

MONDAY, FEBRUARY 2, 2015		Park East		PUEBLO'S FAMILY STEAKHOUSE												
6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30					
FOX 21 News at 6 p.m. (N) [21]	FOX 21 News at 6:30 p.m. (N) [21]	Gotham "The Fearsome Dr. Crane" Gordon and Bullock hunt down a killer who targets victims with severe phobias. (N) [21]	Sleepy Hollow "Spellcaster" A warlock who triggered the Salem witch trials returns to find a book of spells. (N) [21]	FOX 21 News at 9 p.m. (N) [21]	Modern Family "Suddenly, Last Summer"	Modern Family "Bringing Up Baby"	Two and a Half Men "Hookers, Hookers, Hookers"	Two and a Half Men "Why We Gave Up Women"	News 5 at 6 p.m. (N) [5]	The Celebrity Apprentice "Who Stole My Phone?" In the first task, each team must create a 'photo bomb' and campaign for King's Hawaiian. (N) [5]	State of Affairs "The Faithful" Charlie and Lucas join the FBI manhunt for an Ar Rissalah terrorist. (N) [5]	News 5 at 10 p.m. (N) [5]	(35) The Tonight Show Starring Jimmy Fallon Michael Keaton and Gwen Stefani visit the show tonight. (N) [35]	(35) Seth Meyers John Oliver, Mike & Mike, Kid Ink (N) [35]		
PBS NewsHour An analysis of current events with a news summary, discussions, and news features. [2]	Antiques Roadshow "Austin (Hour One)" Highlights include a 1607 Galileo letter, a jewelry collection of a diamond and sapphire. (N) [2]	Antiques Roadshow "San Diego (Hour One)" A handwritten draft of "Stormy Weather"; 1864 Tiffany jewelry; Robert Henri painting. [2]	A Path Appears A look at children living in poverty in Haiti and education for girls in Kenya's slums. (N) [2]	BBC World News A report on the day's international news. [2]	Charlie Rose (N) [2]	Wheel of Fortune [11]	11 News @ 6:30 p.m. [11]	2 Broke Girls "And the Move-in Meltdown" (N) [11]	Mike & Molly "Mike Check" (N) [11]	Scorpion "Risky Business" Team Scorpion enlists the help of a musician to help find out who killed a music blogger. [11]	NCIS: Los Angeles "Black Wind" Callen and Sam head to Mexico undercover as food truck owners to stop an anthrax outbreak. (N) [11]	11 News @ 10 p.m. [11]	(35) The Late Show With David Letterman Jack Hanna and Sharon Jones visit Dave tonight. Guests Jack Hanna, Sharon Jones and the Dap-Kings (N) [35]	(35) Jimmy Kimmel Live This distinctive late-night talk show features celebrity guests, bands and comedy. [35]	(35) The Late Show Marion Cotillard, Dame Edna Everage (N) [35]	(35) ABC News Nightline In-depth reporting on major news stories. [35]
Newschannel 13 at 6:00 p.m. [13]	Entertainment Tonight [2]	The Bachelor Chris and the women travel to the picturesque Santa Fe, New Mexico. (N) [2]	Castle "I, Witness" Castle's client is murdered right in front of his eyes, but he has no proof. (N) [2]	Newschannel 13 at 10:00 p.m. [13]	(35) Jimmy Kimmel Live This distinctive late-night talk show features celebrity guests, bands and comedy. [35]	(35) The Late Show Marion Cotillard, Dame Edna Everage (N) [35]	(35) ABC News Nightline In-depth reporting on major news stories. [35]									

CREATURE FEATURE

Bald is beautiful

Zoo's eagles emblematic of back-from-the-brink success story

BY ABIGAIL KRAUSE
SPECIAL TO THE CHIEFTAIN

The North American love affair with bald eagles has all the elements of a great drama: hero worship and idolism, death and tragedy, remorse and rescue — and, ultimately, admiration and respect. Yes, we Americans have loved our eagles to the brink of death and back.

