



A RACE AGAINST HUNGER

5K RUN/WALK | 1 MILE RUN/WALK | TOT TROT

SATURDAY, MARCH 25

DOWNTOWN POWDER SPRINGS

A RACE TO BENEFIT SWEETWATER MISSION

www.SpringChickenRun.com

A Certified Peachtree Qualifier, the course is out-and-back connecting with a city trail rambling through wooded areas along Lucile creek. Pre-registered participants are guaranteed to receive a quality short-sleeved t-shirt! This is a family friendly event so bring the whole family for a morning of healthy fun! The race will held rain or shine! If you would like to help fight hunger but can't run on race day, simply register as a "Phantom Runner" - NO SWEAT!

TIME:

COST:

6:45 am	Race Day Registration and Pre-Registration Packet Pick-Up	5K Run/Walk	\$25 Early Bird (ends February 28) \$30 Pre-Registration (March 1-23) \$35 on Race Day
8:00 am	1 Mile Run/Walk	1 Mile Run/Walk	\$25
8:30 am	5K Run/Walk	Phantom Runner	\$25
8:30 am	Tot Trot	Tot Trot	Free (no t-shirt)
9:30 am	Awards Ceremony		



AWARDS:

PLACE:

- 5K Overall Open & Masters Male/Female
Top 2 Finishers in 10 Age Groups Male/Female
- 1 Mile Overall Finisher Male/Female
Top Finisher in 5 Youth Ages Male/Female

The Spring Chicken Run has relocated to Historic Downtown Powder Springs, Georgia. The Start/Finish line is located behind City Hall (4484 Marietta Street) on Jackson Way just west of the Town Square. There is plenty of parking onsite and one block east at Powder Springs First Baptist Church.

YOU CAN GO THE EXTRA MILE:

You can go the Extra Mile by helping raise funds to support Sweetwater Mission. Collect donations online at RunSignUp.com or use the Extra Mile Donation Form (or both!). Every donation collected helps in the *Race Against Hunger* in our community. Get your family, friends and co-workers to support your effort. A great way to make a huge impact! For more information, visit www.SpringChickenRun.com and go to the EXTRA MILE page.

DIGITAL CHIP TIMING BY:

PRESENTED BY:

A BENEFIT TO SUPPORT:

ONLINE REGISTRATION BY:

GOLD SPONSOR:



REGISTRATION FORM:

SPRING CHICKEN RUN 2017

Last Name _____ First Name _____ Age (required) ____ / ____ / ____ M F
 Address _____ City _____ State _____ Zip Code _____
 Phone _____ Email Address _____ Team Name _____

Race (Circle One) 5K 1 Mile Phantom Runner
 Runner Signature _____
Required (Parent or Guardian if under 18)

T-Shirt Size (Circle One):
 No Shirt **YS** **YM** **S** **M** **L** **XL** **XXL**

Upon acceptance of my entry, I, for myself, my heirs and assigns, hereby release the beneficiary and host organizations, race organizers and workers, Elite Race Timing, and all sponsors and officials of the Spring Chicken Run and Sweetwater Mission from any and all liability arising from damages, illness, or injuries I may suffer as a result of my participation in this event. I attest I am in proper physical condition to undertake this event. I give permission for free use of my name and picture for publicity purposes for this event. I understand that my entry fee and any additional donations are non-refundable.

Checks Payable to: Sweetwater Mission
 P.O. Box 802
 Austell, GA 30168

Entry Fee: \$ _____
 Additional Donation: \$ _____
 Total Amount: \$ _____