

Position	Race No./ID	Name	Club	Time
1	M297	Nick Joyce	Tyne Bridge Harriers	5.00
2	M288	Jason Harding	Elvet Striders	5.13
3	J.BARNSHAW-M	Jamie Barnshaw	Run Eat Sleep	5.25
4	M287	Tom Rutherford	Blaydon Harriers & AC	5.33
5	M296	Claire Thompson	Victoria Park City Of Glasgow	5.39
6	M286	Ross Robertson	Vegan Runners	5.39
7	M277	David Kennedy	U/A	6.01
8	C.BRYSON-M	Chris Bryson	Run Eat Sleep/Vegan Runners	6.11
9	M.McNALLY-M	Michael McNally	Jarrow & Hebburn AC	6.17
10	M341	A.SUTER-F	U/A	6.21
11	M218	M.TULLIS-M	U/A	6.34
12	M201	Rob Clark	U/A	6.58
13	M208	Hayden Steven	U/A	7.21
14	M209	K.STEVEN-M	U/A	7.33
15	N.REAY-M	Neil Reay	Run Eat Sleep	7.33
16	X.WISNIEWSKI-M	Xawery Wisniewski	U/A	7.36
17	M299	Ian Minto	Vegan Runners	7.48
18	M242	Darcy Tulis	U/A	7.50
19	D.BRACK-M	Dave Brack	U/A	7.54
20	M298	Colleen Walker	Vegan Runners	7.56
21	J.BARNSHAW-F	Julia Barnshaw	Run Eat Sleep	8.10
22	M217	Caroline Tulis	U/A	8.21
23	L.SAYER-F	Lilly Sayer	U/A	8.34
24	M304	Paul Hutchinson	U/A	8.37
25	M302	Lisa Searles	U/A	8.48
26	R.PUNTON-M	Ross Punton	Run Eat Sleep	8.49
27	S.BARNES-F	Sue Barnes	U/A	9.17
28	C.SAYER-F	Christine Sayer	U/A	9.22
29	M295	Kayleigh Smith	U/A	9.24
30	M254	Evelyn Adams	Run Eat Sleep	10.15
31	M301	Zara Wisniewski	U/A	11.13
32	D.WISNIEWSKI-M	Dariusz Wisniewski	U/A	11.53