Native Americans have long venerated this majestic bird as sacred. U.S. founders were fond of comparing themselves to the Roman Republic, which used eagle imagery to represent itself and thus followed suit in naming the native North American bald eagle as both the national bird and national animal.

Tragically, what followed in U.S. history despite or, in some cases, because of our obsession with the birds, almost caused their extinction. From the 1700s to the 1960s, numbers decreased as a result of habitat loss, hunting, lead shot, and most notably, pesticides like DDT. DDT is thought to have caused a thinning of eggshells and a failure to reproduce. In 1963, there were only 417 breeding pairs left in the wild. Legal protective acts, particularly the banning of DDT in 1972, helped to save the species.

Happily, the bald eagle has become an endangered species success story. Although bald eagles are still facing habitat loss, pollution and the risk of running into power lines or vehicles, the population has recovered and numbers continue to increase. Bald eagles were removed from the endangered species list in 2007 because their populations recovered sufficiently. There are now estimated to be 10,000 breeding pairs in the continental U.S.

Bald and golden eagles are protected under the Migratory Bird Treaty Act and the Bald and Golden Eagle Act. As a result, it is illegal for healthy, able-bodied eagles to be kept in captivity. However, if an eagle is being "rehabilitated" or is permanently unable to fly, qualified organizations are given permits to house and care for the birds. Pueblo Zoo is home to three such birds — two bald eagles and one golden eagle.

Our bald eagles came from the Great Basin Wildlife Rescue in southern Utah in early 2011. Freedom (female) was found by a truck driver;



CHIEFTAIN PHOTO/JOHN JAQUES

One of the Pueblo Zoo's two resident bald eagles enjoys a recent wintry day.

IF YOU GO

Scientific name: *Haliaeetus leucocephalus*
Common name: Bald eagle. "Bald" comes from an old word that means "white," named for the white feathers covering the eagle's head.

Description: The bald eagle is the second-largest bird in North America (after the California condor). The most distinct feature is the white head, which contrasts with a dark-brown body and wings. The tail feathers are also white. Bills, feet and legs are yellow. Males and females look the same, though females are larger. Wingspan ranges from 5½ feet to 8 feet across and the birds typically weigh between 6 and 10 pounds. Bald eagles are carnivores (meat-eaters) that eat a variety of prey, including fish, birds, mammals, reptiles, amphibians, crustaceans and even garbage at times. Fish is their preferred food. Bald eagles have incredible eyesight, seeing seven times more sharply than humans, which aids them in hunting.

Range: Bald eagles are the only eagle native only to North America. They are found in Canada, the United States and sometimes in Mexico. Some populations are year-round residents, while others may migrate south during the winter.

Habitat: Bald eagles usually live in forests that

are located near large bodies of water (lakes, rivers, reservoirs or near the coast), although they can sometimes be found in more open habitats, such as arid parts of the south.

Behavior: Hunting occurs through a variety of means. Bald eagles will catch prey directly, scavenge for food or steal it from other eagles or large birds. They are adept hunters, using their large, strong talons to catch birds (up to the size of geese), fish and mammals while in flight. Sometimes, bald eagles hunt cooperatively, with one bird scaring up prey for another to catch. They will gather in large groups where there is abundance of food; for example, when salmon spawn, hundreds of eagles may roost together. Bald eagles also wade in shallow water and catch fish with their bills.

Reproduction and rearing: Bald eagles are monogamous, usually pairing for life. They are known for having complex bonding rituals, which involve acrobatic flight displays, sometimes culminating in the eagles locking talons and cartwheeling toward the ground, breaking apart at the last minute. Pairs become very aggressive and territorial during mating season. They build a large nest together and usually return to it year after year, adding on to the nest that already exists. The larg-

est nest recorded was 10 feet across and weighed 2 tons. Typically, there are 1-3 eggs in a clutch and eggs hatch after a monthlong incubation. The chicks are entirely dependent upon their parents and typically fledge after about 80 days, although they stay with their parents for an additional six weeks. Young bald eagles are entirely covered in dark-brown feathers and do not fully develop their adult plumage until their fifth year, which is also when they start to breed.

