

# The Cannabis Budwig Protocol

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# The Cannabis Budwig Protocol

By [Tony Dudley](#) on Wednesday, May 14, 2014 at 10:20am

I developed The Cannabis Budwig Protocol to help people who are not responding to traditional Cannabis Extract/Oil Therapy.

The Cannabis Budwig Protocol is a holistic protocol, using the power of synergy.

**Do not cherry pick the protocol.**

## **Prerequisites and First Line of Defense:**

**Learn The Cellect Protocol. Here's the website:**

<http://www.ncrf.org/>

<http://www.ncrf.org/action.html>

<http://www.ncrf.org/primary/primary-4.html>

<http://www.ncrf.org/dietary.html>

<http://www.ncrf.org/panliverdiet.html>

**Where to order Cellect:**

<http://www.cellect.org/>

## **Special Requirement and Synergy:**

**As soon as you are able, do The Cannabis Budwig Protocol and The Cannabis Budwig Retention Enema Protocol TOGETHER.**

If you want **the Power of Synergy**, *do The Cannabis Budwig Protocol, Dr Bernardo Majalca's Protocol and The Cellect Protocol together. If you are very sick, doing the protocols together may give you a better chance. Synergy can be the difference between success and failure.*

## **Basic Requirements:**

One Hand Blender with the a stainless steel whisk **attachment** for blending oil mixtures:

<http://www.amazon.com/Hamilton-Beach-59765-Speed-Blender/dp/B003NQE8B0>

[http://www.amazon.com/Hamilton-Beach-59770-Turbo-Twister-2-Speed/dp/B00008IH9S/ref=sr\\_1\\_2?s=home-garden&ie=UTF8&qid=1407065043&sr=1-2&keywords=hand+blender+with+whisk](http://www.amazon.com/Hamilton-Beach-59770-Turbo-Twister-2-Speed/dp/B00008IH9S/ref=sr_1_2?s=home-garden&ie=UTF8&qid=1407065043&sr=1-2&keywords=hand+blender+with+whisk)

[http://www.amazon.com/Cuisinart-HB-155PC-Blender-Blending-Attachments/dp/B00DOK0R2O/ref=sr\\_1\\_1?s=home-garden&ie=UTF8&qid=1407065043&sr=1-1&keywords=hand+blender+with+whisk](http://www.amazon.com/Cuisinart-HB-155PC-Blender-Blending-Attachments/dp/B00DOK0R2O/ref=sr_1_1?s=home-garden&ie=UTF8&qid=1407065043&sr=1-1&keywords=hand+blender+with+whisk)

**You will need a Ultrasonic Cleaner and a backup Ultrasonic Cleaner:**

[http://www.amazon.com/BlackHillsGoldSource-890-Professional-Ultrasonic-Cleaner/dp/B00DY95IYC/ref=sr\\_1\\_1?s=electronics&ie=UTF8&qid=1409139729&sr=1-1&keywords=BlackHillsGoldSource+Model+890+Professional+Ultrasonic+Cleaner+-+30+Minute+Timer](http://www.amazon.com/BlackHillsGoldSource-890-Professional-Ultrasonic-Cleaner/dp/B00DY95IYC/ref=sr_1_1?s=electronics&ie=UTF8&qid=1409139729&sr=1-1&keywords=BlackHillsGoldSource+Model+890+Professional+Ultrasonic+Cleaner+-+30+Minute+Timer)

[http://www.amazon.com/Kendal-Industrial-Digital-Ultrasonic-Cleaner/dp/B0018IIPFK/ref=sr\\_1\\_1?ie=UTF8&qid=1409139845&sr=8-1&keywords=Kendal+Industrial+Grade+160+Watts+2.5+Liters+Digital+Heated+Ultrasonic+Cleaner](http://www.amazon.com/Kendal-Industrial-Digital-Ultrasonic-Cleaner/dp/B0018IIPFK/ref=sr_1_1?ie=UTF8&qid=1409139845&sr=8-1&keywords=Kendal+Industrial+Grade+160+Watts+2.5+Liters+Digital+Heated+Ultrasonic+Cleaner)

**Non Lignan Flaxseed Oil:**

<http://goo.gl/VW0ufi>

**For folks who cannot use flaxseed oil.**

***Just use chia seed oil in place of flaxseed oil.***

***Order chia seed oil here:***

<http://goo.gl/GcUfLM>

**Use "deoiled" Lecithin powder.**

You can order "deoiled" Sunflower Lecithin powder here:

<http://www.mysunflowerlecithin.com/deoiled-sunflower-lecithin-in-powder-form/>

You can also use "NOW" Soy Lecithin Granules.

