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# Krum's Crazy Kitchen Sample Lesson

## Lesson 1: The Kiwi of Kindness

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**Key Truth:** My relationships will grow when love and respect I show.  
**Key Verse:** But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.  
Galatians 5:22-23  
**Date:**

**LESSON PASSAGE:** Joshua 2 (Rahab hides the spies.)

**SUMMARY:** This week the kids are learning about kindness which is one of the fruits of the Spirit. Kindness is showing concern or care for someone else. A great example of someone who demonstrated this fruit is Rahab. She was kind to the spies and risked her own life to save them. When we are controlled by the Holy Spirit, we will show kindness to others.

### LESSON SUPPLIES:

#### Pre-Service:

- Games and activities

#### Worship/Offering:

- Offering containers up front
- 10 kiwis in clear bowl

#### Welcome:

- Grape costume for Host
- Kiwi for Host
- Box of Runt candy

#### Icebreaker: Kiwi Talki

- Kiwi Talki paper for each child
- Crayons/colored pencils/pens for each group

#### Key Verse Game: Kiwi Tree

- 8-foot piece of brown string or thin rope for each group
- 1 set of verse cards for each group (white cardstock)
- 20 clothes pins per group

#### Lesson

- 2 spy masks for each group
- 1 four-foot piece of brown butcher paper for each group
- 1 eight-foot piece of red yarn or rope for each group

#### Announcements:

- Take home paper (white cardstock)

#### Tuitti Fruitti Award:

- Bag of Runt candy for winning group (3 pieces for each child in group)

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### Review Game: Kiwi Pied

- 2 chairs for up front (side-by-side)
- Tape to make line 6 feet in front of chairs
- 2 pie pans
- 2 containers of sliced kiwi (20 slices in each container)

### Parent Pick-Up:

- Take home papers (cardstock)

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### PRE-SERVICE ACTIVITIES (25 MIN)

#### Music videos on screen (1-4)

- Games and activities
- Volunteers spending time with kids

### VIDEO COUNTDOWN (5 MIN)

#### Countdown with fast, fun music (5)

- Group leaders gather the kids to the tables and spend time talking with them during the countdown. Here are some sample questions to discuss:
  - How did your week go?
  - How was school this week?
  - Did anything special or interesting happen this week?
  - What did you do fun this week?
  - What is your favorite \_\_\_\_\_? (*pick something*)
  - What's something else you want to talk about?

#### Transition slide with fun music (6)

### WORSHIP SONGS AND OFFERING (10 MIN)

**WL:** Hey kids! Turn to the person next to you, give them a high-five, and say, "Welcome to \_\_\_\_\_!"

*(Pause for kids to high-five each other).*

**WL:** Awesome! We're so pumped that you're here today! Join me up front and let's worship Jesus!

*(Gather kids to front.)*

**WL:** Here we go! Lift up your voices and let's praise Him with all we've got!

#### Song 1 – \_\_\_\_\_ (7)

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### Worship God with your offering with background music (8)

*(Hold up a clear bowl of 10 kiwis.)*

**WL:** I have 10 kiwis here. Who can tell me who caused these kiwis to grow? *(let kids respond)* That's right. So these kiwis came from God, right?

**WL:** If you were going to give a tithe back to God from these kiwis, how many of the 10 would you give back to Him? *(let kids respond)* That's right - one!

*(Take one kiwi and hold it up.)*

**WL:** This is what God asks us to do with the money He gives us. For every 10 dollars He gives you, He asks for one back. This is called the tithe and it belongs to Him. When you give the tithe back to Him, you're showing God that you're thankful for what He has given you and you trust Him to take care of you.

*Prayer for offering – thank God for everything He has given us. Ask Him to help us to be faithful to return our tithe back to Him and trust Him. Invite kids to place their offering in the containers during this next song.*

### Song 2 – \_\_\_\_\_ (9)

### Transition slide with music (10)

**WL:** Way to worship. I know God is looking down and smiling. Let's head back to our seats for some fun!

*(Have kids return to their seats.)*

## WELCOME BY GRAPE HOST: (5 MIN)

*(Host comes out dressed in grape costume and has a kiwi in his/her hand.)*

**HOST:** Hey! It's great to see you today! My name is \_\_\_\_\_ *(make up funny name)* and I'll be your host today for Krum's Crazy Kitchen Show! That's right. We're starting a brand new series today with Master Chef Krum. We'll be going to his kitchen to cook up some great treats with this little fruit.

