

ANTACIDS

QUICK QUESTIONNAIRE FOR HOMEOPATHIC RECOMMENDATIONS

Patient's Name: _____

Date: _____

Yes

No

Have you ever been diagnosed with an ulcer?

If so, when? _____

What type of ulcer were you told you have? _____

What are the symptoms? _____

Does anything make it feel better?

If so, what? _____

How long have you had these symptoms? _____

Any previous infections? Describe: _____

Do you experience heartburn or indigestion? When? _____

What does it feel like? _____

What makes it feel better? _____

What makes it feel worse? _____

Exactly where do you feel any discomfort? _____

Do you experience gassiness? When? _____

Do you experience cramps or pain with gas?

Describe location and what it feels like. _____

What makes it feel better? _____

What makes it feel worse? _____

When you have gas, is it difficult or easy to pass? _____

Does it have a foul odor?

Describe: _____

How would you describe your diet (eat healthy foods, high fat, sugar, eat regularly, etc.)

and appetite? (good, fair, poor) _____

Does your abdomen get distended?

Do you crave any particular foods? List. _____

Do you have an aversion to any particular foods? List. _____

What is your sleep pattern and quality like? (How many hours, frequent awakening, sound or restless sleep, dreams, etc?) _____

Describe your current bowel function. _____

Any changes in your bladder or kidney function?

Do you experience any sadness or depression?

If so, describe. _____

Is the sadness or depression better or worse at any particular time of the day or month?

What aggravates it or makes it better? _____

How would you describe your personality? (Behavioral and emotional characteristics, i.e. impatient, easygoing, happy, sad, etc.) _____

How would others describe you? (Behavioral and emotional characteristics, i.e. impatient, easygoing, happy, sad, etc.) _____

Do you experience any restlessness?

If so, please describe. _____

Do you have any fears? What are they? _____

What brings you pleasure? _____

What brings you joy? _____

Notes:

