How to Access Gifts and Psychic Abilities

Using Your “Sixth Sense”

Common sense has it that possessing gifts and psychic ability is using your ‘sixth sense’. Indeed the perception of bioenergies and what happens in dimensions beyond the physical world, this immediate three dimensional reality you perceive when you are awake, cannot be achieved by simply using our five physical senses, although it does help to sharpen them too.

But how awake are you on a daily basis, and how aware are you 24/7?

Possessing gifts and psychic ability or psychic capacity is hence being able to perceive, to ‘read’ what is beyond the physical realm. This means expanding your level of awareness and for this you need to use other tools, as you need to develop your perceptive ability or capacity.

In a nutshell: psychics are many times also called sensitives. Therefore, one of the main attributes you need to develop if you want to become one is your sensitivity.

Sharpening Your Tools

We all possess the tools and therefore those who want can sharpen them.

Through intense work with energies, any interested individual can gradually become more proficient at inducing at will certain modified states of consciousness, which will in turn allow for psychic phenomena to occur.

There are many different types of psychic abilities all related or resulting from the fact that we do not possess only a physical body or soma, but also an energetic body named by Projectiology as energosoma, plus an emotional body or psychosoma, and the ‘body’ of ideas, or mentalsoma. These four somas we call Holosoma.

It is important ant to work with the whole Holosoma, but some individuals prioritize the mentalsoma (to strengthen our will) and energosoma (to bring to control our energies) as we consider these the less well known and/or conveniently developed areas for most people.

Each individual is invited to find what works best in his/her case in terms of how they learn to work with their gifts and psychic ability, and this is because each one of us is an individual consciousness that has been developing all along lifetimes that are differentiated by characteristics, or consciential attributes. For these reasons, there is no such thing as one ‘size fits all’. 
Making Decisions

There are different types of psychic abilities, and while one individual may be better at one or another, he or she may decide on further developing those skills to spend time, work and energy in developing different ones (thus enhancing her/his awareness and sensitivity to perceive beyond the five senses the other realms of reality).

Here is the List of Psychic Abilities

**Based on the individual’s well developed physical senses:

Clairvoyant – the person who can clearly see non-physical realities or dimensions, surrounding energies, auras, physical people’s psychospheres, and also non-physical consciousnesses.

With a well-developed clairvoyant capacity, one may also come to be able to use it for autoscopy and heteroscopy.

Clairaudient – the person who can hear events occurring at long distance, in the physical world, and events occurring in non-physical dimensions.

The key to develop all psychic abilities is energy, and hence how you work with energy

Clairsensitive – the person who can feel the surrounding energies and non-physical consciousnesses. You can also train to feel all that touches or could touch your skin at a distance from it, by exteriorizing your sensitivity to the periphery of your energosoma, thus producing the effect or becoming a full body/full energosoma ‘radar’.

Some Sensitives are also good at smelling non-physical fragrances.

Remote-viewer – the phenomenon of remote-viewing can also be technically called that of travelling clairvoyance. Therefore the remote-viewer can clearly see consciousnesses, places, and events happening at long distance, either in the physical dimension or in non-physical dimensions. The remote viewer can also describe to an audience, even with eyes open, what is being seen, what is happening in real-time.

Based on the natural or inducible looseness or misalignment of the psychosoma:

Lucid Projector – astral traveller or sky walker, the person that leaves the physical body or soma sleeping in the physical dimension and explores with the psychosoma other physical or non-physical locations, thus gathering information the soma cannot obtain during the waking state. The lucid projection amplifies one’s level of physical and non-physical awareness not just of oneself but also of the reality of all consciousnesses.
Lucid dreamer – the person that achieves control of dreams, becomes increasingly more lucid, and can use the trigger(s) of his/her lucid dreams to further increase lucidity and induce conscious lucid projections (astral travelling).

Precognitor – the person that develops the capacity to gather information from a possible future. To be able to access information from the future means only that you can ‘read’ the possibilities. The future may or may not unfold according to these possibilities, because consciousnesses still have freewill and with it the capacity of choice and to change the future.

Retrocognitor – the person that acquires information from past lives or from the intervals between physical lives where the consciousness lived in non-physical dimensions. This modality can bring to the projector information from what was learnt and planned during these periods spent in non-physical dimensions allowing for present increased discernment in the physical dimension.