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*(Hold up fruit and show the kids.)*

**HOST:** Who has ever eaten a kiwi before?

*(Let kids respond.)*

**HOST:** Does anyone know what's brown and goes up and down? *(pause)* A kiwi in an elevator!

**Ba-dum tsshh sound effect (11)**

**HOST:** What's brown, flat and gooey? *(pause)* A kiwi that got stepped on by an elephant.

**Ba-dum tsshh sound effect (12)**

**Tuitti Fruitti Award (13)**

**HOST:** Okay...enough of my fruity jokes. This month, we're going to be learning about the fruits of the Spirit and how to make them part of our lives. And...one group will win the Tuitti Fruitti award each week.

*(Hold up big box of candy runts and show to kids.)*

**HOST:** How can you win the award? Thanks for asking. Here's some of my friends to tell you how your group can win!

**Tuitti Fruitti award video (14)**

**Transition slide with music (15)**

**HOST:** How many of you want your group to win the Tuitti Fruitti award?

*(Get kids excited and cheering.)*

**HOST:** Awesome! Well, here's your first chance to catch our attention by talking. We have a fun activity for you and we want you to talk in your group.

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### ICEBREAKER: KIWI TALKI (8 MIN)

#### Kiwi Talki Instructions:

- Give everyone a Kiwi Talki paper.
- Have crayons, pens and pencils available for each group.
- Kids will do the following inside the kiwis:
  - Write their name in one kiwi.
  - Write their age in one kiwi.
  - Write their birthday in one kiwi.
  - Draw a funny face in one kiwi.
  - Color one kiwi their favorite color.
- After kids are done writing and drawing, go around and have them share about it.

#### Kiwi Talki with 6-minute timer and music (16)

Attention grabber & key truth – My relationships will grow when love and respect I show (17)

#### Transition slide with music (18)

### KEY VERSE GAME: KIWI TREE (5 MIN)

**HOST:** All right, who learned something new about someone at their table?

*(Let kids respond.)*

**HOST:** So cool! Well, the fun doesn't stop there!!! We have another game!!! Who's ready for another game?

*(Get kids excited and cheering.)*

#### Kiwi Tree (19)

**HOST:** This one is called "Kiwi Tree" and is going to be a competition between groups. How many of you knew that kiwis grow on trees?

*(Let kids respond.)*

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**HOST:** In this game, you'll be hanging your kiwis on the kiwi branch in the right order. To get ready, let's go over our new verse. It lists kindness and the other fruits of the spirit that we're learning about this month.

*(Repeat the verse with the kids 3 times. Mix it up and have fun. Point to different tables to say different words, try different voice levels, etc.)*

But the fruit of the Spirit is love, joy, peace, patience, **KINDNESS**, goodness, faithfulness, gentleness and self-control. Galatians 5:22-23 (20)

### Kiwi Tree Game Instructions:

- Each group will get out their kiwi cards, lay them face down on their table and then mix them up.
- Lay the branch (string) and clothes pins down on your table.
- On go, the kids will work together to pin the kiwi cards on the "branch" in the right order.
- As soon as they have all the words on the branch in the right order, they should shout out "Kiwi Tree" and hold up their branch.
- The first group done wins.
- Play as many rounds as you can in 3 minutes.

But the fruit of the Spirit is love, joy, peace, patience, **KINDNESS**, goodness, faithfulness, gentleness and self-control. Galatians 5:22-23 with fast music on "go" (21)

**HOST:** Great job! Let's say the verse one more time together!

But the fruit of the Spirit is love, joy, peace, patience, **KINDNESS**, goodness, faithfulness, gentleness and self-control. Galatians 5:22-23 (22)

Transition slide (23)

## KRUM'S CRAZY KITCHEN VIDEO (PT 1) (5 MIN)

**HOST:** Right now we're going to tune in to Krum's Crazy Kitchen show. Let's see what he's cooking up today!

Krum's Crazy Kitchen Video 1 (24)

Transition slide (25)

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### LESSON (15 MIN)

**TEACHER:** Wow...Krum has some things to learn about kindness, doesn't he? But the truth is we've all had times when didn't show care or concern for others, haven't we?

#### Fruit of the Spirit – Kindness (26)

**TEACHER:** Kindness is listed as one of the fruits of the Spirit. Now what does that mean? Does that mean if you are kind, kiwis will start growing on you? No...of course not.

#### Holy Spirit (27)

**TEACHER:** When the Bible talks about the fruits of the Spirit...here's what it means. When you ask Jesus to be your Forgiver, Leader and Friend, the Holy Spirit...God's Spirit...comes to live inside you. And as you allow the Holy Spirit to control your life, He helps you show kindness to others.

