

# BREAKFAST

SERVED ALL DAY

**Sandwiches available on Udi's Gluten Free bread [1.5]**

Tortillas are not gluten-free, substitute corn tortillas

## GREEN BURRITO [4.75]

Black beans, avocado, kale, corn, green chili, mushrooms and pico de gallo.

## SMOTHERED GREEN BURRITO [7]

Black beans, kale, corn and mushrooms smothered with green chili, avocado and pico de gallo

## BREAKFAST BURRITO [4.5]

Eggs, potatoes, cheddar and green chili

Add bacon, ham, sausage, turkey or avocado (1.5 each)

Get it smothered [5.75]

## CLASSIC EGG AND CHEESE SANDWICH [4.75]

Egg, cheddar and aioli on a croissant

Add ham, sausage, bacon, turkey or avocado [1.5 each]

Add extras: tomatoes, mushrooms, arugula, caramelized onions [1 each]

## SOUTHWEST GRAND BREAKFAST SANDWICH [5.75]

Eggs, bacon, tomatoes, avocado and aioli on Jalapeño Cheddar

## GARDEN BREAKFAST SANDWICH [3.5]

Avocado, tomatoes, arugula and red onions on pan al lino

Add egg [1]

## CALIFORNIA SANDWICH [4.5]

Egg, tomatoes, avocado, and herb cream cheese on Pan al Lino

## GRANOLA

With milk [3.5] With strawberry compote, Greek yogurt and fresh fruit [5.5]

## FRESH FRUIT SALAD [2.5]

**gf** = Gluten Free | **gfo** = Gluten Free Optional

**v** = Vegan | **vo** = Vegan Optional

**veg** = Vegetarian | **vego** = Vegetarian Optional

**We gladly accommodate dietary restrictions.  
Please discuss your needs with your server.**



### POWER FOOD

Packed with macro and micro nutrients; low in calories, fat, sugar, sodium; free of saturated fat

### POWER GREENS MIX:

**Baby Spinach, Kale and Arugula**

Nutrient dense plants that pack a big vitamin punch

# CAFÈ

Small/Medium/Large

All drinks available iced

## COFFEE [1.95/2.05/2.35]

Regular or decaf

## LATTE [2.95/3.55/3.85]

## MOCHA LATTE [3.45/4.05/4.35]

Dark or white chocolate

## MINTY MOCHA LATTE

[3.45/4.05/4.35]

## CARAMEL LATTE

[3.45/4.05/4.35]

## CARAMEL MOCHA LATTE

[3.45/4.05/4.35]

## ETAI'S LATTE [3.45/4.05/4.35]

Espresso with condensed milk and steamed milk

## FLAVORED SYRUPS [.50]

## SINGLE ESPRESSO [1.25]

## DOUBLE ESPRESSO [2.25]

## AMERICANO [2.25]

## EUROPEAN MACCHIATO [2.65]

Double espresso with a little steamed milk and a little foam

## CAPPUCCINO [2.95/3.55/3.85]

## CAFE AU LAIT [1.95/2.35/3.25]

## MILK STEAMER [2/2.30/2.60]

## ETAI'S ICED COFFEE [2.65]

Espresso, condensed milk and ice

## HOT CHOCOLATE - DARK, WHITE OR CARAMEL [2.75/3.25/3.45]

Add hazelnut or vanilla syrup [.50 each]

## BHAKTI CHAI [3/3.75/5]

Fragrant and spicy with fresh pressed ginger

## OREGON CHAI [3/3.75/5]

Sweet and mild

## DIRTY CHAI [4/4.5/5.8]

Espresso with chai of your choice

## ASSORTED TEAS [2]

Black, Green or Herbal

**Our milk is FREE of artificial hormones,  
rBGH, preservatives and pesticides**

## CATER YOUR BREAKFAST

### ASSORTED BREAKFAST BOX:

A mix of our fresh breakfast sandwiches and burritos with a side of fruit salad [5.5 per person]

### POT OF CODA COFFEE

Serves 8 people [14]

### ASSORTED BOTTLED JUICES [2]

### PASTRY TRAY

Assorted pastries and breads with spreads designed to offer variety [2.5 per person]

### FRUIT SALAD BOWL

[2.5 per person]



EVERYTHING REMAINS THE SAME  
EXCEPT THE NAME

## ETAI'S AT CARUTHERS BIOTECH BUILDING

East Campus, 3415 Colorado Ave. Boulder, Co. 80303

MON-FRI 7:30AM - 3:00PM | 303-735-6500

[www.etaiscafe.com](http://www.etaiscafe.com)



## CHOICE OF ★★★ SIDES

Hummus *gf/v* | Chips *gf/v* | Quinoa *gf/v*  
 Potato Salad *gf/veg* | Power Greens\* *gf/v*

Add 1.5 for:

