



Swim Course

Sprint: 0.47mi/750m—Olympic: 0.93mi/1500m—Half: 1.2mi/1900m



The swim will take place off the south boat ramp at Boulder Beach, Lake Mead National Recreation Area. It is a rectangular course, swam counter-clockwise. Each buoy will be on your left side, except for the last buoy which will be on your right. Large buoys are turning buoys and little buoys are sighting buoys. The start will be a wave start style and each wave will be 5 minutes apart. There will be many kayaks, lifeguards, and boats in the water to ensure your safety.