

For more information go to www.ancientpathways.com.au

Welcome to Desert Dreaming July 23rd – July 31st 2016

We are so excited about this unique and amazing spiritual Central Australian Desert Journey. We are aiming to bring you the best most exciting adventure that we possibly can in the time we have together. If this is your first time into the desert you are in for a very special treat. Every time we go out into the Desert it is always different, unique and amazing experience. The desert has its own beautiful way of teaching when we learn to quiet our minds and listen. You may never want to leave!

Be prepared to go with the flow as shift happens and in true Conscious and Spiritual travel open your heart, step out of judgement and into the way of the land and its custodians.

Your hosts Paul and Phoebe Hoogendyk have travelled extensively to many of the most ancient tribes on the planet to sit with the Elders and spirit keepers of the tribes. To bring back their wisdom and share it in many forms and this journey is just one way. They will be offering mini – transformational workshops and meditations along the way to get you connected to the land the people or more so if you already are. These will very much depend on the time we have and what the Elders have planned for us as their teachings will always have precedence over ours. Paul and Phoebe have run their own health and wellness clinic for over 30 years as well as travelling and have run many workshops. Both are international story tellers. Those nights around the campfires will be spent in storytelling, the most ancient way of teaching and learning as well as sharing of events and happenings of the day within a talking circle. You can read all about their adventures in their trilogy "Set By The Ancients." Books 1 & 2. Book 3 is about to be published. They have dedicated their lives to helping people be all that they can and want to be.

COST: \$3525 per person to be paid in full by the 1st of June....no later. A 50% deposit will hold you place and as there are only 10 on offer we suggest you jump in now. Download and fill in the registration and T/Cs forms and get them to us as soon as you can.

EMAIL: info@ancientpathways.com.au

POST: Ancient Pathways. 433 Ballina Road, Lismore Heights NSW 2480

Itinerary: Yes there is one...and as we said be prepared to go with the flow as what happens will depend on weather and cultural activities/happenings in the communities.

Day 1. 23rd July: Fly from Sydney to Yulara on Jet Star leaving Sydney 10.30 a.m arriving Yulara 13.40. Settle into camp which is at the Yulara Aboriginal College.

Sunset at Uluru.

The company we use to organise our journeys would prefer we all arrived together to save multiple trips to the airport. You can make your own arrangements to get to the camp site for that night if you wish. Airfares are not included in the cost: Air flights to Yulara or Connellan airport as it is known: Contact at Flight Centre; Sedina Hill....02 66221400 or + 61 2 66221400 if calling from overseas. Or you are welcome to make your own flight arrangements.

Day 2

Uluru base walk - aboriginal guide for part of the walk. Cultural centre

Day 3

Kata Tjuta sunrise. Valley of the winds walk.

Visit the aboriginal school - engage with the students

Day 4 Depart for Mt Woodroffe. Arrive Mt. Woodroffe set up camp.

This is a beautiful camp site along the side of a dry river bed that you can sleep in if you wish. The campsite is accessible only by permit and invitation. Be prepared to share the campsite with dingos and wild donkeys.

Cultural learning - Ngintaka song line. Sunset viewing from range.

Day 5

Visit sacred sites in area. Depart for Cave Hill. Sacred sites on route

Arrive Cave Hill and set up camp.

Day 6

Cave Hill and Seven Sisters Tjukurpa (Creation Story), Pleiadian Story.

Bush foods - Maku - Witchetty grubs.

Day 7

Travel to Patji. This is a sacred area that has only recently been open to groups. Sacred sites. Uluru story with family. Set up camp.

Day 8

Patji story. Depart for Yulara. Set camp at Yulara aboriginal college.

Wrap up of trip.

Day 9

Pack up gear. Personal time in Yulara. Depart for air port

Remember anything can happen between now and then so the program may change or the order may change subject to cultural reasons or weather conditions.

What to bring: PLEASE READ CAREFULLY

It is advisable that you take out travel insurance that covers remote areas.

PERSONAL PACKING LIST

To be packed in a Sports style bag or duffle bag if possible but as our group is small packs are allowed.

CLOTHING

We suggest you layer clothing.

