



Pole Theatre Video Entry Guidelines

Please read these guidelines carefully - your video entry **MUST** comply with these guidelines or it will not be judged

1. Videos must be 2 -3 minutes in length. Longer videos will not be watched beyond 3 minutes.
2. Video entries will be judged on presentation, pole skill and performance ability.
3. Videos **MUST** be on YouTube or Vimeo. Downloadable files are not allowed. Videos may be on unlisted setting in youtube, but not private.
4. The title of the video on YouTube must say that it is a Pole Theatre entry, and must have the entrant's name and category in the title, e.g. Michelle Shimmy's entry in Pole Comedy, Pole Theatre Sydney 2015.
5. The description of the video on YouTube or Vimeo **must contain the entrant's proposed performance description** (so that the judges can easily refer to it while watching).
 - For example: "In my proposed performance at Pole Theatre Sydney 2015 in Pole Comedy, I will be portraying a zombie who comes back to life and is elected Prime Minister of Australia to replace the current Prime Minister, and ends up doing a much better job."
6. If you are entering **Pole Art**, you **must state in the description what style of dance** you are incorporating into your entry, e.g. lyrical, contemporary, commercial, tango etc
7. Videos **must not** be edited in any way and must be filmed in one single take (i.e. no splicing together of different clips).
8. Videos must be of good quality with sufficient lighting.
9. Only one video will be viewed per entrant, per category. Entrants cannot submit multiple videos, unless they are entering more than one category and wish to provide a different video for each category entered.
10. The video must show only the entrant performing. It is not acceptable to submit a group performance and ask the judges to identify the entrant in the group. Human props are allowed to be in the video if they are being used as human props.
11. In Pole Classique, entrants must wear heels in their video entry so that the judges can see that they are able to dance in heels.
12. It is strongly advised that competitors submit a video that matches their chosen category, i.e. if you have chosen to enter Pole Comedy, it is advisable to enter a video of you doing a humorous performance rather than a contemporary lyrical piece. This is so the judges can see that you are capable of comedy. It is also important to make sure you have a balance between tricks and floorwork, and that you demonstrate that you have strong performance skills and have good stage presence, even if your video is filmed in a studio setting. The judges want to see that you are capable of engaging and connecting with an audience.