



Junior Membership

Pack

Club Officials

Chairman – Simon Moody

Vice Chairman – Josh Herrick

Treasurer – Billie Wright

Secretary – Richie Gray

Player Welfare Officer – Billie Wright

Head of Youth Development – Liam O'Sheehan

Head Coach – Simon Moody

Assistant Coaches – Shaun Scott, Liam O'Sheehan,

Josh Herrick, Scotty Whitelaw, Mitch O'Sheehan

Our Home: Enderby Leisure Centre, Mill Lane, Enderby, Leicester, LE19 4LX



Message from the Chairman / Head Coach

Welcome to the Enderby Dodgeball Academy. Whether it's your first session with us or you're a regular we hope you enjoy what the club delivers on a weekly basis. This year we have decided to offer new and current players a membership pack. We decided to offer this pack because we want our new players to feel a sense of inclusion and learn more about the club when they first start. The pack includes important information such as our training nights, history and a who's who guide on the club hierarchy plus much more.

Prior to your child starting the clubs sessions with us you should have been given a membership form. Every membership form we receive back your child will be allocated a membership number. Every month we will draw a membership number out at random and your child will receive a free session. In the future we hope to include other incentives such as a free Dodgeball or an Enderby Academy T-shirt. Details supplied will be strictly confidential and details supplied will not be passed on to any third party.

Within the pack we will have enclosed a copy of Dodgemag (for new members only). The Dodgemag is a Dodgeball Magazine which provides information, news, games on anything Dodgeball across the world. It's a fantastic read and is available on a 3 monthly basis for £1. We will advise you when other issues are released.

Enderby Dodgeball has recently become an Academy. This is because of the new Junior Club we have started on a Saturday (January 25th). With the junior club in place we have development now available from ages 5-40+ male and female across the Academy. The Academy set up has been a personal dream of mine and I am delighted to roll this out in our 5th birthday year of the club.

On behalf of myself and the Academy team we hope you enjoy what we have to deliver. If you have any questions no matter how small please come and speak to me or any of our coaches.

Happy Dodging!

Simon Moody

Enderby Dodgeball Academy Head Coach

Our Aims and Objectives for 2014

- Stable growth of the junior club throughout 2014.
- Stable Growth of the adult club throughout 2014.
- Create another mens and womens adult team.
- Create a junior team.
- End of season club awards (Adult and Junior).
- Achieve Club Mark status.

Message from Head of Youth Development

I am delighted to be able to welcome your son / daughter along to our new Junior Club which I feel very privileged and proud to be part of. Having a young family and speaking to the younger generation I hear a lot of enthusiasm towards Dodgeball. At the club we share the same vision which is to deliver a fun, accurate and safe version of the sport as well as developing your child's core skills such as throwing, catching, communication and team work. I feel it's essential to be playing the sport with the correct equipment as well as playing to UKDBA rules. The equipment we provide is very safe with the younger age group (5-10 year olds) playing with softer Dodgeballs which are easy to grip. The older age group (11-14 year olds) will be playing with specialised small Junior Dodgeballs.

I feel it is important to build a good social environment for the children to make new friends. Over the next 12 months it would be amazing to extend the children's knowledge of the sport throughout Leicestershire and hopefully start our 1st junior team to enter competitions.

Happy Dodging

Liam O'Sheehan

Enderby Dodgeball Academy Head of Youth Development

Introductory letter to parents/carers

Dear PARENT/CARER,

On behalf of *Enderby Dodgeball Academy* I would like to welcome your child to the Academy and provide you with some information about our activities. The Club provides opportunities for young people between the ages of 5 and 14 to receive coaching. All coaching is by qualified coaches who are trained and have been screened for their suitability for working with young people.

The Club is [currently working towards] Sport England's Clubmark, which is awarded to clubs by *NGB* when the club is able to demonstrate that it meets the *NGBs* criteria as to playing/activity programme; equity; knowing your club and its community and club management. Clubmark is an acknowledgement that we take these issues seriously and that we are striving to provide a high quality and welcoming environment for young participants in the sport. Our club Welfare Officer, *Billie Wright*, is responsible for ensuring that our child protection policy is implemented, and can be contacted on enderbydodgewelfare@gmail.com should you have any concerns.

Training sessions take place on ***Saturdays at 1.30pm-2.30pm for 5-10 year olds and 2.30pm-3.30pm for 11-14 year olds from 25th January 2014 at Enderby Leisure Centre.*** We shall advise you if sessions are cancelled due to bank holidays / Christmas etc.

Arrangements should be made for your child to travel to and from training sessions and matches. We appreciate it if children can arrive promptly and are collected promptly at the end of the session, if they are not making their own way home. If you are going to be late picking your child up, please **contact *Simon Moody on 07743098544 or Liam O'Sheehan on 07825575477*** and let them know.

Your child to take part needs to wear *normal sportswear and indoor trainers*. Knee pads are often worn by adult players. These are available to buy from all good sports shops. ***The cost of each training session is £2 this fee needs to be paid to the coach at the start of the session.***

For the safety of your child it is important that the club is informed of any medical condition or allergies that may be relevant, should your child fall ill or be involved in an accident while at the club.

If you would like to talk to someone at the club about this information or your child's involvement with the club, please contact the Head of Youth Development, *Liam O'Sheehan 07825575477 or Head Coach Simon Moody 07743098544.*

We thank you for your cooperation and look forward to meeting you at some point in the future.

