

ELI PUTERMAN
CURRICULUM VITAE

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EDUCATION

Title: Postdoctoral fellow, since 2009
Institution: University of California, San Francisco
Department: Center for Health and Community
Department of Psychiatry, School of Medicine

Institution: University of British Columbia, Vancouver
Degree: Ph.D., completed June 2009
Major: Health Psychology
Dissertation Title: *Bringing risk assessment into the bedroom: Sex motives and risky behaviors in men who have sex with men*

Institution: University of British Columbia, Vancouver
Degree: M.A., completed August 2004
Major: Clinical Psychology
Dissertation Title: *Chewing the cud, and chewing it differently: contextual and individual differences in reactive rumination and negative affect*

Institution: Concordia University, Montreal
Degree: B.A., completed June 2001
Major: Psychology, Honors with Highest Distinction

Institution: McGill University, Montreal
Degree: B.Sc., completed December 1996
Major: Physiology, with Distinction

RESEARCH AWARDS

2012 Nominated for UCSF-Wide Dean's Office Postdoctoral Award
2011 RAND Summer Institute, Travel Award
2011 American Psychosomatic Society, Young Scholar Award
2011 Berzelius Symposium 85, Telomere Biology in Health and Disease, Best Abstract
2010 Academy of Behavioral Medicine Research, New Investigator Award
2009 Canadian Psychological Association Dissertation Award
2003 American Psychological Association – Division 38, Outstanding Poster Presentation Student Affiliate Award
2003 Western Psychological Association, Outstanding Poster Presentation Student Award
2001 Concordia University, JW Bridges Award for Academic Excellence
2000 Concordia University, Student Scholar Award

GRANTS

- 2011-2016 NIH/National Heart, Lung, and Blood Institute
Role: Principal Investigator
Pathway to Independence Award Grant Number: K99 HL109247
Effects of exercise and life stress on telomere maintenance and CVD risk
\$1,004,000 (including R00)
- 2012-2014 NIH/National Heart, Lung, and Blood Institute
Role: Co-Investigator; Epel: Principal Investigator
R21 Grant Number: R21 HL117725-01
Stress-induced poor sleep: Sex differences, vulnerability & resilience factors
\$250,000
- 2012-2013 McArthur Research Network on SES and Health
Role: Co-Principal Investigator
SES, telomere length and cardiovascular disease
\$230,000
- 2011-2014 NIH/National Heart, Lung, and Blood Institute
Role: Co-Investigator; Epel: Principal Investigator
R01 Ancillary Study Grant Number: R01HL108821
Effects of Exercise on Cell Aging
\$810,261
- 2011-2012 Robert Wood Johnson Foundation
Role: Principal Investigator
Health and Retirement Study Secondary Analyses
\$10,000
- 2011-2012 Robert Wood Johnson Foundation
Role: Principal Investigator
National Growth and Health Study Secondary Analyses
\$8,000

FELLOWSHIPS

- 2012 NIH and OBSSR Twelfth Annual Summer Institute for Randomized Behavioral Clinical Trials, Summer Fellow
- 2005-2008 Michael Smith Foundation for Health Research
Senior Trainee Award, Doctoral level scholarship
- 2004-2007 Social Science and Health Research Council
Canada Graduate Scholarship, Doctoral level scholarship
- 2003-2005 Michael Smith Foundation for Health Research
Master Trainee Award, Masters level scholarship
- 2003-2004 Social Science and Health Research Council
Canada Graduate Scholarship, Masters level scholarship
- 2001-2003 Fonds québécois de la recherche sur la nature et les technologies
Master Student Award, Masters level scholarship

PROFESSIONAL ORGANIZATIONS

Memberships

- 2003-2009 American Psychological Association [Division 38-Health]
2003-2008 Canadian Psychological Association
2008-2009 Society for Behavioral Medicine

2009-present	American Psychosomatic Society (APS)
2009-present	International Society of Psychoneuroendocrinology (ISPNE)
2011-present	American College of Sports Medicine
2012-present	Society for Behavioral Medicine