**You will need Citicoline.** You can order Citicoline from these links:

<http://nootropicsdepot.com/cdp-choline/>

[http://www.amazon.com/Grams-3-53-Choline-Citicoline-Powder/dp/B006GM8D9Q/ref=sr\\_1\\_1?s=hpc&ie=UTF8&qid=1411970884&sr=1-1&keywords=100+Grams+%283.53+Oz%29+Choline+CDP+Citicoline+Bulk+Powder](http://www.amazon.com/Grams-3-53-Choline-Citicoline-Powder/dp/B006GM8D9Q/ref=sr_1_1?s=hpc&ie=UTF8&qid=1411970884&sr=1-1&keywords=100+Grams+%283.53+Oz%29+Choline+CDP+Citicoline+Bulk+Powder)

To measure Citicoline powder, **you will need a digital scale.** You can order a digital scale from this link:

[http://www.amazon.com/Ozeri-Digital-Kitchen-Capacity-Stylish/dp/B003E7AZQA/ref=pd\\_sim\\_hg\\_3?ie=UTF8&refRID=10G4SAG5T05DJKS6KKAH](http://www.amazon.com/Ozeri-Digital-Kitchen-Capacity-Stylish/dp/B003E7AZQA/ref=pd_sim_hg_3?ie=UTF8&refRID=10G4SAG5T05DJKS6KKAH)

You will need **wide mouth 4 ounce mason jars, or glass beakers.**

You can order the mason jars here:

[http://www.amazon.com/Ball-Quilted-Jelly-Canning-Pack/dp/B000VTSYA8/ref=sr\\_1\\_1?ie=UTF8&qid=1406341905&sr=8-1&keywords=4+oz+wide+mouth+mason+jars](http://www.amazon.com/Ball-Quilted-Jelly-Canning-Pack/dp/B000VTSYA8/ref=sr_1_1?ie=UTF8&qid=1406341905&sr=8-1&keywords=4+oz+wide+mouth+mason+jars)

Or 150 ml glass beakers here:

[http://www.amazon.com/PYREX-Griffin-150mL-Beaker-Graduated/dp/B003TVDGSA/ref=sr\\_1\\_2?s=industrial&ie=UTF8&qid=1409219988&sr=1-2&keywords=150+ml+glass+beaker](http://www.amazon.com/PYREX-Griffin-150mL-Beaker-Graduated/dp/B003TVDGSA/ref=sr_1_2?s=industrial&ie=UTF8&qid=1409219988&sr=1-2&keywords=150+ml+glass+beaker)

## **Special warnings:**

*If possible, eat The Cannabis Budwig Mixture **six hours to eight hours after you take your medications and pharmaceutical drugs.** There is a huge body of pharmaceutical drugs that will block and interfere with cannabinoids and can make cannabinoids completely ineffective.*

*Do not drink or eat anything two hours before or after eating* The Cannabis Budwig Mix.

In The Cannabis Budwig Protocol, **THE ONLY FATS OR OILS** you are allowed to use *are Cannabis Oil, Non Lignan Flaxseed Oil, Chia Seed Oil, Cod Liver Oil Capsules if you do Cellect, and Lecithin.* DO NOT USE ANY OTHER OIL OR FAT!!! THERE ARE NO EXCEPTIONS!!!

**DO NOT USE** coconut oil, cocoa butter, castor oil, hempseed oil, or any "**other**" oil or fat. **THERE ARE NO EXCEPTIONS.**

*Do not rub these "other" oils and fats on your tumors.* **THERE ARE NO EXCEPTIONS.**

Do not use lignan or high lignan flaxseed oil with The Cannabis Budwig Protocol. Only use non lignan flaxseed oil.

Do not put anything of high water soluble fiber in the Cannabis Budwig mix.

Do not add ground flaxseeds to the Cannabis Budwig mix.

We don't want water soluble fiber soaking up cannabinoids and blocking bioavailability.

