BECOMING A WOMAN OF PRAYER

WEEK 1 – Prayer Outlines

Spiritual Maturity

Heavenly Father,

I thank You that it is by Your grace that You save us, and it is by Your Spirit that we are made more and more like Jesus as we are conformed to His image. Today, I thank You for the glorious and transformative work You want to do in \_\_\_\_\_\_\_\_\_\_\_\_\_’s life. In the name of Jesus, I ask that \_\_\_\_\_\_\_\_\_\_\_\_\_\_may be filled with the knowledge of Your will in all wisdom and spiritual understanding; that \_\_\_\_\_\_\_\_\_\_\_\_\_ may walk worthy of You, fully pleasing You*,* being fruitful in every good work and increasing in the knowledge of who You are; strengthened with all might, according to Your glorious power, for all patience and longsuffering with joy; giving thanks to You who has qualified \_\_\_\_\_\_\_\_\_\_\_\_\_\_ to be a partaker of the inheritance of the saints in the light. You have delivered \_\_\_\_\_\_\_\_\_\_\_\_\_ from the power of darkness and conveyed *\_\_\_\_\_\_\_\_\_\_\_\_\_* into the kingdom of the Son of Your love, in whom \_\_\_\_\_\_\_\_\_\_ has redemption through Jesus’ blood,the forgiveness of sins.

Therefore, l ask that the word of Christ dwell in \_\_\_\_\_\_\_\_\_\_\_\_ richly in all wisdom and teaching as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_encourages others in psalms and hymns and spiritual songs, singing with grace in \_\_\_\_\_\_\_\_\_\_\_\_ heart to You.

Father, I also ask that Christ may dwell in \_\_\_\_\_\_\_\_\_’s heart through faith; that \_\_\_\_\_\_\_\_\_\_\_\_\_, being rooted and grounded in love, may be able to comprehend with all the saints what *is* the width and length and depth and height— to know the love of Christ which passes knowledge; that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ may be filled with all the fullness of God. In the all powerful name of Jesus, I pray. Amen!

Rom. 8:29

Col. 1:9-14; 3:16

Eph. 3:17-19

BECOMING A WOMAN OF PRAYER

WEEK 1 – Prayer Outlines

Refuge

O, heavenly Father, there is indeed no God like You, the God of Israel. You ride across the heavens to help \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_; You ride across the skies in majestic splendor. Thank You, Father, that the eternal God is \_\_\_\_\_\_\_\_\_\_\_\_\_\_’s refuge. Thank You that Your everlasting arms are upholding \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Thank You, Lord, that You are \_\_\_\_\_\_\_\_\_\_\_\_’s protecting shield and triumphant sword. I ask you to draw \_\_\_\_\_\_\_\_\_\_\_\_\_ to Yourself and as \_\_\_\_\_\_\_\_\_\_\_\_takes refuge in You, fill \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with exceeding joy.

For You, LORD, bless the godly; You surround them with Your shield of love. Spread Your protection over \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and fill \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with peace and joy. LORD, I ask You to show \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Your unfailing love in wonderful ways today, and by Your mighty power rescue \_\_\_\_\_\_\_\_\_\_\_\_\_ from every enemy. Hide \_\_\_\_\_\_\_\_\_\_\_\_\_\_ in the shadow of Your wings, protect \_\_\_\_\_\_\_\_\_\_\_\_ from those who attack and from the enemies that surround. LORD, be \_\_\_\_\_\_\_\_\_\_\_\_\_\_’s strength, refuge, rock, fortress, and defender. Protect and shield \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_in Your unfailing love. Be \_\_\_\_\_\_\_\_\_\_\_\_\_\_’s power that saves and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_’s place of safety. In Jesus’ name I pray, amen.

Deut. 33:26-29; Psa. 2:12, 5:1-12, 17:7-9, 18:1-2

NLT

BECOMING A WOMAN OF PRAYER

WEEK 2- Prayer Outlines

Delighting in the Lord

O Lord, thank You that You are \_\_\_\_\_\_\_\_\_\_’s Rock and Redeemer. The heavens proclaim Your glory! Your instructions are perfect and Your decrees are trustworthy; use them Lord to revive the soul of \_\_\_\_\_\_\_\_\_. May \_\_\_\_\_\_\_’s reverence before you be pure, may \_\_\_\_\_\_\_\_\_\_\_\_ find your law more desirable than gold and sweeter than honey. May the words of \_\_\_\_\_\_\_\_\_\_’s mouth and the meditations of \_\_\_\_\_\_\_\_\_\_’ s heart be pleasing to you O Lord!