SERVICE TO PROFESSIONAL ORGANIZATIONS

Ad Hoc Referee

Addiction; Age and Ageing; Annals of Behavioral Medicine; Brain, Behavior, and Immunity; Emotion; International Journal of Behavioral Medicine; Journal of Gerontology; Journal of Social and Clinical Psychology; Medicine and Science in Sports and Medicine; PLoS ONE; Psychoneuroendocrinology; Psychosomatic Medicine; Stress and Health

UNIVERSITY AND PUBLIC SERVICE

Memberships on committees, including offices held and dates

2012-Present	Coronary Artery Risk Development in Young Adults (CARDIA) Study, New Investigators Working Group
2012-Present	Coronary Artery Risk Development in Young Adults (CARDIA) Study, Psychosocial Working Group
2012-Present	Coronary Artery Risk Development in Young Adults (CARDIA) Study, Physical Activity and Fitness Working Group
2011-Present	National Institute of Aging, Stress Measurement Group
2011-Present	Scientific Advisory Board Member, Well Balance

University of California, San Francisco

2012	Seminar Organizer and Instructor for Statistics, Center for Health and Community
2010	Seminar Instructor for Didactics, Center for Health and Community
2009	Organizing Committee for the Annual Meeting for the International Society for Psychoneuroendocrinology

University of British Columbia

2007	Conference co-organizer for Peter Wall- and SSHRCC- supported Bi-Annual Meeting of Dyadic Coping and Stress
2006-2007	Search Committee Student Representative
2006	Graduate Recruitment Committee Student Representative
2005-2007	Graduate Student Council Health Psychology Representative
2005-2006	Graduate Student Council Co-Chair
2004-2005	Graduate Student Council Clinical Representative

ADVANCED TRAINING

2012	NIH and OBSSR's Twelfth Annual Summer Institute for Randomized Behavioral Clinical Trials
2011	RAND Summer Institute Mini-Medical School for Social Scientists
2011	RAND Summer Institute on Demography, Economics, Psychology, and Epidemiology of Aging
2010	UCSF Biomarker Seminar Series

