

Learn how Adverse Childhood Experiences impacts children and how Palm Beach County is #FightingACEs.



**Children's Services Council**  
PALM BEACH COUNTY  
MONDAY MORNING UPDATE

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September 12, 2016

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## News

### Free film screening of *Resilience: The Biology of Stress and the Science of Hope*

Join the Center for Childhood Counseling for a free film screening on **Thursday, Sept. 29, 5:30 - 7:30 p.m.**, at the Dreyfoos School of the Arts Auditorium, 501 S. Sapodilla Ave., West Palm Beach. We will be showing the movie *Resilience: The Biology of Stress and the Science of Hope*. This documentary reveals how toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time and early death. Trailblazers in pediatrics, education and social welfare are using cutting-edge science and field-tested therapies to protect children from the effects of toxic stress. After the screening, hear from a panel of area leaders and experts, including the CEO of Children's Services Council of Palm Beach County, Lisa Williams-Taylor. The audience will get a chance to ask the panel about what is being done in Palm Beach County about ACEs (Adverse Childhood Experiences). Space is limited and you must RSVP. [Click here](#) to RSVP. To learn more about what ACEs are and the Center for Child Counseling's #FightingACEs initiative, [click here](#).



[Click here to watch!](#)

## News

### Mental Health Association seeking participants

## for focus groups on Tardive Dyskinesia

Mental Health America is looking for individuals interested in participating in a local focus group for those who live with Tardive Dyskinesia, TD. Tardive Dyskinesia is a condition resulting in involuntary movements of the face, torso or limbs. The group will be held on Friday, **Sept. 16, 1 - 3 p.m.**, at Peer Place, 2100 45th St., Suite B12, West Palm Beach. This two-hour focus group will discuss the challenges faced by people living with this condition, the effectiveness of treatment and the type of treatment they receive. The group is limited to 10 participants. Applicants will be chosen to ensure diversity. All participants will receive a \$250 honorarium. For more information, please call 561.832.3755.

**News**

## Go to Grow – September is Attendance Awareness Month

The School District of Palm Beach County has joined schools across the nation in supporting Attendance Awareness Month during September. Throughout the month, the District will be promoting the message of “Go to Grow” – students must be in the classroom all day, every day, to learn the lessons that will prepare them for future success. The “Go to Grow” initiative includes public service announcements recorded by Palm Beach County schools alumni and current NFL stars Anquan Boldin and Brandon Flowers to promote the importance of attendance. [Click here](#) to watch the public service announcements and learn why attendance matters.

**News**

## Lutheran Services Florida releases request for bid for Early Head Start programs

This request for bid is to solicit family child care homes that operate high-quality, licensed, child care programs in zip codes 33401, 33404, 33405, 33406, 33407, 33476, 33430, 33493 and 33435 to potentially open and run a full day/full year Early Head Start program that follows federal, state and county standards. The agency is required to hold a child care license with the Florida Department of Health and participate in the USDA Child Care Food Program. Please include your capacity and location in response to this posting. [Click here](#) for the pre-determination application on our website or request the pre-determination application from Alina Walker, contact information below. An informational meeting will be held on **Tuesday, Sept. 20, 5:30 p.m.**, at 3230 Commerce Place, Suite A, West Palm Beach. Please attend if you would like to be considered. Send pre-determination applications to Alina Walker, [alina.walker@lsfnet.org](mailto:alina.walker@lsfnet.org), or Amy Thomas, [amy.thomas@lsfnet.org](mailto:amy.thomas@lsfnet.org), at Lutheran Services Florida Inc.

## News

### Mounts Botanical Garden and PBC Library System host book discussion series

Mounts Botanical Garden and The Palm Beach County Library System are partnering to host a book discussion series from **September through December**, at the Mounts Botanical Garden, 531 North Military Trail, West Palm Beach. This series provides an opportunity for book lovers and horticulture enthusiasts to meet and discuss a dynamic selection of fiction and non-fiction. Each month, the group will meet and discuss a different book while taking in the beautiful grounds of Mounts Botanical Garden. For the book titles, event list and registration information, please [click here](#).