Lord, fill \_\_\_\_\_\_\_\_\_\_\_\_with heavenly joy, and move \_\_\_\_\_\_\_\_\_\_\_ to delight in Your presence. Fill \_\_\_\_\_\_\_’s heart with Your desire so that they will become \_\_\_\_\_\_\_\_\_\_\_desires. Thank you Lord, that while \_\_\_\_\_\_\_\_\_\_’s flesh and heart may fail, You are the strength of \_\_\_\_\_\_\_’s heart and \_\_\_\_\_\_\_\_\_’s portion forever.

Psalm 19/Psalm 73

BECOMING A WOMAN OF PRAYER

WEEK 4 - Prayer Outline

A Pattern of Prayer

Oh Lord, You are holy and worthy of all honor and praise! Your Name is above all other names! Yet we are called your children and can call out to you as “Abba, Father”. Lord, may \_\_\_\_\_\_\_\_\_\_ seek first Your kingdom and Your righteousness, that \_\_\_\_\_\_\_\_\_\_\_ may prove what is Your good and perfect will. O Lord, as \_\_\_\_\_\_\_\_\_\_\_\_ comes to you for their daily provision, supply all \_\_\_\_\_\_\_\_\_\_\_’s needs according to Your riches in glory in Christ Jesus.

Lord, as \_\_\_\_\_\_\_\_\_\_\_\_ forgives others even as \_\_\_\_\_\_\_\_ has been forgiven through Christ Jesus, will You urge \_\_\_\_\_\_\_\_\_\_\_\_to pray for all people, to ask You, Lord, to help them; to intercede on their behalf and give thanks for them, just as Jesus, our High Priest, ever lives to make intercession for \_\_\_\_\_\_\_\_\_\_\_. By Your Holy Spirit Lord, guide \_\_\_\_\_\_\_\_\_\_\_\_’s prayers when \_\_\_\_\_\_\_\_\_\_\_ does not know how to pray in a given situation. Your Spirit knows the deep things of \_\_\_\_\_\_\_\_\_\_\_’s heart and brings them in line with Your will.

Thank You Lord, that Your thoughts towards \_\_\_\_\_\_\_\_\_\_\_ are good and that when \_\_\_\_\_\_\_\_\_\_\_ trusts in You will all \_\_\_\_\_\_\_\_\_’s heart, You will direct \_\_\_\_\_\_\_\_\_\_’s paths and always make the way of escape for \_\_\_\_\_\_\_\_\_\_\_\_ that \_\_\_\_\_\_\_\_\_\_\_\_ may not fall into temptation or evil. To You, O Lord, be all honor and glory!! Amen.

Rom 8&12/Phil 2&4/1Tim2/Col 3/Heb 4/Jer 29/Psalm 3

BECOMING A WOMAN OF PRAYER

WEEK 5 – Prayer Outline

Persevering Persistent Prayer

O Lord, You alone are worthy of all honor and praise! Thank you Lord that we can take refuge in You and You give us rest. By You \_\_\_\_\_\_\_\_\_\_\_is strengthened with all power according to Your glorious might so that \_\_\_\_\_\_\_\_\_ would have great endurance and patience! Lord, help \_\_\_\_\_\_\_\_\_\_\_\_\_\_ to be still and wait quietly before You, that \_\_\_\_\_\_\_\_\_\_\_ may hear the whisper of Your Spirit in her heart. Help \_\_\_\_\_\_\_\_\_\_\_\_\_ to devote herself to prayer, being vigilant and persistent in it, coming to You with a grateful heart. Lord, may \_\_\_\_\_\_\_\_\_\_\_\_\_\_be in constant communication with You, praying without ceasing, being diligent to keep on asking and seeking. Lord, help \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to trust that You hear her as she makes her requests known to You . Lord, show \_\_\_\_\_\_\_\_\_\_\_\_\_ great and wondrous things as You move in the heavenlies to bring about Your perfect will in \_\_\_\_\_\_\_\_\_\_\_\_\_\_’s life. As \_\_\_\_\_\_\_\_\_\_\_\_\_ grows deeper in her intimacy with You, may she grow to crave Your presence even more than the granting of her requests. For nothing compares to You Lord; in Your Presence are fullness of joy and pleasures forevermore! Amen.

Matt 7/Psalm 16/33/62/Col.4/Phil 4/1Thess.5