Telepath – the person that can ‘read’ the information being transmitted mind-to-mind in physical or non-physical dimensions between the consciousnesses. The telepath is a receptor and a transmitter. We all are. In the physical dimension, telepathy occurs when the alpha rhythms of the two communicating consciousness enter synchronicity. Perhaps for this reason it is easier for two consciousnesses that have more affinity to relate and communicate with each other using telepathy.

Psychometrist – the person that can ‘read’ information contained in the energy of objects. The psychometrist can learn information from the past, the present or details of the personality of the owner of an object and the epoch (time frame) in which he/she lived by reading the energy that got stuck to this object.

The psychometrist reads in the energy of the object the owner’s thoughts and feelings. One of the most positive applications of psychometry is, for instance, in the finding of disappeared people, when associated with precognition. It can also be used to help retrocognition.

Intuitive – the person that can get an intimate clear knowledge of things, and grabs insights that escape the normal thought process. The immediate and instinctive represents a shortcut of the mental soma, a jump over reason, it adds to intelligence.

Psychographer – the person that does psychic writing or automatic writing, being at the moment it happens the instrument of the non-physical consciousness(es) that take over the process of reasoning. This means reasoning is eliminated in favor of becoming the medium of the mind of some other non-physical being who dictates something.

Medium – a person that mediates and brings information from the non-physical dimensions to the physical dimension. We are all mediums, much more than we can think of. We keep bringing information that is transmitted to us through telepathy by non-physical
consciousness around us only too often, and when you don’t know it you think these thoughts you are thinking or these feelings you are having are actually just yours.

Psycophonner – this is when a non-physical consciousness uses your physical body and speaks through you. This process can happen consciously or unconsciously, hence the interest in learning more about it. In mediumship, the medium is the mouth piece of the extraphysical consciousnesses that wish to manifest or convey their messages to the physical dimension.

Physical ectoplasmic medium – the person whose levels of ectoplasmy allow for the dense, almost physical manifestation of non-physical consciousnesses and non-physical objects.

Ectoplasm is a dense semi-physical and non-physical energy that can be produced by some people (ectoplasm mediums). It is a very plastic substance that contains leukocytes, epithelial cells, fat, albumin, combined with other non-physical substances and presents an unstable form, looking like tenuous vapors, spirals, threads, cords, webs, rays, and seems to be an intelligent being.

Ectoplasmy is a complex phenomenon that implies temporary dematerialization of the ectoplasm medium, materialization of different forms, and posterior re-materialization of the ectoplasm medium. During this process people around the medium can see the dematerialization, the materialization, and the re-materialization, so this is a phenomenon that can be witnessed, and to this day there are many people conducting séances during which these phenomena can happen.

Psychic Surgeon – Thanks to the abundance of ectoplasmic energy and well developed mediumship, some people have/can become psychic surgeons, operating intraphysically while guided by extraphysical non-physical consciousnesses. Generally, the psychic ectoplasm mediums were not surgeons by profession, but the non-physical consciousness operating through them were. There are ample examples in China, Brazil, and the Philippines of this type of work being done.

Telekinesist – the person that can move objects without touching them. Besides making objects move in your awaken state, people can do this when projectors act like non-physical consciousnesses and produce phenomena like finding objects, making them disappear, produce: combustion, electromagnetic, electrochemical, photogenic, mechanical, nuclear chemical, and sonorous effects.
Unlocking Gifts, Talents, and Psychic Abilities

I am the Soul of my divine light, today I ask to activate the full range of my spirit gifts, talents, and psychic abilities.

Today and on every other day in my life’s creation I have the gift of clairvoyance as my soul foundation, so that I can clearly see what is meant for me to experience beyond this 3D world. My inner seeing coming to the forefront in my mind, heart, and eyes, these abilities are now open to me. My intuition is raised and activated so that I can explore this gift of seeing colors, numbers, and symbols, being able to clearly interpret these messages that are given to me. Let me be able to see the full scope and spectrum of premonition and recognize this as my right to cognition. Through this invocation my third eye, psychic eye, and psychic vision are now open.

I am the Light Divine, I am Divine Love, I am Divine Will, and I am Divine Truth.

I now activate my ability of clairsentience so that I have clear feeling. I fully receive my intuitive messages connecting with feelings of the higher dimensions, and all feeling of 3D life force. The intuitive feelings are guided with my empath connection to emotions, and physical sensations, my abilities to feel true empathy of myself and others around me. I have the ability to fully know when someone tells an untruth, or is lying, I am protected in the guidance I receive through my clear feeling. I am an empath, a being of spiritual and intuitive expression in my living life.