PEER-REVIEWED PUBLICATIONS

1. **Puterman, E**, Epel, ES, Blackburn, EH, Whooley, MA, & Cohen, B. Multisystem resiliency moderates the major depression-telomere length association: Findings from the Heart and Soul Study. *Brain, Behavior, and Immunity*, (in press).
2. Shalev, I, Entringer, S, Wadhwa, PD, Wolkowitz, OM, **Puterman, E**, Lin, J, Blackburn, EH, Epel, ES. (in press). Telomere Length and Stress Throughout the Lifespan (Review). *Psychoneuroendocrinology*.
3. Rawdin, B, Mellon, SH, Dhabhar, FS, **Puterman, E**, Epel, ES, Burke, HM, Reus, VI, Rosser, R, Nelson, JC, Wolkowitz, OM. (in press). Dysregulated Relationship of Oxidation and Inflammation in Major Depression. *Brain, Behavior, and Immunity*.
4. **Puterman E**, Epel E. (2012). An intricate dance: Life experience, multisystem resiliency, and rate of telomere decline throughout the lifespan. *Social and Personality Psychology Compass*, 6, 807–825.
5. **Puterman E**, Adler N, Matthews KA, Epel E (2012). Financial strain and impaired fasting glucose: The moderating role of physical activity in the Coronary Artery Risk Development in Young Adults study. *Psychosomatic Medicine*, 74, 187-92. PMID: 22286855.
6. Tomiyama, AJ, **Puterman, E**, Rehkof, D, Epel, E, & Laraia, B (2012). Chronic Psychological Stress and Racial Disparities in Weight Gain Between Black and White Girls Aged 10-19 in the National Growth and Health Study. *Annals of Behavioral Medicine*, first published on September 1, 2012, DOI:10.1177/2167702612460234
7. Epel, E, **Puterman, E**, Lin, J, Blackburn, E, Mendes, W (2012). Mind wandering and aging cells. *Clinical Psychological Science*, first published on November 15, 2012, DOI:10.1177/2167702612460234
8. O'Donovan A, Tomiyama AJ, Lin J, **Puterman E**, Adler N, Kemeny M, Wolkowitz O, Blackburn E, Epel E (2012). Stress appraisals and cellular aging: A key role for anticipatory threat in the relationship between psychological stress and telomere length. *Brain, Behavior, and Immunity*, 26, 573-9. DOI: 10.1016/j.bbi.2012.01.007.
9. Tomiyama, AJ, Schamarek, I, Lustig, R, Kirschbaum, C, **Puterman, E**, Havel, P, & Epel, E (2012). Changes of circulating leptin concentrations in response to acute stress predict subsequent intake of high fat/high sugar foods. *Physiology and Behavior*, 107, 34-39, DOI:10.1016/j.physbeh.2012.04.021
10. Tomiyama AJ, O'Donovan A, Lin J, **Puterman E**, Lazaro A, Chan J, Dhabhar F, Wolkowitz O, Kirschbaum C, Blackburn E, Epel E. (2012). Does cellular aging relate to patterns of allostasis? An examination of basal and stress reactive HPA axis activity and telomere length. *Physiology and Behavior*, 106, 40-5. PMID: 22138440. NIHMS353895.
11. Aschbacher K, Epel E, Wolkowitz OM, Prather AA, **Puterman E**, Dhabhar FS. (2012). Maintenance of a positive outlook during acute stress protects against pro-inflammatory reactivity and future depressive symptoms. *Brain, Behavior, and Immunity*, 26, 346-52. PMID: 22119400.
12. **Puterman E**, O'Donovan A, Adler NE, Tomiyama AJ, Kemeny M, Wolkowitz OM, Epel E. (2011). Physical activity moderates stressor-induced rumination on acute cortisol reactivity. *Psychosomatic Medicine*, 73, 604-11. PMID: PMC3167008
13. Hagedoorn M, Dagan M, **Puterman E**, Hoff C, Meijerink WJ, DeLongis A, Sanderman R (2011). Relationship satisfaction in couples confronted with colorectal cancer: the interplay of past and current spousal support. *Journal of Behavioral Medicine*, 34, 288-97. PMID: PMC3141841
14. O'Donovan A, Pantell M, **Puterman E**, Dhabhar FS, Blackburn EH, Yaffe K, Cawthon RM, Opreko PL, Hsueh WC, Satterfield S, Newman AB, Ayonayon HN, Rubin SM, Harris T & Epel

