LAMELLE SKINCARE TREATMENTS

ANTI AGEING TREATMENTS

Lacti Firm Facial R650 30% or 90% Lactic Acid with 10% DMAE. (Includes a mask)

Lamelle Glycolic Facial R650 Alpha peel 20% or Alpha peel 30% (Includes a mask)

PIGMENTATION CORRECT TREATMENTS

Beta Peel R545-R650 15 % & 20 % Peel.

POA TCA liquid

Advanced Pigmentation Peel R850 - R1600

Retinol R110 Per Application

ACNE CORRECT TREATMENT

Beta Plus Peel R595

ANTIAGEING & SCAR REPAIR TREATMENT

Dermarolling (microneedling) R650

The only US FDA and CE approved micro-needle rolling system used to stimulate new collagen production to treat dermal ageing, scarring (acne and surgical), striae as well as increasing product penetration.

DERMALOGICA SKINCARE TREATMENTS

Deep Cleanse Facial R495

Age Smart Facial R650 Anti ageing treatment with multivitamin exfoliator/Acc35.

UltraCalming Facial Soothing & Calming Facial for red and inflamed skin.

R585 MediBac Facial End of line for adult acne. This treatment unclogs the pores and detoxifies the skin while calmin inflammation.

Student Facial R300

This facial is specifically for young skin. It includes exfoliation and extraction if needed with help and advice to maintain your skin.

AFRICOLOGY SKINCARE TREATMENTS

African Goddess Facial

This therapeutic treatment starts with a 30min back & neck massage followed by a deep cleansing facial.

Balancing Rose Facial

variety of serums that will address particular skin issues.

Our beautiful blend of Rose Absolute is known to balance the skin and emotions in times of change or upset, and reduce fine lines and redness. A facial massage is performed with warm Rose Quartz & a intonga stick.

Africology Bespoke Facial R495 Our Bespoke facials are designed specifically with each client's needs in mind. We offer a

AFRICOLOGY BODY THERAPY

SHEA AROMATHERAPEUTICS MASSAGE

R520 **Full Body** R260 Back & Neck

Easy-melting Shea from Ghana blended with healing African potato, rooibos and natural essential oils creates a sublime, beautiful body experience.

INTUITIVE HERBAL OIL MASSAGE

Full Body R495 R250 Back & Neck

You may choose from a range of Africology aromatherapy-infused massage oils, which are warmly applied and massaged deeply onto the body.

INTONGA AMASATCHI

Full Body

Intonga Amasatchi is a deep tissue and stress-relieving treatment. Skilful movements are performed with the hands, and differently sized wooden sticks are used to stretch tight muscles and ease toxic overload from daily stress.

MAJESTIC AWAKENING

Back, Neck & Shoulder MassageThis treatment is a 45 min back neck, shoulder and scalp massage where we focus on

dissipating tension and stress through touch and aromatherapy.

BALANCING SCALP & LEG RITUAL

(Frequent flyers)

A balancing massage treatment helping to relax, relieve tension in the scalp, legs and feet as well as working on calming and relaxing pressure points to help restore energy balance.

HOT STONE/ROSE QUARTZ MASSAGE

Full Body R595 Back & Neck

While providing additional deep tissue pressure, the stones infuse muscles with warmth while breaking up knots of tension.

SOUL OF AFRICA JOURNEY

Full Body Experience

R585

R640

This treatment begins with a back exfoliation followed by an application of warm, soothing mud to release tension stored in the muscles. marula oil is then applied in preparation for your intuitive full body massage.

SHAMANS JOURNEY

Full Body Experience

A beautiful way of balancing the body's energy centres to create optimum health and well-being. Your treatment is based on the traditional healer's approach to healing the body. The Shaman's journey is a move away from superficial, impersonal massages that offer a one dimensional healing factor. The Shaman's journey not only observes the client's obvious aches and pains but looks further into the energy centres of the client to see how constant sress and emotional baggage can actually block his or her energy

INKOMFI TREATMENT

Full Body Exfoliation

Your body has an innate natural rhythm which we often forget. We work with this natural rhythm assisting the body to renew itself. Our carefully selected Marula and Walnut micro particles, enveloped by hydrating Shea butter from Ghana, ensures that your skin cells are evenly exfoliated whilst receiving maximum nutrition for new beginnings.

Back Cleanse A deep cleanse, exfoliation, extraction, massage & mask. R420



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AFRICOLOGY



IT MAVING

Skin Dynamix Bringing balance to life

AFRICOLOGY BODY THERAPY

SKIN ADORATION WRAPS

Exfoliation & Wrap R680

Exfoliation, wrap & full body massage

R1000

African Potato Body Experience

All our body wraps starts with an Inkomfi full body exfoliation. Our pure and natural Hypoxis Body Wrap is formulated with African potato and marula oil. Warmly applied to soften, soothe and improve skin hydration while also fighting free radical damage. Finally, there is a soothing massage with body-conditioning marula oil, to complete the experience.

