

How to Check Your Ring Size

Using a piece of paper, string or a tape measure, measure around your finger and mark where the ends overlap. Measure this and compare your result against the chart below, keeping in mind that you need to be able to get a ring over your knuckle. If you are looking at a wide ring, you may need to go up one size to account for the width.

Equivalent Sizes						Inside Diameter of Ring		Inside Circumference of Ring	
US & Canada	British & Australian	French & Russian	German	Japanese	Swiss	MM	Inches	MM	Inches
3	F	44	14	4	4	14.05	0.553	44.14	1.74
3 1/8	F 1/2	-	-	-	-	14.15	0.557	44.45	1.75
3 3/8	G	45 1/4	-	5	5 1/4	14.36	0.565	45.11	1.77
3 5/8	G 1/2	-	-	6	-	14.56	0.573	45.74	1.80
3 3/4	H	46 1/2	-	-	6 1/2	14.65	0.577	46.02	1.81
4	H 1/2	-	15	7	-	14.86	0.585	46.68	1.84
4 1/4	I	47 3/4	-	-	7 3/4	15.04	0.592	47.25	1.86
4 1/2	I 1/2	-	15 1/4	8	-	15.27	0.601	47.97	1.89
4 5/8	J	49	15 1/2	-	9	15.40	0.606	48.38	1.90
5	J 1/2	-	15 3/4	9	-	15.70	0.618	49.32	1.94
5 1/8	K	50	-	-	10	15.80	0.622	49.64	1.95
5 3/8	K 1/2	-	-	10	-	16.00	0.630	50.27	1.98
5 1/2	L	51 3/4	16	-	11 3/4	16.10	0.634	50.58	1.99
5 7/8	L 1/2	-	-	-	-	16.41	0.646	51.55	2.03
6	M	52 3/4	16 1/2	12	12 3/4	16.51	0.650	51.87	2.04
6 1/4	M 1/2	-	-	-	-	16.71	0.658	52.50	2.07
6 1/2	N	54	17	13	14	16.92	0.666	53.16	2.09
6 3/4	N 1/2	-	-	-	-	17.13	0.674	53.82	2.12
7	O	55 1/4	17 1/4	14	15 1/4	17.35	0.683	54.51	2.15
7 1/4	O 1/2	-	-	-	-	17.45	0.687	54.82	2.16
7 1/2	P	56 1/2	17 3/4	15	16 1/2	17.75	0.699	55.76	2.20
7 3/4	P 1/2	-	-	-	-	17.97	0.707	56.45	2.22
8	Q	57 3/4	18	16	17 3/4	18.19	0.716	57.15	2.25
8 1/4	Q 1/2	-	-	-	-	18.35	0.722	57.65	2.27
8 5/8	R	59	-	-	19	18.61	0.733	58.47	2.30
8 7/8	R 1/2	-	-	-	-	18.80	0.740	59.06	2.32
9 1/8	S	60 1/4	-	-	20 1/4	19.10	0.752	60.00	2.36