

EARLY REGISTRATION BY MARCH 1, 2017

All Three Courses: \$975 total
SAVE \$210

Take Two Courses: \$680 total
SAVE \$110

Take Any One Course: \$395
SAVE \$55

A.S.C. CURRENT, FORMER AND OHASHI'S 2015 COURSE STUDENTS: REGISTER BY MARCH 1, 2017 AND RECEIVE AN ADDITIONAL 10% DISCOUNT.

Register after March 1, 2017: \$450 per course

Ohashi's courses are extremely popular and enrollment is limited. REGISTER TODAY!

I _____
FIRST NAME LAST NAME

am registering for:

Oriental Diagnosis Psychology of the Meridians Muscle Meridian Sedation

My email is _____

and my phone is _____

Payment Method: Cheque or Bank transfer

Cheque payable to: Australian Shiatsu College

Bank Transfer to: Australian Shiatsu College

Bank: Commonwealth

BSB: 063 123

Account No: 10 109 119

Reference: "OH" + Surname

Payment Made (please tick)

Full Payment or Deposit of \$ _____

(\$100 deposit to secure your place)

Please email us confirmation of payment:

info@australianshiatsucollege.com.au

phone: 03 9387 1161 fax: 03 9387 1191

address: Australian Shiatsu College

103 Evans St, Brunswick 3056, Victoria

Signature _____ Date: _____

Cancellation Policy: \$100 deposit is non-refundable.

Balance refundable if cancellation given within 30 days of course commencement.



Ohashi's experience with traditional Eastern healing began in his infancy. Born in 1944, near Hiroshima, Japan, he had a weak constitution that made him vulnerable to illness. His strength was restored and has been maintained since by the healing techniques that are central to his teachings. Ohashi has been teaching and practicing for more than 45 years. Ohashi brings humor and joy to his classes, enriching lives with his positive view of the human condition.

In 1974 he founded the Ohashi Institute in New York City, which offered courses in his bodywork method Ohashiatsu®. Soon after he began to teach in Europe establishing many affiliates. He has lectured and taught at the Omega Institute, the Esalen Institute, Harvard University Medical School, Rockefeller University and L'Oreal Paris.

His clients include such notable clients as Liza Minelli, Ralph Lauren, Ani DiFranco, and Henry Kissinger.

He is also the author of six books: Do It Yourself Shiatsu; Shiatsu for Your Baby; Natural Childbirth the Eastern Way; Zen Shiatsu (with Masunaga); Beyond Shiatsu; Reading the Body.

SESSIONS WITH OHASHI: While in Melbourne Ohashi will offer sessions. Each session is a half-hour and is held in a tranquil, peaceful room. We ask that clients arrive at the time of the first treatment so that all enter the room at that time. As Ohashi works on each receiver, the others are welcome to rest or observe while waiting. Typically, four sessions are held at a time. Only those receiving sessions are invited to observe. Observing is a very good way to learn. You can also learn from Ohashi's individual touch.

TUTORIALS WITH OHASHI: During Ohashi's visit he will conduct a special 4-person tutorial for dedicated students. This is a unique opportunity to "work with" and "work on" Ohashi. You will receive immediate feedback, correction and instruction from Ohashi on your technique. Students will learn together, with one hour allotted per student. Space is limited to 4 students. Tutorials are a perfect way to save your time and to learn from direct touch. You will have the opportunity to work on the technique you wish to improve.

SESSIONS AND TUTORIALS ARE OPEN TO ALL.

FOR PRICING AND SCHEDULING EMAIL:

[KAZU@OHASHIATSU.ORG](mailto:kazu@ohashiatsu.org)

Detach and mail to: Australian Shiatsu College 103 Evans St, Brunswick 3056, Victoria

OHASHI
Method®



australian shiatsu college



Ohashi in Melbourne 2017

Ohashi's Oriental Diagnosis

Tuesday 4 – Wednesday 5, April 2017 | 10AM – 5PM

Psychology of the Meridians

Thursday 6 – Friday 7, April 2017 | 10AM – 5PM

Muscle Meridian Sedation

Saturday 8 – Sunday 9, April 2017 | 10AM – 5PM

ALL WORKSHOPS HELD AT:

Australian Shiatsu College
103 Evans St., Brunswick, Melbourne

MORE INFORMATION

AustralianShiatsuCollege.com.au ■ Ohashi.com

Ohashi's Oriental Diagnosis

Long before X-rays and MRIs, traditional healers used noninvasive methods to assess personal health, lifestyle, and character. For the Oriental diagnostician, the body is the physical manifestation of the soul and reveals both symptom and cause.

Ohashi compares Eastern and Western approaches to health based on his many years of observing clients and students, and explains the precepts in a language all can understand. You will learn about many diagnoses of the body including face and body diagnosis, back diagnoses with bilateral distortion, movement diagnosis.

Psychology of the Meridians

Ohashi says that our life is the manifestation of physical and psychological energy. Even today most Western psychologists do not consider the physical body when analyzing psychological states. Yet there are dozens of clues the physical body holds that can reveal one's state of mind and even past traumas.

In this workshop you will learn to recognize human psychology as it manifests itself in the meridians. Ohashi will teach:

- **How Ki manifests itself in daily life**
- **Exercises for specific psychological problems**
- **How to treat particular psychological problems with OHASHI Method / Ohashiatsu techniques**

Workshop participants will have the opportunity to perform the exercises and practice the techniques by working in pairs.

Muscle Meridian Sedation

In this workshop Ohashi will show whether to increase or to decrease the energy/strength of a group of muscles to improve the mobility and health of the client. When you are practicing shiatsu and other bodywork modalities, you have to:

- **Analyze, evaluate and diagnose your client's problem**
- **Decide what treatment technique your client needs**
- **Perform the technique to get results**

In this class you will learn how to make a correct diagnosis and to choose the best technique for maximum results. These techniques will enrich your professional treatment by making you more effective and efficient.

Ohashi has developed his muscle-meridian sedation and activation techniques over forty years of practice and study of Eastern diagnosis, kinesiology, meridian therapy, Japanese martial arts, movement and dance.

