



LUNCH

We are proud to use only antibiotic-free, cage free, hormone-free poultry and sustainably-harvested seafood. We strive to use locally sourced and organic products.

EXPRESS LUNCH

All of our artisan sandwiches are served with your choice of organic greens, blues, house made jicama slaw, caprese or a cup of soup.

ARTISAN SANDWICHES

Tuscan 8.5

Imported prosciutto, roasted onions and peppers, melted mozzarella and fontina cheese on a toasted artisan roll with house made chimichurri.

Cuban 8.5

Smoked pulled pork and chicken, melted cheeses, mustard and pickles on a toasted artisan roll.

Grilled Vegetable 7.9

Grilled yellow and green squash, roasted onions, peppers, mushrooms, asparagus. Topped with melted cheese on a toasted artisan roll with house made chimichurri.

Crab Shrimp & Avocado Salad 9.5

Lump crab and shrimp salad on whole grain bread, greens, tomato and avocado.

Caribbean Crab Cake 10.9

House made jumbo lump crab cake, greens, tomato, pineapple mango salsa, remoulade on a toasted artisan roll.

Prime Rib Sandwich 12.9

Slow roasted and shaved prime rib, sautéed mushrooms, caramelized onions, melted fontina cheese on a toasted artisan roll. Served with a natural au jus and a horseradish sauce.

GREENS

Salmon Asparagus Salad** 10.5

Certified Sustainable, broiled Atlantic Salmon, organic greens, asparagus, tomatoes, feta cheese, walnuts, cranberries, house made lemon balsamic vinaigrette. GF

Chicken or Shrimp Caesar Salad

Crisp romaine hearts, croutons, parmesan cheese, house made Caesar dressing. Anchovies upon request.

With chicken 8.9 With shrimp 11.9 GFO

Southwest Chicken Salad 8.9

House made chicken salad, organic greens, black bean salsa, tomatoes, avocado, cheddar cheese, crispy tortilla strips, house made Southwest ranch. GF

Steakhouse Salad** 12.9

Charbroiled Black Angus Flat Iron steak, chopped lettuces, tomatoes, red onion, walnuts, cranberries, warm bacon, gorgonzola crumbles, house made gorgonzola dressing. GF

Julie's Farmer Salad 9.5

Organic greens, tomatoes, goat cheese, walnuts, green apple, cranberries, house made balsamic vinaigrette dressing. GF HH

Add chicken +3 Add shrimp or steak** +6

GF = Gluten Free

GFO = Gluten Free Option

HH = Heart Healthier

**Consumer Advisory: Consuming raw or undercooked foods may be hazardous. Do so at your own risk. If you have a food allergy, please speak to the owner, manager, chef or your server.