Code of conduct for junior members

Enderby Dodgeball Academy is fully committed to safe guarding and promoting the well-being of all its members. The Club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with Liam O'Sheehan or Simon Moody

As a member of *Enderby Dodgeball Academy*, you are expected to abide by the following junior code of practice:

-  All members must play within the rules and respect officials and their decisions
-  All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity.
-  Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
-  Members must wear suitable kit – *Sportswear including Indoor trainers*– for training and match sessions.
-  Members must pay any fees for training at the start of the session to the coach.
-  Junior members are not allowed to smoke on club premises or whilst representing the club at competitions.
-  Junior members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club.
-  Bullying of any sort will not be tolerated.

Code of conduct for parents/carers



Encourage your child to learn the rules and play within them.



Discourage unfair play and arguing with officials.



Help your child to recognise good performance, not just results.



Never force your child to take part in sport.



Set a good example by recognising fair play and applauding good performances of all.



Never punish or belittle a child for losing or making mistakes.



Publicly accept officials' judgements.



Support your child' involvement and help them to enjoy their sport



Use correct and proper language at all times.



Encourage and guide performers to accept responsibility for their own performance and behaviour.

Enderby Dodgeball Academy History

- **February 17th 2009** - Enderby Dodgeball Club was born.
- **April 2010** – We were awarded funding from Active Together to expand the club to two courts. This was due to high attendance since our opening in 2009. We still have two courts at the club now. This is to run a development/ skills court and an elite court for elite players.
- **March 2011** - Our girls teams The Leicester City Ligresses enter their first tournament after a year of training and finish in first place.
- **June 2011** – The Ligresses finish 3rd in UKDBA Nationals.
- **September 2011**- The Ligressess win The Blaby Sports Team of the year.
- **September 2011**- We held our own charity tournament we raised £1006.36 for Bobby Moore Fund, 14 teams entered.
- **April 2012** – The Club hosted their own Championship event 16 teams enter.
- **May 2012** - Guest from Japanese Dodgeball league attends the Club.
- **June 2012** –The Ligresses win UKDBA Nationals.
- **June 2012** – Male team The Bullet Dodgers gain Promotion to National Dodgeball League.
- **July 2012** - American NDJ player attends the Club.
- **July 2012** - Record Number 64 attendees on a Tuesday Night.
- **September 2012** – The Bullet Dodgers receive merit award from Blaby Sports Awards for Team of the year. Girls win Team of the Year 2nd year running. Head Coach Simon Moody Wins Coach of the year.
- **October 2012** – The Enderby Dodgeball Club wins UKDBA Club of the year.
- **April 2013** –The Bullet Dodgers gain promotion to Premier League. Leicester City Ligers suffering relegation after 3 years in Premier League.
- **May 2013** The Ligresses win regional qualifier 3 times in a row. Ligers also go on to win their first qualifier in 6 years.
- **May 2013** - Funding award from The Leicestershire Legacy Fund.
- **August 2013** - Record number 67 members on a Tuesday Night
- **September 1st 2013** - 19hrs completed of our 24hr Dodgeball Challenge 2013
- **September 22nd 2013** - £1808 raised for the Bobby Moore Fund from the Charity Tournament which 19 teams entered.
- **December 20th 2013** - Awarded £978 funding to set up a Junior Saturday Club.
- **January 1st 2014** The Academy is born
- **January 25th** The Junior Club Start date

A dodgeball survival guide hints and tips

Basic Dodgeball Rules

- Each game is 3 minutes long or until an entire team is 'out'.
- A hit is a direct hit, for example the ball must strike a player before any other surface. If a ball strikes you after it has bounced, hit a wall or been blocked by a dodgeball, this is not a hit and you are NOT OUT. This would class the ball as a dead ball.
- A catch brings one of your team mates on your team back in to the game. The opposition who threw the ball is out. This must be a direct catch. You come back in to the game in the order you have gone off in. So if you're out first you come back in first.
- There are 6 players a side with 3 balls in the match. The game is controlled by either 1 or 2 referees. A referee's decision is final.
- Honesty is the best policy so if you know you have been hit walk off the court. Don't wait for the referee to make a decision.

In Game Survival Tips



Don't step on the blue court lines – either in the dead zone that divides the court or the side court lines as you will be called "OUT". Balls won at the start must go back to team mates. They cannot be thrown forward straight away.



If you have two or three balls – throw together as a team not on your own. Remember it's harder to dodge two or three balls instead of single balls thrown in succession.



If you're losing go for catches. Catches win matches! You can also use the ball to block other dodgeballs.



Master the 5 D's Dodge, Duck, Dip, Dive and Dodge

Club information

Please find useful club information below.

Adult Club

Mens and Womens ages 15-40+ years old

Tuesday and Thursday 8.30-10.30pm

Enderby Leisure Centre, LE19 4LX

Junior Club

Boys and girls 5-14 year olds

Every Saturday 1.30pm (5-10 year olds) 2.30pm (11-14 year olds)

Enderby Leisure Centre, LE19 4LX

Contact information

Head Coach Number 07743098544

Junior Head of Development Number 07825575477

E-mail enderbydodgeball@googlemail.com

Website www.enderbydodgeball.co.uk

Twitter @enderbydodge

Facebook <https://www.facebook.com/enderbydodgeballjuniors>

<https://www.facebook.com/EnderbyDodgeballClub>

Membership Fees

Tuesday adult sessions £2

Thursday adult session £1.50 (Leisure Centre entrance fee £1.30)

Saturday Junior session 5-10 year olds 11-14 year olds £2 for each session