



Mussels & Parmesan Frites | 16

local mussels steamed in white wine, garlic and herbs, with parmesan dusted fries

Spicy Chorizo Pappardelle Pasta | 16.5

chorizo sausage, cherry tomatoes, garlic confit, spinach, pappardelle pasta with a creamy charred scallion sauce

SANDWICHES

choose a sandwich side to enjoy with your meal

fries or mixed greens | 4

sweet potato fries or Caesar salad | 5

cup of seafood chowder | 7

Chipotle Beef Wrap | 14.5

slices of beef tenderloin, peppers, onions, mushrooms, dill pickle, shredded mozzarella cheese and chipotle mayo in a tortilla wrap

Pulled Pork Sandwich | 12

slow roasted pulled pork, black bean purée, fennel apple slaw on a garlic butter toasted pretzel bun

Maple Fried Chicken Sandwich | 11.5

flour dusted and buttermilk marinated 4oz chicken breast, two slices maple candied bacon, romaine lettuce tossed with garlic dressing, sliced tomato, chipotle aioli on a garlic toasted pretzel bun

Big Mama Burger | 15.5

12oz of island ground beef, shaved black forest ham tossed in bbq sauce, chipotle aioli, tomato chow-chow, Canadian white cheddar cheese, sliced tomato, shaved onion and a fried egg on garlic toasted brioche bun

Great Canadian Burger | 10.5

6oz island ground beef burger, with Canadian back bacon, Canadian white cheddar, sliced tomato, caramelized onion aioli and crispy onion rings on garlic butter brioche bun

Edgie Veggie Burger | 11.5

double vegan patties, chow chow tomato jam, sautéed peppers and onion blend, baby spinach, provolone cheese and caramelized onion mayo on a pretzel bun

Please inform your server of any food allergies or dietary restrictions

Express Lunch Options*

Fish n' Chips | 15.5

PEI Brewing Co. beer battered haddock filet served with tartar sauce, lemon wedge, pickle & fries

Turkey Poutine | 14

crispy fries with local roast turkey, house stuffing, cheese curds, savoury gravy, garnished with dried cranberries

Chicken Caesar Salad | 16

sliced grilled chicken breast, chopped romaine lettuce tossed with creamy garlic dressing, bacon bits, and oven baked croutons

Fish and Farm Salad | 16.5

4oz Atlantic salmon fillet, pan seared on "Soleil's" mixed greens, tomato, shaved radish, maple vinaigrette, served with hard boiled egg and melba toast

Seafood Chowder | 13.5

creamy seafood chowder with clams, scallops, salmon, shrimp, mussels, and haddock.
Served with a bread roll

Creamy Potato Bisque | 7.5

house made potato bisque, topped with crispy bacon, cheddar cheese, corn and scallions
Served with a bread roll

Gables Salad | 12.5

baby spinach, broccoli florets, chick peas, diced cucumbers, mini bocconcini cheese, lemon, tomatoes and oregano dressing

ADD salmon or grilled chicken | 5

Our Kitchen is Your Kitchen

If there is something you cannot find on the menu, either a food item or a preparation method, our culinary team would be pleased to accommodate your request whenever possible.

Consuming raw or under-cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness

Join us for Lunch

Earn Rewards | Eat for Free!*

**WATER'S
EDGE**
RESTO | BAR | GRILL
902.894.1208

**LUNCH
LOYALTY**

1 2 3 4 5 6

FREE DESSERT!*

FREE LUNCH!*

*Free to join, ask a server for details!

Express Lunch

22 Minute Guarantee!*

In a hurry to get back to the office?
Try 1 of these 3 items and your boss won't even
know you were gone!

Fish & Chips | Turkey Poutine | Chicken Caesar Salad

food will be delivered 22 minutes from time of order,
or your next lunch is free.

*entire table must order from these 3 items

GIRLS NIGHT OUT

Join us Every Friday



LIVE MUSIC 5:30-8PM

HAPPY HOUR

DRINK SPECIALS

free underground parking for restaurant guests

DAILY SPECIALS

JOIN US IN THE LOUNGE

SOMETHING FOR EVERYONE

A DIFFERENT DAILY SPECIAL



Sunday

Beef Dip & Fries \$16

Monday

Burger & Beer \$16

Tuesday

Fish and Chips \$14

Wednesday

Steak Special \$21

\$5.95 Glasses of Wine

Thursday

Wings & Thunder Mugs \$20

Friday

Girls Night Out

Live Music 530pm-8pm

\$5.25 Glasses of Wine

Saturday

Prime Rib Night

\$25 - 10oz cut

\$20 Pitchers of Sangria