Predators: Bald eagles are at the top of the food chain, so they do not have any natural predators. The biggest risk to the eagles comes from humans.

Lifespan: Bald eagles can live about 15-28 years in the wild and up to 36 years in captivity.

Conservation status: Least concern.

What can I do at home? There are several eagle cameras that are set up at nests so people can view eagle chicks growing up. Three worth checking out are in Platteville (birdcam.xcelenergy.com/Cams/Eagle_Top); Decorah, Iowa (ustream.tv/decorah-eagles); and Minnesota (webcams.dnr.state.mn.us/eagle).

— Mo Walsh

References: arkive.org; nationalzoo.si.edu; sandiegozoo.org; denver-zoo.org; iucnredlist.org

she was starving and had a compound wing fracture and heavy metal poisoning. Parker (male) was found with a "dead wrist," making him unable to fly. Both have partially amputated wings but are otherwise healthy.

These two majestic birds can be seen in the zoo's Historic District in what used to be the old

bear pits. These "pits" are no longer suitable for housing mammals, but they make a fantastic, natural habitat for the eagles.

Get a glimpse of these amazing birds either by visiting the zoo or by attending this weekend's Eagle Days at Lake Pueblo State Park (puebloeagle-days.org).

FOR BETTER OR WORSE

BY LYNN JOHNSTON



At first blush, it's inexplicable



DEAR ABBY
Life

Dear Abby: I have a problem with blushing. Whenever I'm the center of attention, even if it's with just one other person, my face goes bright red. This even happens when I'm not feeling embarrassed.

I've learned to cope with the feeling of my face flushing. What I'm having trouble with is people's comments about why my face is so red. I've never been able to come up with a good response. Telling them I'm not really embarrassed is met with skepticism. Please help. — Red-Faced in Memphis

Dear Red-Faced: My advice is to be upfront and tell the questioner that you don't know why it happens, but you're not embarrassed. As you already know, blushing can happen if someone suffers from a social phobia. In cases like that, counseling and support groups can help. However, because you find it happening even when you are not pressured or embarrassed, discuss it with your physician to be sure there isn't an underlying physical problem.

Dear Abby: I've been dating my 42-year-old boyfriend, "Mike," for a year. I love him, but he's a heavy drinker. He has a glass or two of whiskey on a daily basis and goes through a huge bottle of whiskey every weekend. (He also drinks beer like water.) When I asked him to cut back, he refused because he "loves" whiskey. I have never seen him drunk or act intoxicated, so he obviously has a high tolerance.

It bothers me that Mike drinks so much and that he won't cut back. I told him I wouldn't marry him unless he does. My problem is, I don't know whether he's an alcoholic since he doesn't ever show signs of intoxication. I've been told that alcoholism is a progressive disease and that it will only increase.

What constitutes an alcoholic? Is it possible for Mike to drink every day but not be one? I don't want to lose him, but he also has a very bad temper, and I'm afraid it's not a good combination if we were to get married. — Torn in North Carolina

Dear Torn: You are right to be concerned. Even if Mike promised "not to drink so much," he might backslide on his promise after the wedding.

Also, has it occurred to you that the whiskey may be part of what is causing Mike's bad temper? Large quantities of alcohol have been known to alter a person's perception, and the results can be explosive. If you haven't already done so, consider attending an AL-Anon meeting, which may confirm this.

I'm not a medical doctor, but it would be interesting to know what your boyfriend's physician thinks about the amount of alcohol he consumes, because the quantity you say Mike puts away may put him at risk for cirrhosis of the liver.

This may be more information than you asked for, but I don't think Mike is marriage material because it appears he is already wedded to his bottle.

Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

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