Rooibos and Lavender Clay

Great for skin conditions such as eczema, rashes, sunburn, and swelling. Our combination of plant oils and extracts leave the skin feeling smooth and refined while stimulating blood and lymphatic flow.

Immune Boosting Clay

(Not suitable for pregnant clients)

Our vitamin and mineral cocktail is enriched with plant extracts to promote a healthy immune system and is applied as a mud wrap and left to set on the body to stimulate lymph, collagen and toxin elimination.

Slimming Detox Body Wrap

(Not suitable for pregnant clients)

This very effective clay contains I-carnitine and caffeine, which act as fat strippers and mobilises to stimulate lipolysis. This invigorating wrap begins with stimulating and exfoliating, working on circulation and lymph before the warm wrap is applied and heated. This wrap works particularly well for bodies in need of a detox owing to acidic conditions, arthritis and oedema.

INDIAN HEAD MASSAGE

(30min) **R250**

The Indian head massage is based on the ancient Ayurvedic form ofhealing. It works the upper three chakras and can be used for physical harmony, for healing, for vitality, and for good old-fashioned relaxation.

Manicures & Pedicures

AFRICOLOGY STANDARD

Deluxe Manicure Deluxe Pedicure	R190
	R235

For a beautiful respite from the high-energy nature of everyday life, join us for an experience with a difference. Your hands or feet will be massage, your nails shaped and your skin hydrated with our all-natural products.

COPPER & HOT STONE TREATMENT

Manicure	R385
Pedicure	R440

This luxurious African ritual begins by soaking the feet in an energy-balancing copper bath, followed by a warm massage of the arms or legs, reducing water retention and improving circulation. Hot stones (Rose Quartz) are used to massage, which helps penetrate stiff muscles and relax. An African potato masque is applied to the skin to soften rough areas and lock in moisture. The treatment includes a shoulder massage.

AFRICAN POTATO EXPERIENCE

Manicures & Pedicures

THIRD EXILERCE	
Manicure	R385
Pedicure	R420

An intensely hydrating African potato wrap, blended with natural antioxidants is applied to ensure continued skin health and to rejuvenate the hands and feet. While the wrap sinks into the skin, the shoulders are also massaged.

DETOXIFYING INTONGA TREATMENT

Manicure	R385
Pedicure	R420

We use Detoxifying mud in this pedicure & while the mud sinks into the skin, the shoulders are massaged. The treatment includes a muscle-relaxing Intonga stick massage, which comprises of our yellow-wood sticks to assist lymph drainage and to massage muscles to their core.

FILE & REVARNISH

The nails are filed and shaped and a nail color of your choice is applied.

Express manicure	(20min) R140
Express pedicure	(30min) R160
French paint is an extra	R50

PARAFFIN DIP R50

Add on to any treatment

Peach Paraffin Wax enriches the skin with aloe vera for deep skin moisturizing and conditioning, and peach oil calms and smoothes dry, rough skin.

DANNE MOTAGUE KING MEDIPEDI®

Remove callouses and hard skin build up with DMK's MediPedi®. MediPedi® gives exceptional visible and tactile improvements in just one treatment leaving the roughest, most cracked and calloused feet feeling smooth and soft.

REFLEXOLOGY R285

A natural healing art based on the principle that there are reflexes in the feet, hands and ears and their referral areas within zone related areas, which correspond to every part, gland and organ of the body. Through application of pressure on these reflexes, the feet being the primary area of application, reflexology relieves tension, improves circulation and helps promote the natural function of the related areas of the body.

GELISH MANICURE & PEDICURES

Gelish manicure	R275
Gelish Pedicure	R325
Soak off	R45

Performs like a Gel, Applies like a Polish.... First ever brush-in-bottle gel-polish, Lasts for up to two weeks

WAXING		MALE WAXING		
	Full leg wax	R210	³/₄ Leg wax	R210
	³/₄ Leg wax	R180	½ Leg wax	R195
	½ Leg wax	R155	½ Arm wax	R160
	Standard Bikini	R120	Full Arm wax	R160
	G-String	R185	Chest wax	R230
	Brazilian	R205	Back wax	R230
	Hollywood	R240	Ear wax	R80
	Underarm	R100	Nose Wax	R80
	Lip/chin/Brow	R80		
	Full Face	R165		
	Full arm wax	R160		
	Half arm	R110		

TINTING

R100

R350

MAVING

Lash/Brow tint	R80	
Lash & Brow tint & shape	R195	



dermalogica







