Why CASP?

Everyone is interested in having good health and there is worldwide interest in making health care more effective. However how do we know which treatments or interventions really work? How can health care commissioners know which treatments or services are truly effective and worth funding? How can patients decide whether the benefits of a particular intervention are likely to outweigh the harms and cost?

There are numerous examples that show that doing things, or advising people to do things, just because they seem like a good idea at the time has frequently resulted in more harm than good. If we are going to make sensible choices about treatments and interventions we need to ensure that we are informed by the best available research evidence.

Critical Appraisal skills enable you to assess the trustworthiness, relevance and results of published papers so that you can decide if they are believable and useful.

Contact Us:

If you would like any more information or would like to book please contact:

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Training Aims
By the end of this course, participants will feel more confident about:

- Finding and critically appraising research evidence
- Teaching critical appraisal skills to others.

Training Objectives
The objectives for the week are to:

- Enhance understanding of evidence-based practice in health and social care
- Develop skills in appraising quantitative and qualitative research literature
- Develop delegates’ facilitation and teaching skills to run their own critical appraisal workshops
- Share tools to support the dissemination (“cascading”) of local training

Overview:
Introduction to Evidence-Based Health Care (This will cover the critical appraisal of different types of studies e.g. RCT’s, systematic reviews, qualitative studies and making sense of results) Followed by ‘training the trainer’ (TtT) workshops (the broad aim of the TtT days are to help participants develop the competence and confidence to teach critical appraisal skills and run a CASP-style workshop.)

Testimonials from previous participants:
“Structured, helpful, definitely develops skills and knowledge”

“Outstanding”

“Enjoyed working in small groups and larger discussions. All the trainers were excellent, they were very good at engaging everyone, making the sessions interactive and using easy to follow examples/demonstrations”

“Very informative – a safe and friendly environment to learn and especially to practice teaching groups”

“I have learnt so much this week, great approach to teaching”

“Great breadth of coverage of topics and teaching techniques”

CASP’s style of teaching & learning is summarised as follows:

- workshops are multidisciplinary, where possible
- skills in organising and delivering workshops are cascaded as widely as possible
- learning is problem-based
- learning is enjoyable
- educational materials are high quality and user-friendly
- workshops include small group and large group work
- all teaching is interactive

CASP training prices include:
All workshop materials, refreshments, and daily 2 course hot lunch (Accommodation is not included)

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<tr>
<th></th>
<th>Full Price</th>
<th>Discounted Price*</th>
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<tr>
<td>CASP Training Week</td>
<td>£1245 +VAT</td>
<td>£996 +VAT</td>
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*Reduced price for NHS/Public Sector Workers/Voluntary Sector – 20% discount