



KIRSTEN SCHULTZ

WRITER AND ACTIVIST

Kirsten is an accomplished writer, activist, and sexuality educator. She runs Chronic Sex, a movement aimed at openly discussing how chronic illness and disability affect quality of life.



Lives in Wisconsin with her husband and their guinea pigs - Jaq and Gus Gus



Presented at Stanford's Medicine X, Women in Pain, Juvenile Arthritis Conference, and more



Happily married since 2014



Currently working towards a Masters in Health Care Administration and Patient Advocacy



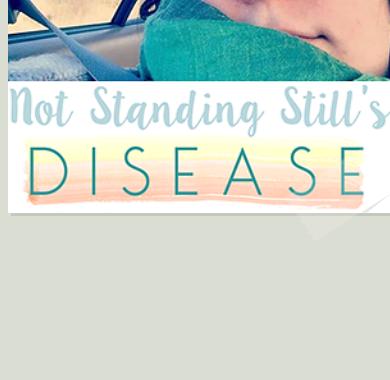
Has been featured on several podcasts and websites including All We Cannot Say, Disability After Dark, Healthline, and Creaky Joints



Uses activist background and reach to help raise awareness of social justice movements such as BLM, March for Health, and more

MAJOR MILESTONES

2009



Kirsten began blogging exclusively at her website, Not Standing Still's Disease, about her own journey with chronic illness.

2015

Kirsten started the Chronic Sex movement, culminating in the creation of a weekly Twitter chat.

CHRONIC
SEX

SAFE PLACE TO DISCUSS
RUMINATE ON SELF-LOVE,
ELF-CARE, RELATIONSHIPS
SEX, AND SEXUALITY WITH
CHRONIC ILLNESS

2016



Chronic Sex developed into a bigger idea involving the development of a website, the beginnings of a podcast, and Kirsten being featured at a number of conferences.

SOCIAL STATS - JAN 2017



Not Standing Still's Disease: 749

Chronic Sex: 267

Kirsten E. Schultz: 82

@kirstie_schultz: 3513

@chronicsexchat: 1588

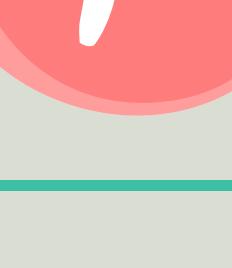


@kirbir: 540

@chronicsexchat: 518

kirbir88: 105

Chronic Sex: 184



WEBSITE STATS - JAN 2017



Monthly Page Views:
7377

Most Commonly Viewed:
Main Page
"Repealing the ACA will
kill disabled people"
"5 Questions to Ask a New
Doctor"

Monthly Page Views:
1718

Most Commonly Viewed:
Main Page
Resources
"An Abortion Story"



STATS - JAN 2017

Medium followers: 340

168 Views



Most Commonly Viewed
Pieces:

"Why Movements Like
#PatientsNotAddicts Are
Ableist"

"An Ode to My Abusive
Mother on Mother's Day"

Current Followers:

23

Plays: 398

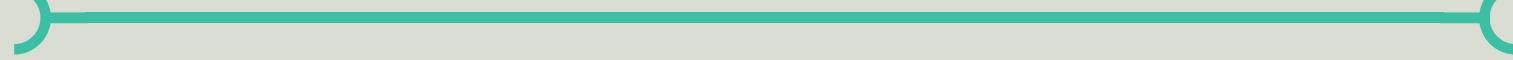


Most Commonly Viewed:

"Episode 1"

"Episode 4: We Will Fight"

"Episode 2: Chelsea"



Speaking:

Are you looking for a speaker or panel member? I would love to speak at your event! Topics I am most comfortable speaking about include:

- Self-care and self-love
- Living with a chronic illness
- Sexuality, illness, and disability
- Mental health
- Meditation and mindfulness
- Healthcare

I generally ask that travel and lodging are covered for events I am involved with and reserve the right to ask for additional compensation. Please email me for details.

CONTACT AND ADDITIONAL INFO

Sponsorships, Ads, and Reviews:

If you are looking to discuss a partnership, regular ads, product reviews, or more, email me utilizing the email for the site you're interested in. Compensation is discussed on a case-by-case basis for these kinds of posts. Keep in mind that I only promote what I believe in, whether that is an event, product, or idea.



Contact:

If you want to guest post on NSSD or CS, want me to guest post on your site, want to reach out about the podcast, have questions, or just want to say hi, please free to email me at kirsten@notstandingstillsdisease.com or kirsten@chronicsex.org.



KIRSTEN ❤ SCHULTZ