Shorts x 3 (Paul and I wear trekking pants that convert into shorts, takes up less room in our bags)

Long Pants x 2

Long-sleeved shirt with collar

Hat - Full brimmed

Tee shirts

Underwear

Sturdy footwear (sneakers are satisfactory but boots are preferable) Thongs for shower socks Water proof jacket – rain coat Jumper or warm jacket or top Pyjamas (or sleep in your clothes) Beanie and gloves – can be cold in May but generally ok so may not be needed **TOILETRIES** Insect repellent/RID cream (not aerosol) Sunscreen 15+ Personal requirements Towel **Sleeping bag** Pillow if required Camera, film and batteries Sturdy water bottle with tight fitting lid - 1 litre Plastic bag for dirty or wet clothes Small first-aid kit (band aids) Torch - head lamp LED recommended Dust proof case or bag for camera -Glad snap lock bags **MUST HAVES**: Sense of adventure Sense of humour Open eyes Open mind Open heart Looking forward to having your special energy with us on this wonderful adventure.

Feel free to ask us any questions you like.

Cheers and blessings from

Paul and Phoebe Ancient Pathways Conscious and Spiritual Travel/Ancient Wisdom Mentors.

If there are any other questions please feel free to call on 02 66252553

433 Ballina Road

Workshop/Journey Registration Form

Lismore Heights NSW 2480

Email: areanstone@ontusnet.com au

Tax invoice ARN 22 027 271 592



Ancient Pathways

"Desert Dreaming"

A 9 day full desert immersion experience.

| PATHWAYS "Follow Yo | "Follow Your Heart and Live Your Dreams" | | | | |
|--|--|---------------|-----------|-------------|----------|
| Personal Details (please compl | ete for <u>each pe</u> | erson attendi | ng) | | |
| Full Name: | | Mobile: | <i></i> | | |
| A days as | | Suburb | | | |
| Address: | | Post Code | | | |
| AH Tel No Email | Email | | | | |
| Please register the above named person to participate in "De please copy this form and fill it in for them as well. You can person to participate in "De | | | ere is mo | re than one | person |
| 50% Deposit Due now to hold your place | | | | | |
| July 23 rd – July 31 st 2016Full payment by 1 st of Ju | une 2016 | | | | |
| , , | | | | | |
| Print Name | Signature | | | | |
| | | | | | |
| Registration a | | | | | |
| All Prices In | | | No of | | Total |
| | Regular Price | | people | | lotai |
| "DESERT DREAMING" journey July 23rd to 31st July 201 | 6 | | | | |
| | | Excluding | | 2525.00 | <u> </u> |
| OR | 3525.00 | airfares | | 3525.00 | \$ |
| 50% Deposit | 1762.50 | " | | 1762.50 | \$ |
| | | | | | \$ |
| | | S | Sub Total | | |
| | | Amo | unt owing | | |
| | 7 | TOTAL (includ | ing GST) | | |
| Payment Details | | | | | |
| Cred | dit Card | | | | |
| Cash EFT Credit Card Type | | | | | |
| | | | | | |
| Card No Expiry/ Amount \$ | | | | | |
| | | | | | |
| | | 5 .4 | , | , | |
| Signature for Authorisation | | Date | e:/_ | / | |
| Please Verify | | | | | |
| Direct Debit: BananaCoast Community Credit Union BSB: 704-328 | | | | | |
| Account number: 206094 | | | | | |

Account Name: Mauri Natural Therapy

<u>Terms and Conditions for Registration to Ancient Pathways t/a Mauri Natural Therapy Personal Coaching Program ,Workshops or Journeys</u>

| 1. | |
|--|-----------|
| There is a 7 day cooling off period from the time you register in your chosen workshop or program in | which |
| you may get a full refund of monies paid if you decide to cancel. All cancellations are to be sent to us | <u>in</u> |
| writing and received before the allotted time period. | |

2. After the cooling off period and up to one month prior to the event for which you have registered, should you wish to cancel your chosen workshop or program you will receive a 50% refund of monies paid.

3. Anytime after 30 days before the event/workshop or program you have registered for there will be no refund of monies paid should you wish to cancel. This is to cover the costs already outlaid by us on your behalf. All genuine hardship cases will be looked into. Remember: <u>All cancellations and reasons for are to be sent to us in writing and received before the allotted time period has ended.</u>

There is a 100% money back guarantee if you have not gained <u>any</u> benefit from your chosen workshop or program. Given at the completion of the program and on that day only.

If you miss a coaching call then you forfeit that call. Time is very important to all parties.

6.

If your coach misses a call then you receive an extra coaching call.

- 7. For promotional purposes only, this workshop may be videoed or photographed and by signing this agreement you have consented to this.
- 8. You are aware that Ancient Pathways journeys are of a spiritual nature.

Please sign below and return to us promptly to signify that you have read, understood and are willing to abide by the above conditions.

| Name | .Signature |
|-------|------------|
| | |
| | |
| Date: | |