



Facing page, above and below: McNamara's.

I McNamara's, Nashville, TN

Nearing its third year in business, McNamara's in Nashville is run by husband and wife team Sean and Paula McNamara. Being that it is in the heart of 'Music City', it is appropriate that Sean is a musician and is renowned in Tennessee venues for his talents as frontman of the band Nosey Flynn. Irish music is not all that's on offer at McNamara's – the perfectly poured pint of Guinness draws many stout-lovers to the barside, while the full Irish breakfast is served with County Down native Paula's proper brew. As she says herself "I insist on making a proper pot of tea!"

Receiving the praise of not only *Ireland of the Welcomes'* readers, McNamara's was also awarded a certificate from prominent food blog Urban Spoon, placing it as one of the top 100 Kid-friendly Restaurants in the United States and recently featured on the National Cooking Channel show *Eden Eats*. Stop in for live music, Irish pub grub and quiz nights with a Celtic twist. www.mcnamarasirishpub.com

What you said:

"Such a gem to have in Nashville, and on my side of town! The owner never forgets a face, the music is great, the upstairs bar is great for football, darts and trivia, and the Guinness is flowing!"

Chris L, TN



Above: The Garryowen.

2 The Garryowen, Gettysburg, PA

Proudly calling itself 'Gettysburg's only Irish-owned pub', The Garryowen, or The Go as it is affectionately known by locals, boasts an impressive 24 types of Irish whiskey, draught Irish beer and a solid mahogany bar as would be found in Ireland itself. The County Armagh owners import much of the food they serve from Ireland and use recipes handed down through the family for generations which makes for authentic Irish fare, while traditional Irish *seisiúns* take place the first and third Sunday each month.

www.garryowenirishpub.net

What you said:

"I've been to Irish pubs all over the world. Being from Pennsylvania I always feel like I'm in Ireland when I'm here. Opened by an emigrant couple from County Armagh, it's the real deal. I challenge anyone to try it and say 'tisn't. Music, mussels, a great Ulster Fry, and twenty-something Irish whiskeys. It gets my vote, early and often."

Brian, PA