I am Divine Understanding, and I hold my I am Divine Wisdom, honoring the gifts of my spiritual nature.

I step into my natural powers of clairaudience where I am able to have clear hearing for all that is my knowing and sensing. I am my own free will of intuiting and receiving messages without needing to use my physical ears. I know and hear the sounds in all the ranges of universal vibrations, energies, and frequencies. My inner hearing is now fully activated. I listen to my inner voice of wisdom, guiding me on my life’s path. My connection stands strong in hearing my higher self, spirit guides, totem animals, and all other beings of the highest benevolent light in the multiverse. I am able to hear sounds that others cannot hear, I am connected to the strength of hearing spirit voices, sounds, and music of the higher realms, they sing and speak to me on all levels of life’s creation. My ability is now activated to hear words, phrases, and names from those who have passed on, I am protected in doing this divine work, let no harm ever come to me on any and all the higher dimensions in existence. The source and creator comes
to me allowing me to hear all universal knowledge that is my right to know and absorb into the light body that is my sacred being.

I am my own Divine Order, I am Divine Power, and I am my own Divine Living Design in all that I do, feel, see, express, and desire in this life’s creation that is my ultimate sensation.

I come into my highest self, the soul being that I AM, standing on this newly discovered journey of my life experience, an expression of all my divine creation, the strong and competent person that I am and will always be, my light and wisdom acknowledges this as my divine source of soul fulfillment without selfish intention, I embrace all gifts, talents, and psychic abilities that freely come to my will of highest being.

My ability is fully activated and recognized as my claircognizance, so I welcome to my life my right of clear knowing. I know things without always needing logic or facts. My inner knowing is full in rising now. My intuitive thoughts are now all here any time I wish to access them. My trust can be measured by what I sense in clear knowing of what can happen in the here, now or a forth coming future, let me know the truth of what is revealed to me. I have my highest extrasensory perception at hand for any time that I may need it, it is always there for me as a cherished talent to embrace. My intuitive thoughts come clearly to me now so I can intercept and interpret what is to come ahead, knowing beforehand what may happen in a living experience of my now universe. All my intuitive abilities to experience psychic strength of wisdom are welcomed visions are part of my life’s creation in this divine soul inspiration.

I stand now in my heart’s desire and design to fully experience all other gifts, talents, and psychic abilities that come my way as I am open to these possibilities. In current time or future which comes let me be able to astral travel, teleport to many and all places in the my guidance of the universe, time travel to all my lifetimes of my soul divine, let me be able to levitate what is in my soul expression, harnessing the elements of nature’s creation so that I may work with air, water, earth, and fire at my heart’s desire. I am the being of my highest manifestation, I can create and manifest anything that is for the highest good on the etheric realms into the physical worlds of my existence that helps to improve my life, bringing joy, harmony, and peace to my living soul. Let this be seen and expressed on all levels of my soul creation and divine inspiration. As above, so below, blessings to my soul and all creation in peaceful motivation, so mote it be for the heart to see.
Coming in Contact with Your ET Soul Group

I enter now on the cosmic and physical levels to speak to the ones of my heartfelt soul on the higher dimensional planes, let them come down to me so I can see and interact with you.

Please feel my intension in seeing and hearing you, visit me on this physical plane of existence, as well as all the higher dimensional realms.

I am now shining the celestial grace of love and beauty, as I now make contact with the lighted beings of my soul’s divine creation.

This is done with my love and heart expression, as I am now in contact with the benevolent higher dimensional beings of my soul group.

Let this meeting of our combined multidimensional experience happen now and come forth as my heart’s desire, to inspire my meeting place with the ET’s of my soul in the hands of safety and peace.

This is all part of my new life reality of joy and happiness in my devotional contact experiences with my ET friends.

I am open in my thoughts to receiving the energetic goodness of universal knowledge, these are beneficial exchanges coming through in interacting with the cosmic energies of our chosen lives in the story of space time continuum.

Our eternal beings interchanging in expressions of life’s incredible manifestation of bountiful creation.

So above, as below, so mote it be for the higher dimensional realms to witness my free will and higher soul protection in both mind, body, and spirit, eternal life the gift of the immortal heart beating strong now and forever on.

As I now embrace my light body and fully awaken in my exploration of higher dimensional life. So it is, so it be.