



IMPROVE YOUR TEAM - IMPROVE YOUR PROJECT!

OUTCOMES

- Improve team morale by involving them in group building activities
- Enhance communications by breaking down old barriers
- Eliminate petty conflicts by moving them quickly through the "storming" phase to "norming" and "performing"
- Develop the team's overall problem identification and resolution skills
- Achieve better current **and** future project success!

OVERVIEW

From the get go you will be on your feet, moving, playing, reacting and thinking fast. We play and problem-solve to enjoy and bounce back from failures, and support the successes! You will do a mix of group and partner work, succeed as an ensemble and if you are feeling up to it: do your own improvised scenes in front of your encouraging team!

Yes, And!	Heighten	Execute as a Team
What is it?	What is it?	What is it?
<p>This is the core of all good teams. Being able to say Yes! We can do this! We will play, have fun, fail and most importantly, learn to succeed!</p>	<p>Heighten offers and create strong relationships. Enjoy bonding with your team while learning how to advance everyone's goals.</p>	<p>The core of any team is working together. Improv is the same, you are working to make your partner and team look the best. We will build scenes, solve problems and work on trust.</p>
<p>You Will Learn To:</p> <ul style="list-style-type: none"> ✓ Accept offers and help ✓ Unlearn fixed/negative opinions ✓ Increase creativity and divergent thinking ✓ Move positive ideas forward 	<p>You Will Learn To:</p> <ul style="list-style-type: none"> ✓ Motivate and increase morale ✓ React and add to the solution ✓ Listen and let go of personal needs ✓ Share the project vision/outcomes 	<p>You Will Learn To:</p> <ul style="list-style-type: none"> ✓ Trust. Trust yourself and your team. ✓ Eliminate 'trying' to be the best ✓ Create a productive environment ✓ Turn setbacks into strength

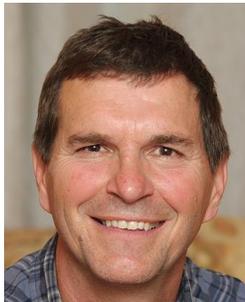


All of our programs can be used as Professional Development Units. We have worked with many different individuals and organizations including but not limited to: Colleges and Universities, NPO, NGO, Government, Corporate, and Entrepreneurs.

THE CAST



Hamed Dar is a PMP who has extensive experience in coaching, team-building, and communications. He uses his background in theatre, and improvisation (Second City Alumni) to his professional work as a project manager to lead workshops. He has worked with the Alberta government, Ontario Ministry, and as a Child and Youth worker, which has earned him Alberta's Silver Premier Award for Excellence in Public Service; which he owes to his training in communication and empathy.



Tim has 30 years experience working in management training, economic and business development, and project management consulting on five different continents. He has owned and operated an ERP integration firm in the Netherlands (Onyva International) and a group resort in Canada (Footprints). An award winner with Toastmasters International, Tim was one of the initial TEDx speakers in Toronto and focuses on perfecting clients presenting, speaking and interviewing skills.



Ula is an instructor with over 8 years of experience teaching English, and Dramatic Arts and Speech. In addition, Ula is an actress who has performed in film, television and on stage. She has worked with Soulpepper and Tarragon theatre companies in Toronto, and the prestigious Song of the Goat theatre in Wroclaw Poland. She is fluent in Polish and has a specialist in theatre from the University of Toronto. Ula uses her acting background to further enrich her client's learning experience.

