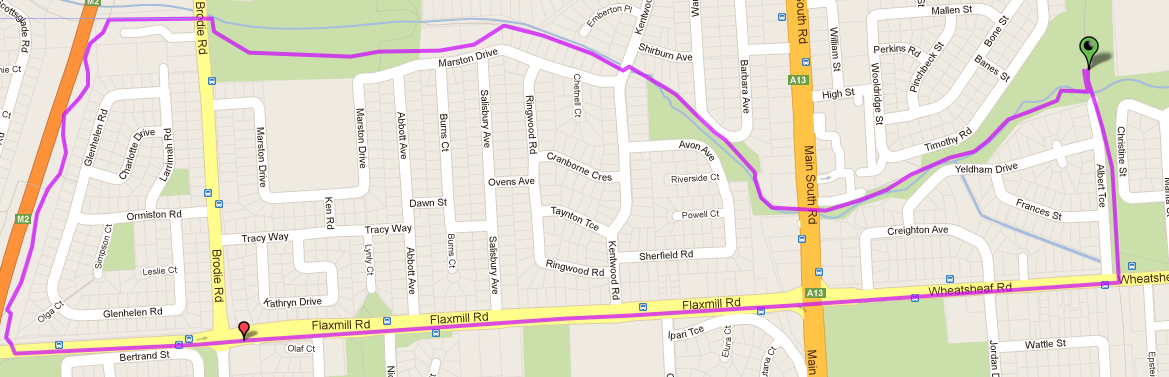
**[MV Run # 44 - 5.5km Southern Expressway & Christies Creek run](http://www.stepwhere.com/maps/route/MV-Run-17-5-1km-Morphett-Vale-Loop)**



**6**

**5**

**4**

**3**

**2**

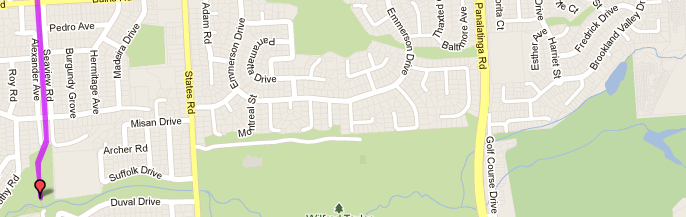
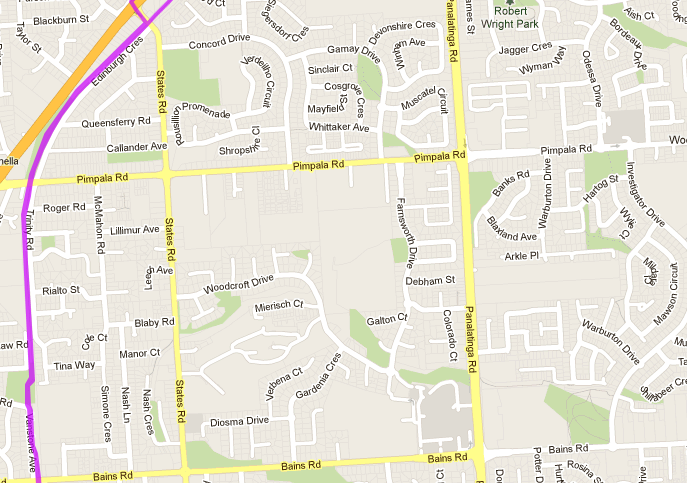
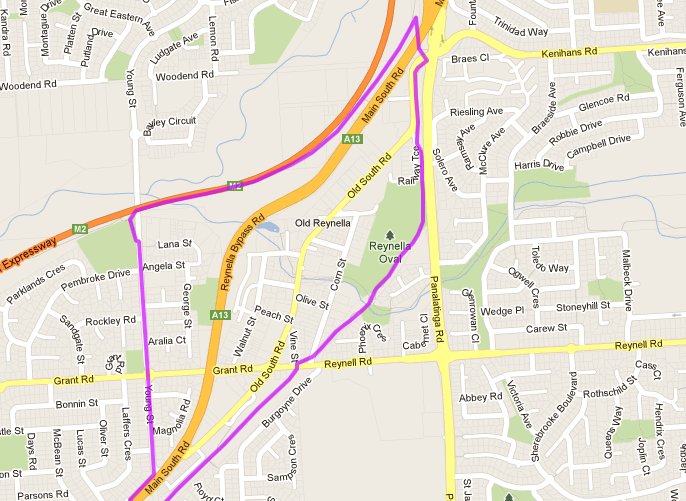
**Start & Finish**

**1**

|  |
| --- |
| **Directions** |

|  |  |  |
| --- | --- | --- |
| 1. Follow track till Wheatsheaf Road & turn right 2. Cross at lights and continue up hill to expressway & turn right onto expressway track 3. Follow expressway track till bottom of hill (Christies creek track) and turn right to Brodie Rd | 1. Cross over at Brodie Rd and take track into park, staying on the right of the lagoon – continue past toilet block until you reach the houses then follow track behind the houses and continue along Christies Creek trail 2. After road crossings (continue following track either side of roads along creek) cross park and then take tunnel under MS Road | 1. Continue through hotel carpark and continue along track, back to the park |

[**MV Run # 44 -** 10.8km Southern Expressway run](http://www.stepwhere.com/maps/route/MV-Run-17-10-7km-Track-Freeway)



