

HCG How it Works

In nature, hCG in pregnant women protects the fetus, not only from disease, but also from starvation.

While practicing in India during the 1930's, Dr. Albert Simeons observed extremely malnourished women give birth to normal, healthy and robust babies. He also noted that the hCG produced in the placenta of pregnant women caused stored fat to be released by the mother for the benefit of the fetus.

During the same period, he observed boys with Frölich's syndrome, a pituitary disorder causing obesity. He noted that, when injected with small dosages of hCG, these boys would lose large amounts of fat instead lean muscle tissue.

He reasoned that, as with undernourished pregnant women, non-pregnant people have a similar response to hCG. When combined with a Very Low Calorie Diet, injections of hCG trigger the hypothalamus gland to release fat cells.

Normally, storing fat is the body's natural defense against starvation. Typically, when a person goes on a low calorie diet, the body reacts as though it were starving, holding on to fat cells and releasing lean muscle cells. Not only is this an unhealthy result of losing weight, but losing muscle mass slows your metabolism, making weight loss more difficult in the future.

HCG resets the hypothalamus gland. It also works with adrenal, thyroid and other glands and raises the body's metabolism. Not only does this allow one to lose weight faster but to stay slim without hunger when finished with the protocol.