Cup of Soup *gfo/vo* | Fruit Salad *gf/v*  
 Roasted Veggies *gf/v*

### -NEW- ..... SMALL BITES .....

Pita+Hummus [2.75] | Pita+Hummus+Side [3.75]

Soup Of The Day *gfo/vo* Cup [2.85] Bowl [4.85]

## SALADS

All salads served tossed with dressing and comes with assorted artisan bread  
 Change artisan bread to GF bread [1.5]

### HUMMUS PLATE [6] *gf/v* **NEW**

With fresh vegetables and our pita bianca

### ROBIN'S POWER SALAD [5.75/9.75] *gf/v* **NEW**

Fresh kale, power greens, beets, hazelnut cranberry quinoa, green apples, shaved carrots and celery root with carrot sesame dressing

### SOUTHWEST CHICKEN SALAD [5.75/9.75] *gfo/vego* **NEW**

Romaine, smoked chicken, avocado, jalapeños, corn, black beans, tomatoes, cheddar, and crispy corn tortilla strips with ranch dressing

### GARDEN AVOCADO SALAD [5.75/9.75] *gf/v*

Power greens, tomatoes, cucumbers, carrots, avocado, almonds, cranberries, snow peas, beets and croutons with your choice of dressing

### ETAI'S COBB SALAD [5.75/9.75] *gfo*

Romaine, roasted chicken, bacon, avocado, cucumbers, tomatoes, egg and Danish blue cheese with ranch dressing  
 Substitute tuna for chicken [1.5]

### PEANUT CHICKEN SALAD [5.75/9.75] *gfo/vo*

Power greens, napa cabbage, roasted chicken, snow peas, carrots, mandarin oranges, cilantro and peanuts with soy ginger dressing

### MANGO CHICKEN SALAD [5.57/9.75] *gfo/vego*

Power greens, roasted chicken, jicama, almonds, cranberries, goat cheese and mango salsa with orange balsamic vinaigrette

## SANDWICHES

COMES WITH CHOICE OF SIDE

Available on Udi's Gluten Free bread [1.5]

### GREEK CHICKEN PITA SANDWICH [9] *gfo* **NEW**

Roasted chicken, tomatoes, cucumbers, onions, romaine, kalamata olives and feta with greek dressing in our pita bianca

### HUMMUS SANDWICH [8.5] *gfo/v*

Hummus, power greens, pico de gallo and pickles with green tahini sauce on the side, in our pita bianca

### LIGHT TUNA SANDWICH [9] *gfo*

Albacore tuna with power greens, aioli, lemon confit and kalamata olives on ciabatta

### SPICY JALAPEÑO-CHEDDAR TURKEY [9.25] *gfo*

Turkey, bacon, avocado, tomato, lettuce and aioli on jalapeño cheddar

### CALIFORNIA B.L.T. [8.75] *gfo*

Bacon, lettuce, tomato, avocado, aioli on challah

### BIG APPLE TURKEY [9.25] *gfo*

Turkey, brie, apples, lettuce and honey mustard on cranberry walnut

### APPLE BRIE [8.85] *gfo/veg*

Brie, apples, lettuce and honey mustard on cranberry walnut

## PANINIS

COMES WITH CHOICE OF SIDE

Available on Udi's Gluten Free bread [1.5]

### ARTICHOKE BRIE GRILLED CHEESE [8.5] *gfo/veg* **NEW**

Power greens, artichokes, brie, gouda, aioli and fresh basil on rustico. Add bacon [2]

### CLASSIC GRILLED CHEESE [7] *gfo/veg*

Cheddar cheese on rustico  
 Add bacon [2] and/or tomato [0.50]

### REUBEN [9.75] *gfo* **NEW**

Slow roasted corned beef, sauerkraut, Swiss cheese and thousand island on rye

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## HOT SANDWICHES

COMES WITH CHOICE OF SIDE

Available on Udi's Gluten Free bread [1.5]

### JERUSALEM CHICKEN SANDWICH [9.5] *gfo*

21 spice chicken, power greens, caramelized onions, tahini and pico de gallo in our pita bianca

### SMOKED CHICKEN SANDWICH [9] *gfo*

Smoked chicken, cabbage slaw, Swiss cheese and UdiQ sauce on brioche bun

### ETAI'S FAMOUS FRENCH DIP [10.25] *gfo*

Roasted beef (all natural local Aspen Ridge beef), gouda, caramelized onions and aioli with beef au jus on ciabatta

### CHICKEN BASIL [9] *gfo*

Chicken, bacon, gouda, roasted red peppers, basil, lettuce and aioli on pan al lino

### VIETNAMESE PORK [9] *gfo*

Shredded pork, lettuce, cilantro, jalapeños, pickled carrots and jicama, on ciabatta with sweet and sour dipping sauce

### VIETNAMESE TOFU [8.5] *gfo/v*

Sweet chili tofu, mushrooms, lettuce, cilantro, jalapeños, pickled carrots and jicama on ciabatta with sweet and sour dipping sauce



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