- ES for the Health Aging and Body Composition Study (2011). Cumulative inflammatory load is associated with short leukocyte telomere length in the Health, Aging and Body Composition Study. *PLoS ONE*; 6, e19687. PMID: PMC3094351.
15. Lee-Flynn SC, Pomaki G, Delongis A, Biesanz JC, **Puterman E** (2011). Daily cognitive appraisals, daily affect, and long-term depressive symptoms: the role of self-esteem and self-concept clarity in the stress process. *Personality and Social Psychology Bulletin*, 37, 255-68. PMID: 21239598.
 16. O'Donovan A, Pantell MS, **Puterman E**, Dhabhar FS, Blackburn EH, Yaffe K, Cawthon RM, Opresko PL, Hsueh WC, Satterfield S, Newman AB, Ayonayon HN, Rubin SM, Harris TB, Epel ES; Health Aging and Body Composition Study (2011). Cumulative inflammatory load is associated with short leukocyte telomere length in the Health, Aging and Body Composition Study. *PLoS One*, 6, e19687. PMID: PMC3094351.
 17. Hagedoorn M, **Puterman E**, Sanderman R, Wiggers T, Baas PC, van Haastert M, Delongis A (2011). Is self-disclosure in couples coping with cancer associated with improvement in depressive symptoms? *Health Psychology*, 30, 753-62. PMID: 21688913.
 18. Tomfohr LM, Murphy ML, Miller GE, **Puterman E** (2011). Multiwave associations between depressive symptoms and endothelial function in adolescent and young adult females. *Psychosomatic Medicine*, 73, 456-61. PMID: PMC3216486
 19. Krauss J, Farzaneh-Far R, **Puterman E**, Na B, Lin J, Epel E, Blackburn E, Whooley MA (2011). Physical fitness and telomere length in patients with coronary heart disease: findings from the Heart and Soul Study. *PLoS One*, 6, e26983. PMID: PMC3212515
 20. Prather AA, **Puterman E**, Lin J, O'Donovan A, Krauss J, Tomiyama AJ, Epel ES, Blackburn EH. (2011). Shorter leukocyte telomere length in midlife women with poor sleep quality. *Journal of Aging Research*, 721390. PMID: PMC3199186
 21. **Puterman E** & DeLongis A & Pomaki G (2010). Protecting us from ourselves: A multilevel analysis of the role of social support in rumination. *Journal of Social and Clinical Psychology*. 29, 797-820. DOI: 10.1521/jsep.2010.29.7.797.
 22. **Puterman E**, Lin J, Blackburn E, O'Donovan A, Adler N & Epel E (2010). The power of exercise: Buffering the effect of chronic stress on telomere length. *PLoS One*. 5, e10837. PMID: PMC2877102.
 23. Epel ES, Lin J, Dhabhar FS, Wolkowitz OM, **Puterman E**, Karan L, Blackburn EH (2010). Dynamics of telomerase activity in response to acute psychological stress. *Brain Behavior & Immunity*, 24(4):531-9; PMID: PMC2856774.
 24. **Puterman E**, DeLongis A, Lee-Baggley D & Greenglass E (2009). Coping and health behaviors in times of health crises: Lessons from SARS and West Nile. *Global Public Health*, 4, 69-81. DOI: 10.1080/17441690802063304; PMID: 19153931.
 25. Lam M, Lehman A, **Puterman E** & DeLongis A (2009). Spouse depression and disease course among persons with rheumatoid arthritis *Arthritis Care and Research*, 61, 1011-17. DOI: 10.1002/art.24510; PMID: 19644902.
 26. Byrd-O'Brien T, DeLongis A, Pomaki G, **Puterman E** & Zwicker A (2009). Couples coping with stress: The role of empathic responding. *European Psychologist*, 14, 18-28. DOI: 10.1027/1016-9040.14.1.18.

BOOK CHAPTERS

1. DeLongis A, Holtzman S, **Puterman E** & Lam M (2010). Dyadic Coping: Support from the spouse in times of stress. In K. Sullivan & J. Davila (Eds.), *Support Processes in Intimate Relationships* (pp. 153-174). New York: Oxford Press.
2. DeLongis A & **Puterman E** (2007). Coping skills. In G. Fink, *Encyclopedia of Stress, Second edition* (pp. 578-584). Oxford: Academic Press.

MANUSCRIPTS UNDER REVIEW

1. **Puterman, E**, Haritatos, J, Schwartz, J, Adler, N, Sidney, S, & Epel, E. The daily burden of financial strain: The role of affect differential in explaining elevated daily cortisol in the Coronary Artery Risk Development in Young Adults Study. *Psychoneuroendocrinology*. Revised and resubmitted.
2. **Puterman, E**, Epel, E, O'Donovan, A, Prather, A, Aschbacher, K, Dhabhar, FS. Social support buffers the effects of anger on the systemic pro-inflammatory response induced by acute stress. *International Journal of Behavioral Medicine*. Revise and resubmit.
3. **Puterman, E**, Lin, J, Krauss, J, Blackburn, E, Epel, E. A one-year prospective study on major events, lifestyle, and telomere biology.
4. Tomiyama, AJ, **Puterman, E**, Rehkof, D, Epel, E, & Laraia, B. Variability in psychological stress and eating factors in girls from age 10 to 19 in the NHLBI Growth and Health Study.
5. Hudson, DL, Adler, NE, **Puterman, E**, Bibbins-Domingo, K, Kalra, P, & Matthews, K. Examining the effects of race, life course socioeconomic position, and racial discrimination on health.
6. Womack, VY, Ning, H, Lewis, C, Louckes, EB, **Puterman, E**, Reis, J, Siddique, J, Sternfeld, B, Van Horn, L, Carnethon, MR. The Association of Discriminatory Experiences on Sedentary Behaviors: The Coronary Artery Risk Development in Young Adults (CARDIA) Study.

