

# ACE THE INTERVIEW! (Student and Professional)

## OUTCOMES

- Increased success rate: get into the program or job of your dreams!
- Separate yourself from the crowd, on paper and in person
- Create a video repertoire of your habits and skills
- Successfully prepare for all kinds of interviews and scenarios
- Gain tools to reduce anxiety/nerves
- Increased soft skills and leadership sense
- "Hack" the interview: read and use body language/gestures effectively

## OVERVIEW

PUBLIC SEMINAR	INDIVIDUAL
<p>During these seminars participants have the chance to act as student and interviewer, allowing greater perspective of the process. We tailor the seminar to organization needs and focus on overall goals.</p> <p><b>What we do:</b></p> <ul style="list-style-type: none"><li>✓ Employ our BMV foundations method</li><li>✓ High level application and resume tips</li><li>✓ Use real world scenarios and interactive exercises - group facilitation</li><li>✓ Teach you how to differentiate yourself against a crowd of other hopefuls</li><li>✓ Mock interview and critiques (video/paper)</li><li>✓ Interactive exercises to improve soft skills</li><li>✓ Relaxation exercises</li></ul>	<p>Starts with an initial consultation to understand the individual's current state, unique challenges and personal future goals. We work with you personally as a coach and construct a program for your needs.</p> <p><b>What we do:</b></p> <ul style="list-style-type: none"><li>✓ Employ our BMV foundations method</li><li>✓ Video recordings documenting process</li><li>✓ Application critique and improvement (Thesis, Resume, CL, CV)</li><li>✓ Mock Interviews (for all types of schools and scenarios)</li><li>✓ One on one/panel interview practice</li><li>✓ Interactive exercises to improve soft skills</li><li>✓ Relaxation exercises</li><li>✓ Improve your soft skills and leadership sense</li></ul>



All of our programs can be used as Professional Development Units. We have worked with many different individuals and organizations including but not limited to: Colleges and Universities, NPO, NGO, Government, Corporate, and Entrepreneurs.

## THE CAST



Hamed Dar is a PMP who has extensive experience in coaching, team-building, and communications. He uses his background in theatre, and improvisation (Second City Alumni) to his professional work as a project manager to lead workshops. He has worked with the Alberta government, Ontario Ministry, and as a Child and Youth worker, which has earned him Alberta's Silver Premier Award for Excellence in Public Service; which he owes to his training in communication and empathy.



Tim has 30 years experience working in management training, economic and business development, and project management consulting on five different continents. He has owned and operated an ERP integration firm in the Netherlands (Onyva International) and a group resort in Canada (Footprints). An award winner with Toastmasters International, Tim was one of the initial TEDx speakers in Toronto and focuses on perfecting clients presenting, speaking and interviewing skills.



Ula is an instructor with over 8 years of experience teaching English, and Dramatic Arts and Speech. In addition, Ula is an actress who has performed in film, television and on stage. She has worked with Soulpepper and Tarragon theatre companies in Toronto, and the prestigious Song of the Goat theatre in Wroclaw Poland. She is fluent in Polish and has a specialist in theatre from the University of Toronto. Ula uses her acting background to further enrich her client's learning experience.