## News

### Celebrate Hispanic Heritage Month with the PBC Library System

The Palm Beach County Library System invites you to join them in celebrating Hispanic Heritage Month. Throughout the month of September, the PBC Library System will celebrate our community's cultural diversity, the beautiful traditions of Latin American countries and the contributions Hispanics have made to American society. Join us for a wide variety of events for the entire family. [Click here](#) for the full calendar of events at your local branch.

## Events

### Hear from a panel of local leaders at the next Women of Wisdom meeting

Join the Healthy Mothers, Healthy Babies Coalition of Palm Beach County, BRIDGES and Community Voice for their Women of Wisdom (WOW) meeting on **Saturday, Sept. 17, 11 a.m. – 1:30 p.m.**, at the Intracoastal Park Clubhouse, 2240 N. Federal Hwy, Boynton Beach. Hear from a panel of local leaders on the importance of prenatal care, the poor birth outcomes in your community and the resources available to pregnant women. Connect with other influential ladies of the church to discuss ways to engage your members in supporting our community's families. RSVP is required. Please call 561.628.5080 to RSVP. To see the calendars of events for all 10 BRIDGES sites in Palm Beach County and their monthly highlights, please [click here](#).

## Events

## **Early Learning Coalition of Palm Beach County hosts Great Give Away of resource materials**

The Early Learning Coalition of Palm Beach County (ELC PBC) is hosting a Great Give Away of the surplus of resource books and materials from their library on **Friday, Sept. 16, 8:30 a.m. - 4 p.m. and Friday, Sept. 23, 8:30 a.m. - 4 p.m.**, at the Early Learning Coalition of Palm Beach County Office in Riviera Beach, 2051 Martin Luther King Jr. Blvd, Ste. 300, Riviera Beach. Providers are welcome to select resource materials at no charge.

### **Events**

## **Register your teen for ACT prep courses with the Riviera Beach Youth Empowerment Program**

Parents, empower your teens by giving them an alternative to the FCAT/FSA while preparing them for college. The Riviera Beach Youth Empowerment Program will hold ACT preparation and strategies classes beginning **Saturday, Sept. 17, 11 a.m. – 1 p.m.**, at the Youth Empowerment Teen Building, 1550 W 28th Street, Riviera Beach. During this four-week program, participants will also receive an ACT proctored (unofficially scored) exam on **Saturday, October 15, 8 a.m. – 12 p.m.** Please call the Riviera Beach Youth Empowerment Program at 561.840.0135 for more information and to register.

### **Trainings**

## **Save the date for the 2016 Race to Equity Summit with My Brother's Keeper Network**

The My Brother's Keeper (MBK) Network of Palm Beach County will hold its 2016 MBK Race to Equity Summit on **Friday, Oct. 7, and Saturday, Oct. 8**, at the Palm Beach County Convention Center, 650 Okeechobee Blvd, West Palm Beach. This conference will bring together participants from government, community organizations, businesses, local residents and leaders from across the state and country. Participants will engage in meaningful dialogue and action that promotes racial equity in Palm Beach County and across the South Florida region. The MBK Race to Equity Summit workshops will focus on the systemic barriers that exist within our education and criminal justice systems. It also will focus on effective strategies to create economic opportunity and mentoring support for young men of color. [Click here](#) for more information and to register.

### **Trainings**

## **Turn on the Light Conference on Child Abuse**

## and Neglect

The Children's Healing Institute will host its 13th Annual Turn on the Light Conference on Child Abuse and Neglect on **Wednesday, Oct. 19, 8 a.m. – 4:45 p.m.**, at the Palm Beach County Convention Center, 650 Okeechobee Blvd, West Palm Beach. Join others who are concerned about the health and welfare of children and families in our community. The conference features educational workshops, a keynote luncheon, a resource area, networking and continuing educational credits (CLEs, CEs, CEUs). Registration costs \$85 before Oct. 1 and then increases to \$95. [Click here](#) for more information and to register.

[Trainings](#)

## Lunch and learn on peer mentoring in health care

The Mental Health Association of Palm Beach County (MHAPBC) will host a lunch and learn workshop on peer mentoring in health care on **Thursday, Oct. 20, 12 – 2 p.m.**, at the Mental Health Association of Palm Beach County office, 909 Fern St., West Palm Beach. Patrick Hendry from Mental Health America will talk about a new program with HCA and MHAPBC that will revolutionize how to help patients in hospitals, reduce re-hospitalization rates and provide new jobs for people with mental illness. Lunch is included. Cost is \$15 for members and \$10 for MHAPBC members. Scholarships and CEUs available. [Click here](#) for more information and to register.