MANUSCRIPTS IN PREPARATION

1. **Puterman, E**. Laraia, B., Epel, E., & Tomiyama, J. High levels of physical activity across adolescence buffers stress effects on BMI change across adolescence: Findings from NHLBI National Growth and Health Study.
2. **Puterman, E.**, Mogle, J., Sloan, R., & Almeida, D. Differential effects of objective and subjective financial strain on daily behaviors: Findings from Midlife in the United States (MIDUS).
3. Chan, SW, Blackburn, E, Lin, J, Adler, N, Epel, E., & **Puterman, E**. Associations between physical activity, fitness and telomeres: Findings from the Health, Aging and Body Composition Study.

INVITED PRESENTATIONS

Local Invited Presentations

- Puterman, E.** (Winter, 2013). Physical activity at the intersection of chronic stress and disease: From rumination to the cell. Stanford University Affective Science Seminar.
- Puterman, E.** (Winter, 2013). Resiliency, stress, and cell aging. UCSF Center for Health and Community presentation.
- Puterman, E.** (Spring, 2012). Writing a K99/R00. Panel discussion hosted by UCSF.
- Puterman E.** & O'Donovan, A. (Spring, 2012). Stress and cellular aging: What's lifestyle got to do with it? UCSF Integrative Medicine 2012 Keynote presentation.
- Puterman E.** (Spring, 2012). An intimate dance: Life experience, telomere decline, and the protective factors that buffer. UCSF Osher Center for Integrative Medicine Postdoctoral Seminar.
- Puterman E.** & O'Donovan, A. (Spring, 2012). Stress and cellular aging: How psychological stress

promotes and a healthy lifestyle prevents telomere shortening. UCSF Osher Center for Integrative Medicine 2012 Updating Your Holistic Practice Series.

- Puterman, E** (Winter, 2011). The power of exercise: Physical activity buffers stress effects on health. Mind/Biology: Mechanisms and Models seminar at The University of California, San Francisco.
- Puterman, E** (Fall, 2010). Physical activity and health. Invited talk at the American Sports Institute's, The Truth About Education, Our Schools, and Your Child Forum.
- Puterman, E** (2008). Bringing risk prevention into the bedroom. Invited talk to the biweekly Health Psychology Brown Bag Series at The University of British Columbia.
- Puterman, E** (2007). Cognitive models of health behaviors and environmental factors predicting behaviors. Lecture series presented to a health psychology undergraduate class at The University of British Columbia.
- Puterman, E** (2006). Condom use and other preventative behaviors. Invited talk to undergraduates in the course *The Psychology of Sexuality* at The University of British Columbia.
- Puterman, E & Alfonso, V** (2005). Solution-oriented therapy: On the road to a collaborative, competency-based supervision model. Invited day-long workshop presented at UBC through the UBC Psychology Clinic.

National/International Invited Presentations

- Puterman, E.** (Winter, 2013). Psychosocial stress and cell aging: Pathways and moderators. Stanford Affective Science Brown Bag Series.
- Puterman, E.** (Spring, 2013). "Forever young"? How Stress and Exercise Affect Aging. Invited speaker at The Harvard Club of New York City.
- Puterman, E.** (Winter, 2013). An intricate dance: Life experience, resiliency, and cell aging throughout the lifespan. UCLA Health Psychology/Behavioral Medicine Seminar.
- Puterman, E.** (Winter, 2013). Health behaviors and cell aging. University of British Columbia, Okanagan Psychology Brown Bag.
- Puterman, E.** (Fall, 2012). The skin we live in: Psychological, social, and behavioral pathways to telomere maintenance (and implications for skin aging). 3rd Skin Physiology International Meeting at Vichy, France.
- Puterman E.** (Summer, 2012). Stress and biological aging: The role of lifestyle. Presentation at the First Annual Living at Your Peak Conference at Vail, Colorado.
- Puterman, E** (Spring, 2011). Can exercise moderate effects of depression on telomere length? Berzelius Symposium on Telomere Biology. Stockholm, Sweden.
- Puterman, E** (Winter, 2011). The power of exercise: Physical activity buffers stress effects on health. Health Psychology Brown Bag seminar at The University of British Columbia.
- Puterman, E** (Winter, 2011). The power of exercise: Physical activity buffers stress effects on health. Department of Psychiatry Division of Behavioral Medicine seminar at Columbia University.
- Hagedoorn, M, **Puterman, E** & DeLongis, A (2007). Protective buffering and disclosure within couples coping with cancer. Biannual Meeting of the Dyadic Coping International Research.
- Hagedoorn, M, **Puterman, E**, & DeLongis, A (2007). Supportive communication within couples coping with cancer. Annual Meeting of the American Psychological Association.
- DeLongis, A, Lee-Baggley, D, **Puterman, E**, Welsted, A, Pomaki, G, & Greenglass, E (2006). Coping with the threat of infectious disease: SARS and West Nile Virus. International Association of Applied Psychology, Athens, Greece.
- DeLongis, A, **Puterman, E**, Welsted, A, & Zwicker, A (2006). Couples facing stress: Dyadic