#### Fruit of the Spirit – Kindness (28)

**TEACHER:** As our friends told Krum, there's a great example in the Bible of a person who showed kindness. Her name is Rahab and her true story is found in the book of the Bible called Joshua.

#### Rahab (29)

**TEACHER:** I'm going to have each group act out the story while I tell it. First, pick someone to be Rahab. If your group has all boys in it, then have one of the girls come to your group to play Rahab.

*(Have each group pick out Rahab. If you have groups with all boys, send a girl to their group to play Rahab.)*

**TEACHER:** Here's how Rahab's story got started. God's people, the Israelites had sent two spies from their army to a city called Jericho. That's where Rahab lived.

#### Two Spies (30)

**TEACHER:** Pick two people in your group to be the spies and have them put on the spy masks.



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*(Have each group pick out two spies and have the spies put on masks.)*

**TEACHER:** The two spies came to Rahab's city on a secret mission because it was part of the land God had promised His people. They were spying out the city to see how they could conquer it for God.

*(Have the spies start sneaking around their group looking and spying while the music plays.)*

**Spy music for 30 seconds (31)**

**TEACHER:** The spies had to be very sneaky and couldn't be spotted or they would be captured. They decided to hide at Rahab's house.

*(Have the two spies go and stand beside Rahab.)*

**TEACHER:** The king found out the two spies were in the city and sent his soldiers to capture them. Before they got to Rahab's house, she hid them under some branches.

*(Have the two spies get under the table and put the brown butcher paper over them.)*

**Picture of soldiers and sound effect of marching (32)**

**TEACHER:** When the soldiers arrived at Rahab's house, they didn't see the spies.

*(Have the rest of the kids in each group play the soldiers and walk around their table like they're looking for the two spies and don't see them.)*

**TEACHER:** Rahab told the soldiers the men had left. *(have soldiers stop marching)*

**Picture of window on wall (33)**

**TEACHER:** After the soldiers left, Rahab helped the spies escape. The window in her house was part of the outside city wall. She used a red rope to help the men go out the window and down the wall to safety.

*(Have Rahab use the red rope (yarn) to help the spies escape out of a pretend window.)*

**TEACHER:** Great job! You can return to your seats.

*(Collect all supplies and put them away.)*

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Attention grabber & key truth – My relationships will grow when love and respect I show (34)

**TEACHER:** Why do you think Rahab showed kindness...even when it could have cost her own life? The answer is found in what she told the spies. Let's read it together.

**"THE LORD YOUR GOD IS GOD** in heaven above and on the earth below. Now then, please swear to me by the Lord that you will show **KINDNESS** to my family, because I have shown **KINDNESS** to you." Joshua 2:11-12 (35)

**TEACHER:** Whom did Rahab acknowledge was in charge of everything?

*(Let kids respond.)*

**TEACHER:** That's right. God. And that's what compelled her to show kindness to the spies. She knew it was what God wanted her to do.

**TEACHER:** How many of you know it's not always easy to show kindness to others? But the key is letting God be in control of your life. When you do that, the Holy Spirit will work through you to show the fruit of kindness.

### DISCUSSION (5 MIN)

**HOST:** I'd like you to talk in your groups about how God can help you show the fruit of kindness in these situations.

Questions with 5-minute timer and music (36)

- You see a kid being bullied at school. How can you show kindness?
- You find a wallet laying on the ground that has money and an I.D. card in it. How can you show kindness?
- Your mom looks really tired at dinner. How can you show kindness?

### PRAYER...TALKING AND LISTENING TO GOD (7 MIN)

Prayer slide with music (37)

**HOST:** Let's bow our heads and close our eyes and spend some time in prayer. There's something else you need to know about the story of Rahab. Because of her

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kindness, her family was saved when the city was attacked. You see, when you show kindness, God will use you to bless the people around you. This week God wants to use you to help other people by showing kindness.

**HOST:** Let's pray and ask God to help us this week. Pray this with me. *(have kids repeat out loud)*

Dear God...

I ask Your Holy Spirit to control me this week...

so I can show kindness to others...

give me opportunities this week...

to impact those around me...through kindness...

**HOST:** Now take a few more seconds by yourself to talk with God and ask Him to use you this week to show the fruit of kindness.

*(Give kids 10-15 seconds to pray quietly.)*

**HOST:** God is going to answer your prayer this week. And on your take home paper this week, there's a place where you can write down how He used you to show kindness to someone else. We want to encourage you to write down what happens and bring it back next week. We'll read some of them to everyone.

