

January 13, 2013

Dear Director of Special Education,

I am writing to update you about The Commons, an affiliate of The Help Group's Project Six. The Commons is a 24-hour therapeutic residential program for adolescents that specializes in addressing Autism Spectrum Disorders and social-emotional challenges. The program incorporates intensive special education, individual therapy, group therapy, family therapy, and a sophisticated therapeutic milieu to develop an individual and comprehensive treatment approach for each resident.

The Commons is located in Los Angeles' vibrant and diverse San Fernando Valley and accepts referrals for children ages 13-18 from all over California and throughout the country. The program is led by Erica Rocklin, MFT. Erica has more than ten years of experience developing and directing residential programs in California. The Help Group has been providing quality residential treatment to children, adolescents, and adults since 1984.

The Commons proudly employs evidence-based behavioral interventions including Cognitive Behavioral Therapy, Applied Behavioral Analysis, and PEERS[®], a manualized, ecologically valid social skills training intervention for adolescents and young adults. Residents at The Commons receive a comprehensive, individualized education at one of The Help Group's state-of-the-art non-public schools. Depending on educational, social, and emotional needs, adolescents may attend Village Glen, Bridgeport, Coldwater Canyon Prep, or North Hills Prep. They also have the opportunity to explore a wide range of enriching activities and are encouraged to develop areas of personal interest.

We currently receive referrals from a number of school districts as an Educationally Related Mental Health Service (ERMHS) and from individual community professionals. I'd like to invite you to visit The Commons and learn more about our program and our commitment to adolescents with special needs. To learn more about The Commons or to schedule a visit, please contact Erica Rocklin, MFT at 818-779-2032 or me at 818-779-5262.

Sincerely,

Jason Bolton, Psy.D.
Chief Psychologist
The Help Group

Village Glen School ▪ Bridgeport School ▪ Sunrise School ▪ Young Learners Preschool for Autism
Village Glen Commons Boarding Option ▪ Bridgeport Vocational Training Center
The Help Group - UCLA Autism Research Alliance ▪ The Help Group Center for Autism Spectrum Disorders
The Help Group National Autism Foundation ▪ Kids Like Me Camps ▪ Camp Discovery ▪ Advance LA
Club LA/Club LA Teen ▪ Silverlining Resale Boutique/Vocational Training Center
Kids Like Me After-School Enrichment & Social Skills Groups

Summit View School ▪ Coldwater Canyon Prep ▪ The Help Group - UCLA Neuropsychology Program
North Hills Prep ▪ The Help Group Child & Family Center ▪ Project Six

CULVER CITY ▪ SHERMAN OAKS EAST ▪ SHERMAN OAKS WEST ▪ VALLEY GLEN ▪ VAN NUYS NORTH ▪ VAN NUYS SOUTH