



"Choose Health 2015"

ZUMBA-Thon



NEW DATE!
SATURDAY
MARCH 21st
2:00pm - 5:00pm





**Flair
Fitness
Gym**

**8721 Darcy Road
District Heights
20747**



Join us in our efforts to raise money to build healthy families and family relationships. All proceeds will go to Family Restoration and Healing Center Inc.

\$12.00 fee includes:

-  health screening
-  great workout from the BEST Zumba instructors
-  mini-session on sustaining your health
-  great vendors /door prizes!

For details and even more excitement - visit the **ZUMBA-Thon** facebook page!



Register online at :
www.360wholeness.org

Space is limited...Register Today!

For more info contact: **Melissa Ferguson**
240-508-7222 or pnutfitness@gmail.com

Vendors:

If you would like to showcase your business or organization at this event - please contact Melissa Ferguson as directed below.



This event was made possible in part with Minority Outreach and Technical Assistance (**MOTA**) funding provided through the **Maryland Center at Bowie State University**.



The Family Restoration and Healing Center, Inc. is a 501(c)(3) tax exempt organization. As a non-profit, our funding advances our programs for the community.