**HOST:** Right now, your group leader wants to show kindness by praying for you. If you have a prayer requests, share it with them and they will pray for you.

*Give group leaders 4-5 minutes to pray for the kids in their group and then close in prayer up front.*

*Prayer: Ask God to control the kids this week and use them to show kindness to others. Ask God to give them opportunities to show kindness at home, school, sports, neighborhood, etc.*

**Transition slide (38)**

### KRUM'S CRAZY KITCHEN VIDEO (PT 2) (3 MIN)

**HOST:** Let's tune back in to Krum's Crazy Kitchen show and see what's happening.

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# Krum's Crazy Kitchen

**Key Truth:** My relationships will grow when love and respect I show.

**Key Verse:** Galatians 5:22-23

**Date:**

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Krum's Crazy Kitchen Video 2 (39)

Transition slide (40)

### ANNOUNCEMENTS (1 MIN)

Announcements with music (41)

- Take home paper (42)
  - recipe to do at home with parents
  - challenge to show kindness to someone this week
  - write it on your sheet and bring it back next week
  - we will read some to everyone
- Next week – another Krum's Crazy Kitchen Show – bring a friend (43)
- \_\_\_\_\_ (44)

### TUITTI FRUTTI AWARD BY GRAPE HOST (1 MIN)

*(Host in Grape costume will come back out to award this.)*

Tutti Frutti Award with music (45)

**HOST:** Okay...it's time to give away the Tuitti Fruitti Award!!! Everyone's been doing a great job. It's really close. I want to hear you say the key truth again to help me decide the winner.

My relationships will grow when love and respect I show (46) *(have kids repeat once)*

Tuitti Fruitti Award (47)

**HOST:** Wow!!! Great job!!! I have a winner!!! The winner is \_\_\_\_\_!!!

*(Give away candy runts to the winning group.)*

### REVIEW GAME: KIWI PIED

Kiwi Pied with fun music (48)

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**HOST:** Who's ready for some more fun??? (*get kids excited and cheering*) We're going to play a fun game to see how much you remember from today's experience. The game is called Kiwi Pied. Here's how it works.

### Kiwi Pied Game Instructions:

- *Put two chairs on stage/up front. Side-by-side about 3 feet apart.*
- *Make a line in front of the chairs about 6 feet away.*
- *Ask a review question to the kids.*
- *Have the kids tell their group leader the answer.*
- *Have two group leaders send a girl from their group that answered correctly up to the front. (2 girls total)*
- *Have two group leaders send a boy from their group that answered correctly up to the front. (2 boys total)*
- *One girl will sit in the chair, put on safety goggles and hold an empty pie pan on her head. The other girl will stand behind the line.*
- *The boys will do the same thing.*
- *Hand two kiwi slices to the boy and girl behind the line.*
- *They both will both try to toss their two kiwi slices into the pie pan that is on their teammate's head.*
- *Bring up four new kids for each new question.*
- *Play as many rounds as time allows.*
- *Keep a running point total. The team with the most kiwi slices in their pan at the end of the game wins. Boys vs. Girls.*
- *Have towels / wet wipes for clean up as needed.*

### Review Questions:

1. How many spies were there? 2 (49-50)
2. What was the lady's name who hid them? Rahab (51-52)
3. What color was the rope that Rahab used to help them escape? Red (53-54)
4. What fruit of the Spirit did we learn about today? Kindness (55-56)
5. Say this month's key truth. My relationships will grow when love and respect I show (57-58)
6. What was the name of the city Rahab lived in? Jericho (59-60)
7. Who helps you have kindness when you let Him control your life? Holy Spirit (61-62)
8. Who sent soldiers to look for the two spies? King (63-64)
9. Jesus is my best friend...on Him I can \_\_\_\_\_. Depend (65-66)
10. This is my story...worshipping God and declaring His \_\_\_\_\_. Glory (67-68)

Transition slide (69)

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### PARENT PICK-UP

Parents – ask your child what they learned about KINDNESS today with music (70)

- Connect briefly with each parent.
- Thank for coming.
- Invite the child to come back to your group next week.
- Please remain with your group until your last child is picked up.

Slide stops music (71)

### BONUS GAME: KEY VERSE MIX-UP

Game Instructions:

- *Get the verse cards back out.*
- *Lay them face up on the table and mix them up.*
- *Have kids race to see who can put the verse in the right order the fastest.*