[Trainings](#)

## PBC Cooperative Extension offering relationship classes for singles and premarital couples

The Palm Beach County University of Florida/IFAS Cooperative Extension, through a grant from the US Department of Health and Human Services, is providing relationship education classes in **September and October** for couples and singles under its Smart Couples Florida program. [Click here](#) to learn more about the program and register for upcoming classes.

[Trainings](#)

## Leadership Palm Beach County launches new leadership training workshops

Leadership Palm Beach County (LPBC) has launched a new series of training workshops focused on effective leadership for current and aspiring managers. The new program, Leadership Aspire, was developed based on the results of an assessment LPBC conducted in 2015 that identified a need in the

community for more leadership training. Workshop topics include communication, strategic planning, managing change and leadership competencies. Beginning **Friday, Sept. 30, 8 a.m. – noon**, morning workshops will be held quarterly at Palm Beach State College, 4200 S. Congress Ave., Lake Worth Campus. The program is \$250 per session, or sign up for all 4 and receive a \$200 discount. [Click here](#) for more information and to register.

[Trainings](#)

## **Are you a parent or caregiver of a child with a disability?**

The Arc of Palm Beach County, in collaboration with Parent-Child Center, Inc., is inviting all parents of children with a disability ages 0-12 years to take part in the Stepping Stones Project, which will offer parents the highly successful Stepping Stones Triple P parenting program free of charge. Stepping Stones is a seven-week program that meets **every Wednesday from Sept. 14 through Oct. 26, 5:45 – 7:45 p.m.**, at the Courim Center, 1201 Australian Ave, Riviera Beach. Stepping Stones aims to promote child development and reduce the rates of challenging behaviors by empowering parents to solve problems independently. Participants must attend all 7 weeks. Dinner and child care will be provided. If you are interested in receiving the free parenting support or would like more information on the project, please register by calling Lena Kimball LCSW, Director of Family Services at 561.721.2818 or [L.kimball@arcpbc.org](mailto:L.kimball@arcpbc.org).

[Trainings](#)

## **Dyslexia support groups for parents and educators**

Dyslexia is the most common learning disability that impacts 20% of the population. Speak with other parents who understand dyslexia on **Wednesday, Sept. 14, 7:30 p.m.**, at The Blind Monk, 410 Evernia St., No. 107, West Palm Beach. On **Saturday, Oct. 22, 10 a.m.**, parents and educators are invited to a free lecture, a hands-on simulation and empathy training on dyslexia at the Main Library Branch, 3650 Summit Blvd., West Palm Beach. TP RSVP, please call Rachel at 631.935.5844 or email Tricia at [sld.dyslexia@gmail.com](mailto:sld.dyslexia@gmail.com).

[Trainings](#)

## Upcoming child passenger safety technician course

Want to become a child passenger safety technician? The National Child Passenger Safety Certification Training Course will be taught from **Sept. 14 to Sept. 17** at Boynton Beach Fire Rescue Station #5, 2080 High Ridge Road, Boynton Beach. Classes on **Wednesday, Thursday and Friday** will go from **8 a.m. to 5 p.m.** and the **Saturday** class will be from **8 a.m. to 12 p.m.** Registration costs \$85 and to receive certification, you must attend the entire course. The classes are taught by Safe Kids Palm Beach County. Click here to register. For more information, please contact either Kelly Powell at [kpowell@cp-cto.org](mailto:kpowell@cp-cto.org) or Fatou Benoit at [fbenoit@cp-cto.org](mailto:fbenoit@cp-cto.org).

Trainings

## Join health care professionals at the Future of Medicine Summit

“The Quest for Healthy Aging - Mind, Body and Spirit” will be the theme of the 10th Annual Future of Medicine Summit. From the evening of **Thursday, Sept. 15, through Friday Sept. 16**, this event will bring together over 400 physicians, health care professionals, researchers, elected officials and business, community leaders and community representatives. The summit will be held at the Palm Beach County Convention Center, 650 Okeechobee Blvd., West Palm Beach. For information, to register or learn about sponsorship opportunities, [click here](#) or call 561.433.3940.