coping and support processes. Paper to be presented at the Canadian Psychological Association as part of an invited symposium entitled Three Canadian Programs in Close Relationships Research: Couples Facing Stress, Lesbian-Headed Families and Gender Differences in Memory. Calgary. DeLongis, A, Holtzman, S, **Puterman, E**, & Pomaki, G (2005). Dyadic coping and support processes. Paper presented as part of an invited symposium at the European Society for Health Psychology, Galway, Ireland. Abstract published in Psychology and Health.

PROFESSIONAL PRESENTATIONS

- Kurtzman, L, Epel, E, Arenander, J, Koslov, K, Prather, A, & **Puterman, E**. Does Ruminating Elevate Metabolic Risk in Response to Daily Stress? Findings from a Daily Diary Study. Poster presentation at the 34th Annual Meeting of the Society for Behavioral Medicine.
- Puterman, E**, Blackburn, E, Lin, J, & Epel, E. (2013). A recipe for telomere shortening: the compounding effect of an unhealthy lifestyle and major life events. Symposium presentation at the 71st American Psychosomatic Society 2013 Annual Meeting.
- Womack, V, **Puterman, E**, Van Horn, L, Siddique, J, Loucks, EB, Sternfeld, B, & Carnethon, M (2013). Association of discriminatory experiences on sedentary behaviors: the coronary artery risk development in young adults study (CARDIA). Poster presented at the American Heart Association Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2013 Scientific Sessions, New Orleans, LA.
- Puterman, E**, Epel, E, Lin, J, Blackburn, E, Gross, J, Whooley, M, & Cohen, B (2012). Multisystem protective profile moderates depression – leukocyte telomere length association. Symposium presentation at the 65th Annual Scientific Meeting of the Gerontological Society of America.
- Puterman, E** (2012). Stress and cellular aging: What’s lifestyle got to do with it? Symposium presentation at the 42nd Annual Conference of the International Society for Psychoneuroendocrinology.
- Prather, AP, **Puterman, E**, Dhabhar, FS, & Epel, ES (2012). Poor sleep potentiates the effects of stress-induced rumination on circulating IL-6 and cortisol dynamics. Symposium presentation at the 42nd Annual Conference of the International Society for Psychoneuroendocrinology.
- Loharuka, S, **Puterman, E**, Prather, A, Esmaeili, P, Epel, E, Rehkopf, D, Evans, Z., Tomiyama, AJ, Laraia, B. (2012) Physical Activity Mitigates the Impact of Chronic Stress on BMI growth in Girls from ages 10 through 19: Results from the NHLBI Growth and Health Study. Poster presentation at the 140th Annual Conference of the American Public Health Association.
- Esmaeli, P, Puterman, E, Prather, A, Loharuka, S, Epel, E, Rehkopf, D, Evans, Z., Tomiyama, AJ, Laraia, B. (2012). The Lingering Effect of Childhood SES: Parental Education Predicts Diurnal Cortisol Trajectory in Adulthood. Poster presentation at 42nd Annual Conference of the International Society for Psychoneuroendocrinology.
- Lin, J, **Puterman, E**, O’Donovan, A, Neylan, TC, Krauss, J, Lazaro, A, Truong, W, Cheon, J, Epel, ES, & Blackburn, E (2011). Psychological stress and its relationship to telomere length maintenance. Poster presentation at the American Association for Cancer Research 2011 Annual Meeting.
- Puterman, E**, Lin, J, Krauss, J, Lazaro, A, Truong, W, Cheon, J, Blackburn, E, Epel, ES (2011). Leisure time physical activity buffers associations between childhood abuse and adulthood stress with leukocyte telomere length. Symposium presentation to American Psychosomatic Society 2011 Annual Meeting.
- Puterman, E**, Epel, ES, O’Donovan, A, Tomiyama, AJ, Tillie, JM, Prather, A, Aschbacher, K,