**Directions**

1. Follow track towards Bains Road and continue across Pimpala (Hungry Jacks) until States Road and turn LEFT until MS Road
2. Cross MS Road and turn right, then left into Young Street and continue until roundabout – Go straight ahead
3. Continue down Young St until expressway entry track on left, just before bridge over expressway
4. Take entry track then turn right onto the expressway track and follow until Panatalinga road exit (just before construction works) – take exit to right and follow till traffic lights
5. At top of exit track, cross road Old Main road (to the right) and follow a few hundred metres down to the Coast to vines trail
6. Join Coast to Vines track to the left and continue to follow track back to the park

**6**

**5**

**4**

**3**

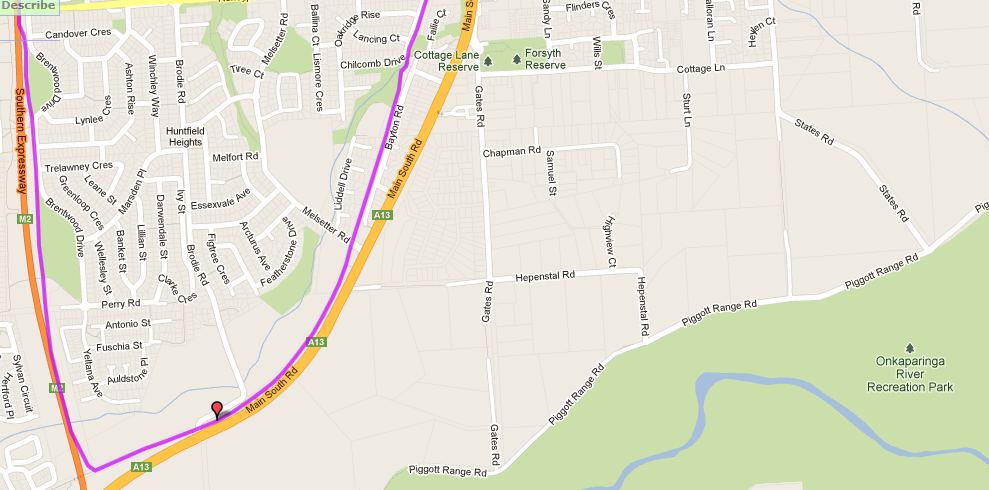
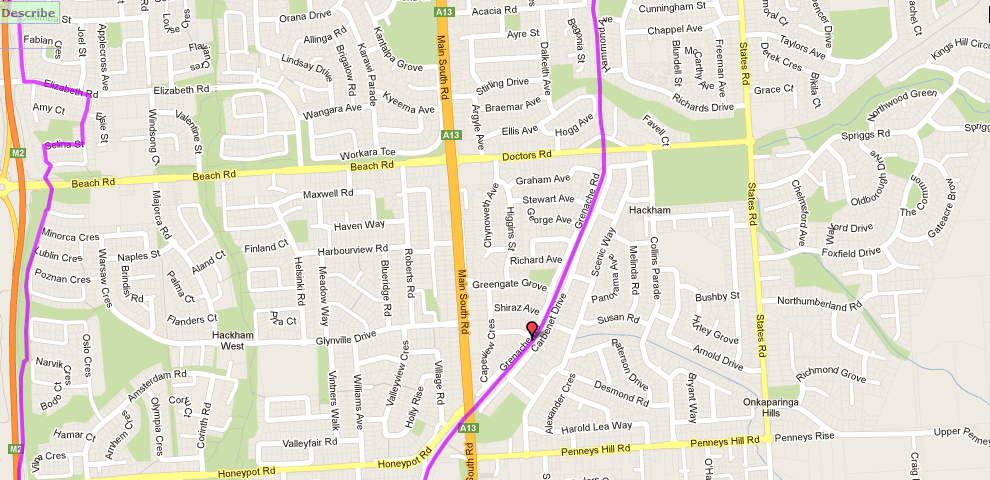
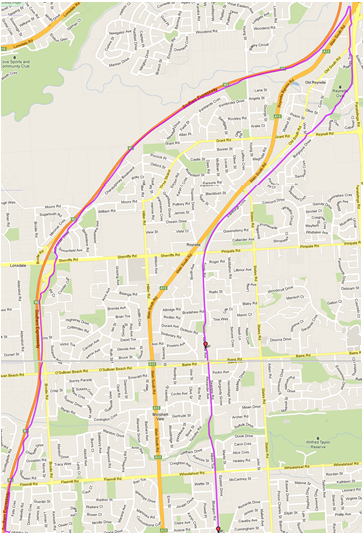
**2**

**1**

**Start & Finish**

[**MV Run # 44 –** 22.3km Southern Expressway run](http://www.stepwhere.com/maps/route/MV-Run-17-10-7km-Track-Freeway)

**4**



**2**

**1**

**3**

**5**

**6**

**Directions**

1. Follow the track towards Wheatsheaf Road – continue along track across Wheatsheaf, Doctor’s and Main South roads
2. Continue until you reach the track tunnel under the end section of the expressway – TURN RIGHT onto the expressway track
3. **Follow expressway track all the way until Panatalinga Road exist**

**NOTE:**

* 1. The track changes between Honeypot road and Flaxmil road – Simply follow the signs and arrows indicating the adjusted track
  2. Small track changes are also in place near Sheriffs road – follow markers and arrows

1. At Panatalinga road exit (just before construction works) – take exit to right and follow till traffic lights
2. At top of exit track, cross road Old Main road (to the right) and follow a few hundred metres down to the Coast to vines trail
3. Join Coast to Vines track to the left and continue to follow track back to the park

**Start & Finish**