

Thursdays, Fall 2015

T-Th 1 Water Aerobics with Bonnie Fayssoux

Tuesdays and Thursdays from 11 – noon at the SUNY Pool Bouck Hall

Sept. 15 – Nov. 10 with the exception of Oct. 13th

Exercise your body, increase your heart rate and join in the fun without the high impact stress of other forms of workouts. Open to both males and females.

Cost is \$30 for 8 sessions, \$50 for all 16 sessions. The Water Aerobics fee goes toward pool time rental and the cost of lifeguards. This fee may be included in your registration fee. For those who wish to swim laps, afterwards (noon – 1 pm) you may pay \$4, on site, to the college lifeguard.

TH – 2 Shakespeare with Barbara Klein

1:30 – 3 pm Community Library, 110 Union St. in Cobleskill

Sept. 17, 24, Oct. 1, 8, 15 Note: the class on Sept. 17th has to begin at 2 pm. One week only

Barbara studied in Stratford on Avon for 3 summers and will share her wealth of knowledge about Shakespeare, the man and his times, his theater and three of his plays, a comedy, a tragedy and a third selection. As we go to print, Barbara is making her selections and they will be provided to those who register.

TH – 3 Greeting Cards with Nancy Van Deusen

3 Sessions Oct. 1, 8 & 15 2- 3 pm. New Location: St. Vincent's church hall; 138 Washington St. Cobleskill

Learn to make several seasonal greeting cards using various paper crafting techniques.

\$5 for materials payable to the instructor.