- Adler, A, Kemeny, M, Wolkowitz, O, Dhabhar, FS (2011) Social support buffers the effects of anger on the systemic pro-inflammatory response induced by acute stress Paper presentation to American Psychosomatic Society 2011 Annual Meeting.
- O'Donovan, A., Tomiyama, AJ, Lin, J, **Puterman, E**, Kemeny, M, Wolkowitz, O, Lazaro, A, Rankin, B, Blackburn E, Epel, ES (2011). Are threat and challenge appraisals of acute stress associated with leukocyte telomere length? Paper presentation to American Psychosomatic Society 2011 Annual Meeting.
- Tomiyama, AJ, O'Donovan, A, Lin, J, **Puterman, E**, Lazaro, A, Chan, J, Blackburn, E, Epel, ES (2011). Greater cortisol response to acute stress is associated with shorter telomere length. Symposium presentation to American Psychosomatic Society 2011 Annual Meeting.
- Puterman, E**, O'Donovan, A, Kuczmarska, A, Adler, N, Lin, J, & Epel, ES (2010). The Power of exercise: Buffering the effect of chronic stress on telomere length. Paper presentation at The American Psychosomatic Society Annual Convention, Portland, Oregon.
- Krauss, J, **Puterman, E**, Na, B, Epel, ES, Whooley, M (2010). Relation between exercise capacity and telomere length in patients with coronary heart disease from the Heart and Soul Study. Poster presented at the annual conference of the American Heart Association.
- DeLongis, A, Holtzman, S, & **Puterman, E** (2010). Dyadic coping with chronic pain. Paper presentation at The American Psychosomatic Society Annual Convention, Portland, Oregon.
- Puterman, E**, Cohn, M, Wolkowitz, O, & Epel, ES (2009). Trait brooding predicts cortisol response trajectories during the Trier Social Stress Test. Poster presentation at the Annual Meeting for the International Society of Psychoneuroendocrinology, San Francisco.
- Puterman, E**, DeLongis, A, & Lam, M (2009). Bringing Risk Assessment into the Bedroom: Sex Motives and Risky Behaviors in Men Who Have Sex with Men. Paper Presentation at the Society of Behavioral Medicine, Montreal
- Pomaki, G, **Puterman, E**, & DeLongis, A (2008). Coping and Partner Neuroticism: Moderating Effects on Daily Positive and Negative Affect. Poster to be presented at the Society of Behavioral Medicine's 29th Annual Meeting and Scientific Sessions. Abstract Published.
- Puterman, E**, Lam, M, DeLongis, A, & Lehman, A (2007). Disease course among patients with Rheumatoid Arthritis: What does the spouse have to do with it? Poster presented at the Gerontology Society of America Annual Meeting. San Francisco. Abstract Published.
- Puterman, E**, DeLongis, A, & Yager, S (2007). Event-specific sex cognitions and condom use: A daily study. Poster presented at the American Psychological Association Annual Conference. San Francisco. Abstract Published.
- Puterman, E**, Steeves, S, DeLongis, A, Lee-Baggley, D, & Greenglass, E (2007). Health behaviors and sources of information during the SARS crisis. Poster presented at the American Psychological Association Annual Conference. San Francisco. Abstract Published.
- Puterman, E**, Steeves, S, DeLongis, A, Lee-Baggley, D, & Greenglass, E (2007). Sources of information and health behaviors during the SARS crisis. Poster presented at the Western Psychological Association Annual Conference. Vancouver. Abstract Published.
- Alfonso, V Erskine, Y, Bermbach, N, Toy, J, **Puterman, E**, Toulson, A, & Montaner, JSG (2006). Putting adherence in context: Using a model of inclusive adherence (MIA) to collaborate with patients to enhance adherence. Poster presented at the NIMH/IAPAC International Conference on HIV Treatment Adherence. New Jersey. Abstract Published.
- Puterman, E**, Preece, M, Holtzman, S, & DeLongis, A (2006). Chronic pain and caregiver burden among rheumatoid arthritis patients and their spouses. Poster presented at the Alternative & Integrative Medical Society. Vancouver.
- Puterman, E**, Yager, S, Welsted, A, Zwicker, A, Lee, S, & DeLongis, A (2006). Couples facing