Trainings

## Presentation on avoidant and restrictive food intake disorder

The Alliance for Eating Disorders Awareness and Veritas Collaborative will host a presentation on avoidant and restrictive food intake disorder on **Friday, Sept. 16, 8:30 a.m. – 12 p.m.**, at West Palm Beach Event Hall, 2223 Palm Beach Lakes Blvd. #101, West Palm Beach. Avoidant and Restrictive Food Intake Disorder (ARFID) is characterized as a clinically significant disturbance with eating/food; however, these symptoms do not match the criteria for traditional eating disorder diagnoses. This presentation will exhibit epidemiologic data specific to ARFID diagnoses, as well as how ARFID diagnoses have influenced the epidemiology of eating disorders in general. RSVP by **Sept. 14**. [Click here](#) to register. For more information, please call 561.841.0900.

Trainings

## The Center for Child Counseling holds art and

## play therapy workshop for grieving children

The Center for Child Counseling will hold the workshop “When a Young Child Grieves: Art and Play Therapy Techniques for Death, Divorce and Incarceration” on **Friday, Sept. 16, 9 a.m. – 4 p.m.**, at Children’s Services Council of Palm Beach County, 2300 High Ridge Rd., Boynton Beach.

Therapists are called to work with young children dealing with issues that most adults struggle with understanding. This workshop will provide a foundation for incorporating art and play therapy techniques into clinical services with young children affected by death, divorce and incarceration. Early registration rate is \$125 for individual and \$1,200 for a group of 10. After the early registration period, cost is \$150 or \$155 with State of Florida CEUs. \$1,350 for Groups of 10. APT Credits included. [Click here](#) for more information or to register.

Trainings

## Dress for Success Palm Beaches hold job readiness program for young women

For the third year, Dress For Success Palm Beaches is offering the free, ten-week Next Step program, starting **Monday, Sept. 20**, for young women wanting to find a job or start a career. In addition to the traditional skills of resume writing, social media use, interviewing and posting for jobs online, Next Step works to build confidence with a DISC profile, guest speakers, and methods proven to transform young women into young professionals. Any counselors or case workers can contact the instructor, Dr. Diane Katz at [DKCircle@me.com](mailto:DKCircle@me.com) for further information. This free program offers lunch, work outfits, and bus passes to participants. [Click here](#) to learn more about programs from Dress for Success Palm Beaches.

Trainings

## NAMI PBC hosts educational seminar for suicide prevention month

Join the National Alliance on Mental Illness (NAMI) Palm Beach County for an educational seminar on Suicidality on **Wednesday, Sept. 28, 6 – 8 p.m.**, at the Palm Healthcare building, 5205 Greenwood Avenue, Suite 110, West Palm Beach. Presented by Dr. Kelly Everson, co-owner and Florida-licensed psychologist at Palm Beach Behavioral Health and Wellness, this seminar will present statistics and factual data related to suicidality and behaviors associated with suicide, assess suicide risk using evidence-based measures, describe the development of a safety plan and identify the difference between self-injury and suicide behaviors. [Click here](#) to learn more and register.

Trainings

## Trainings from Nonprofits First

Nonprofits First offers a range of classes for nonprofit organizations and staff. Register now before classes fill up. To see the course schedule, visit:

<http://www.nonprofitsfirst.org/index.cfm?fuseaction=courseCatalog.list>

Jobs

## Enhance Your Hiring Search with Free Job Postings

Children's Services Council continues to offer free job postings for CSC-funded providers in Palm Beach County. For job openings at CSC-funded agencies, go to [cscpbc.org/agencyjobs](http://cscpbc.org/agencyjobs).

If you are a CSC-funded agency, contact Paulina Rudzinska at [Paulina.Rudzinska@cscpbc.org](mailto:Paulina.Rudzinska@cscpbc.org) to post a position on CSC's website.

Links

## Check Out These Additional Resources

[Visit the CSC website](#)

[CSC Employment](#)

[CSC Provider Agency Employment](#)

[Search for Trainings](#)

[Check the Local Events Calendar](#)

[Sign up for the MMU](#)

Do you have information for the MMU? Please send information to [mmu@cscpbc.org](mailto:mmu@cscpbc.org) by Wednesday at 5 p.m.

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