

**No-Sugar, Low Carb Ice Cream (for the ice cream maker)**

1 cup heavy cream

1 cup half and half

2 eggs

Stevia to taste (approx. 9 tsp granule stevia or 1 3/4 tsp. liquid stevia)

2 tsp. vanilla

Mix well and chill before adding to cylinder.

Freeze according to your ice cream maker's instruction.

\* You can also add 2 Tbs unsweetened cocoa powder (if chocolate flavor is preferred).  
or chopped fresh strawberries before freezing.