

Position	Race No./ID	Name	Club	Time
1	M316	Kurt Heron	U/A	4.37
2	M297	Nick Joyce	Tyne Bridge Harriers	4.58
3	M288	Jason Harding	Elvet Striders	5.12
4	J.BARNSHAW-M	Jamie Barnshaw	Run Eat Sleep	5.15
5	M335	A.KING-M	U/A	5.41
6	M323	Paul J Brennan	Crook AC	5.44
7	M329	Malcolm Leece	Jarrow & Hebburn	5.46
8	M325	Andrew Thornton	Jarrow & Hebburn	6.04
9	M.McNALLY-M	Michael McNally	Jarrow & Hebburn AC	6.09
10	M324	Kirstin Farquhar	Durham City Harriers	6.18
11	P.McCLUSKEY-M	Phil McCluskey	Houghton Harriers & AC	6.25
12	D.WISNIEWSKI-M	Dariusz Wisniewski	U/A	7.00
13	M275	Paul Gray	U/A	7.19
14	S.BELL-M	Stephen Bell	U/A	7.33
15	N.REAY-M	Neil Reay	Run Eat Sleep	7.33
16	J.HEADS-F	Jackie Heads	U/A	7.38
17	M242	Darcy Tulis	U/A	7.49
18	M346	Katie Davison	Elvet Striders	7.50
19	M315	James Lowrie	Run Eat Sleep	7.55
20	D.BRACK-M	Dave Brack	U/A	7.56
21	M217	Caroline Tulis	U/A	8.01
22	J.BARNSHAW-F	Julia Barnshaw	Run Eat Sleep	8.15
23	M.LOFTUS-F	Michelle Loftus	Run Eat Sleep	8.54
24	R.PUNTON-M	Ross Punton	Run Eat Sleep	9.06
25	M225	C.WOOD	U/A	9.11
26	M334	Liam Atkin	Durham City Harriers	9.12
27	M342	Steve Atkin	U/A	9.13
28	M292	Claire Galloway	Elvet Striders	9.16
29	M339	Kian Atkin	U/A	10.14
30	M344	Sonja Atkin	Durham City Harriers	10.14
31	M330	Laura Jackson	Elvet Striders	10.45
32	M224	Vicky Milburn	U/A	12.03
33	M261	Ruth Anderson	South Shields Harriers & AC	12.47