stress: Coping, rumination, and support processes. Poster presented at the Western Psychological Association. Palm Springs. Abstract Published.

Puterman, E, Pomaki, G, & DeLongis, A (2005). A daily process study of reactive rumination and negative affect. Poster presented at the annual Canadian Psychological Association Conference. Montreal. Abstract Published.

Lee-Baggley, D, Albert, A, **Puterman, E**, & DeLongis, A (2005). The role of work and family stressors in individual health and marital well-being. Poster presented at the annual Canadian Psychological Association Conference. Montreal. Abstract Published.

Puterman, E, DeLongis, A, & Holtzman, S (2003). Caregiver burden among spouses of persons with rheumatoid arthritis. Poster presented at the Annual Convention of the Western Psychological Association. Vancouver. Abstract Published.

Puterman, E, DeLongis, A, & Holtzman, S (2003). Rheumatoid arthritis: Couples coping with a chronic illness. Poster presented at the Annual Convention of the American Psychological Association Toronto. Abstract Published.

DeLongis, A, Newth, S, Holtzman, S, & **Puterman, E** (2003). The role of personality and social support in coping with Rheumatoid Arthritis. Paper presented at the annual meeting of the Society for Behavioural Medicine. Salt Lake City. Abstract Published.

Puterman, E, & Overbury, O (2001). Spiritual health and quality of life in adults with progressive physical disabilities. Poster presented at McGill's Annual Meeting of Ophthalmologists.

WORKSHOP PRESENTATIONS

Alfonso, V, & **Puterman, E** (2005). Solution-oriented supervision: On the road to a collaborative, competency-based supervision model. Workshop presented at the 2005 Canadian Psychological Association Conference. Montreal. Abstract Published.

MEDIA COVERAGE

American Association for Cancer Research Annual Meeting, 2011

Journal of American Medical Association News, Daily News and Analysis

PLoS ONE coverage, 2010

National Media: Healthbeat (US Department of Health and Human Services), Wall Street Journal, WebMD, US News and World Report, Bloomberg's Business Week, Allure Magazine, Science Daily, Medical News Daily, Daily Mail, Top News, The San Francisco Chronicle, San Mateo Daily Journal, Seattle Times, Self Magazine, Remedy, Daily Health Net, Men's Health, Vogue Magazine, Shape

International Media: Times of India, The Hindu, Bernama, IOSTE Independente

LIST OF METORED STUDENTS & CURRENT POSITIONS

Benjamin Campbell, Alliant University, Completed PhD (dissertation advisor)

Sai Wing Chan, UCSF, Medicine (4th year)

Annessa Flitje, UCSF, postdoctoral fellow (1st year)

Zoe Evans, UCSF, Research Assistant

Pardis Esmaeli, UCSF, Research Assistant

Jeffrey Krauss, UCSF, Medicine (completed, Resident at UCLA)

Alanie Lazaro, USC, MSc Bioengineering (2nd year)

Shiela Loharuka, Chicago College of Osteopathic Medicine (1st year)

Wanda Truong, Columbia University, MSc. Nutrition (Completed)

Sarah Yager, UBC, Medicine (4th year)