

## BASIC NEEDS LIST

### PERSONAL CARE ITEMS:

(Regular Sizes Only)

Deodorant  
Disposable razors (women and men)  
Lotion  
Brushes/Combs  
Toilet Paper\*  
Quarters for laundry

### CLEANING SUPPLIES:

Laundry Detergent \*  
Bleach  
Dishwashing Detergent  
(no automatic dishwashers)  
Household cleaners  
(glass, kitchen/bathroom, dusting, floor)  
Sponges  
Brooms  
Dust Mops  
First Aid Kits  
Flashlights/Batteries  
Emergency Relief Kits

### KITCHEN/BATH ITEMS:

Dish Towels  
Paper Towels, Napkins \*

### MISCELLANEOUS UTENSILS:

Can Openers \*  
Hand Beaters  
Mixing Spoons  
Spatula  
Pancake Turners \*

### FOOD ITEMS:

Canned Fruit \*  
Pasta  
Spaghetti Sauce  
Instant Rice  
Baking Mix (ex. Bisquick)  
Macaroni & Cheese  
Top Ramen  
Tuna Fish \*  
Canned meats (ex. chicken, turkey, beef) \*  
Quick and Easy Meals (ex. Hamburger Helper)  
Peanut Butter  
Chili \*  
Mayonnaise \*  
Ketchup \*  
Mustard

\*These are high demand items.  
Gift cards for department and grocery stores  
are also accepted and a high need.

