iniquity**; wasting and destruction are in their paths.

Psalm 56

⁶ They **gather themselves together**, they **hide themselves**, they **mark my steps**, when they **wait for my soul**.

Psalm 58

³ The **wicked** are estranged from the **womb**: they go astray as soon as they be born, speaking lies.

Matthew 15:19

For out of the heart proceed **evil thoughts**, murders, adulteries, fornications, thefts, false witness, blasphemies:

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Character (*cont*)

Psalm 56 (*cont*)

⁵ **Every day they wrest my words: all their thoughts are against me for evil.**

Mark 7

²⁰ And he said, That which cometh out of the man, that defileth the man.

²¹ For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders,

²² Thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness:

Psalm 88

¹⁷ They **came round about me daily** like water; **they compassed me about together.**

Habakkuk 1

⁴ Therefore the law is slacked, and judgment doth never go forth: for the **wicked doth compass about the righteous**; therefore wrong judgment proceedeth.

Psalm 17

⁹ From the **wicked that oppress me**, from my **deadly enemies**, who **compass me about.**

Psalm 22

¹⁶ For **dogs have compassed me**: the **assembly of the wicked** have **inclosed me**: they **pierced my hands and my feet.**

Psalm 32

¹⁰ Many sorrows shall be to the **wicked**: but he that trusteth in the LORD, mercy shall **compass** him about.

Hebrews 3

¹³ But exhort one another **daily**, while it is called To day; lest any of you be hardened through the deceitfulness of sin.

Psalm 56

⁷ **Shall they escape by iniquity?** in thine anger cast down the people, O God.

Ephesians 5:16

Redeeming the time, because **the days are evil.**

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Confidence

Psalm 56

⁸ Thou tellest my wanderings: **put thou my tears into thy bottle: are they not in thy book?**

Wanderings – OT:5112 נָנַד **nowd** (node) [only defect. nod (node)]; from OT:5110; exile: **KJV** - wandering.

Revelation 5

⁸ And when he had taken the book [which no man or beast could open], the four beasts and four and twenty elders fell down before the Lamb, having every one of them harps, and **golden vials full of odours**, which are the **prayers of saints**.

Revelation 5

⁸ And when he had taken the book, the four beasts and four and twenty elders fell down before the Lamb, having every one of them harps, and **golden vials full of odours**, which are the **prayers of saints**.

Revelation 8

¹ And when he had opened the **seventh seal**, there was **silence in heaven about the space of half an hour**.

² And I saw the seven angels which stood before God; and to them were given seven trumpets.

³ And another angel came and stood at the altar, having a **golden censer**; and there was given unto him much incense, that he should **offer it with the prayers of all saints upon the golden altar which was before the throne**.

⁴ And the **smoke of the incense, which came with the prayers of the saints, ascended up before God out of the angel's hand**.

⁵ And the angel took the censer, and filled it with fire of the altar, and cast it into the earth: and there were voices, and thunderings, and lightnings, and an earthquake.

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Confidence (*cont*)

Psalm 56

⁹ When I cry unto thee, then shall mine enemies turn back: **this I know**; for **God is for me**.

Proverbs 14:26

In the **fear of the LORD is strong confidence**: and his children shall have a **place of refuge**.

Psalm 118:8

It is better to trust in the LORD than to put **confidence** in man.

Psalm 56

¹⁰ **In God will I praise His Word: in the LORD will I praise His Word**.

Proverbs 3:26

For the LORD shall be thy **confidence**, and shall keep thy foot from being taken.

Psalm 22

²² I will **declare thy name** unto my brethren: **in the midst of the congregation will I praise thee**.

Psalm 28

⁷ **The LORD is my strength and my shield**; my heart trusted in him, and I am helped: therefore my heart greatly rejoiceth; and **with my song will I praise him**.

Psalm 43

⁴ Then will I **go unto the altar of God**, unto God my exceeding joy: yea, **upon the harp will I praise thee, O God my God**.

Psalm 146

² **While I live will I praise the LORD: I will sing praises unto my God while I have any being**.

Being – [OT:5750](#) עַד **`owd** (ode); or `od (ode); from [OT:5749](#); properly, iteration or continuance; used only adverbially (with or without preposition), again, repeatedly, still, more:

KJV - again, ^xall life long, at all, besides, but, else, further (-more), henceforth, (any) longer, (any) more (-over), ^xonce, since, (be) still, when, (good, the) while (having being), (as, because, whether, while) yet (within).

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Confidence (*cont*)

Psalm 56

¹¹ **In God** have I put my trust: **I will not be afraid** what man [human beings] can do unto me.

Trust – [OT:982](#) בָּטַח **batach** (baw-takh'); a primitive root; properly, to hie for refuge [but not so precipitately as [OT:2620](#)]; figuratively, to trust, be confident or sure: **KJV** - be bold (confident, secure, sure), careless (one, woman), put confidence, (make to) hope, (put, make to) trust.

Philippians 3:3

For we are the circumcision, which worship God in the spirit, and rejoice in Christ Jesus, and have no **confidence** in the flesh.

Covenant

Psalm 56

¹² **Thy vows** [promise] are upon me, O God: **I will render praises unto thee.**

God – [OT:430](#) אֱלֹהִים **'elohiym** (el-o-heem'); plural of [OT:433](#); gods in the ordinary sense; but specifically used (in the plural thus, especially with the article) of the supreme God; occasionally applied by way of deference to magistrates; and sometimes as a superlative:

KJV - angels, ^x exceeding, God (gods)- dess, -ly), ^x (very) great, judges, ^x mighty.

Psalm 50:14

Offer unto God thanksgiving; and **pay thy vows unto the most High**:

Psalm 61:8

So will I sing praise unto thy name for ever, that I may **daily perform my vows**.

Vows – [OT:5088](#) נָדַר **neder** (neh'-der); or **neder** (nay'-der); from [OT:5087](#); a promise (to God); also (concretely) a thing promised: **KJV** - vow ([-ed]).

Ecclesiastes 5:4

When thou **vowest** a **vow** unto **God**, defer not to pay it; for he hath no pleasure in fools: pay that which thou hast **vowed**.

Psalm 56 – Daily Deliver from Death

Psalm 56

¹³ For thou hast **delivered my soul from death**: wilt not thou **deliver my feet from falling**, that I may **walk before God in the light of the living**?

Psalm 33

¹⁸ Behold, **the eye of the LORD is upon them that fear him**, upon them that **hope in his mercy**;

¹⁹ To **deliver their soul from death**, and to **keep them alive** in famine.

²⁰ **Our soul waiteth for the LORD**: he is **our help and our shield**.

2 Samuel 22:2

And he said, The LORD is my rock, and my fortress, and my **deliverer**;

Psalm 18:2

The LORD is my rock, and my fortress, and my **deliverer**; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower.

Psalm 40:17

But I am poor and needy; yet the Lord thinketh upon me: thou art my help and my **deliverer**; make no tarrying, O my God.

Psalm 70:5

But I am poor and needy: make haste unto me, O God: thou art my help and my **deliverer**; O LORD, make no tarrying.

Psalm 144:2

My goodness, and my fortress; my high tower, and my **deliverer**; my shield, and he in whom I trust; who subdueth my people under me.

Conclusion

Psalm 116:8

For **thou hast delivered my soul from death**, mine eyes from tears, and my feet from falling.