## **Holistic Requirements:**

*The Cannabis Budwig Protocol* requires a **minimum of six tablespoons of non lignan flaxseed oil mixed into twelve heaping tablespoons of lowfat cottage cheese, each day.**

A part of this requirement can be done with The Cannabis Budwig Protocol. *The other part of this requirement can be done with The Budwig Protocol without cannabis oil. Black Pepper must be added to the Cannabis Budwig Mixture.*

**Drink three cups of organic green tea a day to help with the cannabinoid receptors. Make sure there are at least three organic green tea bags in each cup.**

**Eat one ripe mango a day to help with the cannabinoid receptors.**

***Take four level scoops of unflavored Cellect each day.***

***Take three cod liver capsules per level scoop of Cellect.*** If you can, ***work up to six to eight level scoops*** of Cellect a day. **The goal and "the golden standard" is ten level scoops of Cellect a day.** Some have taken as much as **fourteen to eighteen level scoops a day.**

***Let the foam in Cellect settle down*** or you may get an upset stomach.

If you get an upset stomach, take a little baking soda with water.

**If you have an issue with constipation, add prune juice, prunes, kiwi, whole grain rye bread, pears, Granny Smith apples and pineapples to your diet.**

**If you an issue with diarrhea, cut down on the cod liver oil capsules.**

***Drink 6 oz - 2 times daily of vegetable juices from Dr. Bernardo Majalca's protocol.***

**#1 Enzyme Juice:**

**1 granny smith apple**  
**1 cup of broccoli**  
**1/2 inch slice of FRESH pineapple (not in a can)**  
**1/2 beet**  
**handful of cilantro**  
**1/4 inch slice of ginger**  
**1/2 inch slice of Daikon radish**  
**1 carrot**  
**1/2 cucumber**  
**5 asparagus spears**  
run all items through a juicer

*Drink Enzyme Juice with a straw only, within 20 minutes after making the juice*

## **#2 Avocado carrot juice:**

**1/2 mashed avocado mixed together with 8 oz of fresh carrot juice mixed with a WOODEN spoon... to keep a metal spoon from starting another chemical reaction that destroys the enzymes this mixture creates. Let the juice sit for 30 minutes before drinking.**

*Drink the juices slowly with a straw.*

## **This is what Dr. Bernardo Majalca recommended for people that needed to gain weight:**

A drink that will also help a person to put weight on if this is an issue: ***organic whipping cream, coconut milk, almond milk and a little Stevia Extract, this will taste like a vanilla shake. (You can add blueberries to it.)***

Dr. Bernardo Majalca's dietary guidelines ***do apply to*** The Cannabis Budwig Protocol.

***Dr. Bernardo Majalca also used The Budwig Protocol.***

***Download the PDF to Dr Bernardo Majalca's protocol:***

<https://www.burtongoldberg.com/home/burtongoldberg/DrBernardoMajalca.pdf>

***Take Olive Leaf Extract capsules.*** The goal is to work up to ***twelve capsules a day.*** Start off at six a day and then add one additional capsule every three days until you reach twelve a day. A lot of folks take as many as ***sixteen capsules a day.***

***Take Probiotic capsules.*** The goal is to work up to ***twelve capsules a day.*** Start off at six a day and then add one additional capsule every three days until you reach twelve a day. A lot of folks take as many as ***sixteen capsules a day.***

**The Cannabis Budwig Protocol:**

## **Basic Concept:**

### **Liposomal Cannabinoids + The Budwig Flaxseed Oil Cottage Cheese Mixture**

The best time to start this protocol *is six hours to eight hours after you take medications and pharmaceutical drugs and two hours before and after you eat or drink anything. (See "Warnings".)*

#### **Step 1. Controlling The "High" from Cannabis Oil:**

Take 3,000 mg to 5,000 mg of Citicoline (in powder form, mixed into six ounces of lemon water), one hour before you start The Cannabis Budwig Protocol.

#### **Step 2. Cannabis Oil Dose:**

## **Basic Concept:**

**Start your dose of Cannabis Oil with a half a grain of rice size twice a day. (A half a grain of rice size is about 1/4 of a drop.)**

**One dose for the Cannabis Budwig Oral and one dose for The Cannabis Budwig Retention Enema. Keep doubling your doses as your tolerance increases.**

**Step 3. Ultrasonic Cleaner + Lecithin + Hot Water + Blending + One Dose of Cannabis Oil + Blending in Ultrasonic Cleaner:**

*Completely blend five tablespoons of boiling hot distilled water with three tablespoons of lecithin in the Ultrasonic Cleaner. This is your "lecithin mixture". (Use a hand blender, with stainless steel whisk, for blending.)*

*Next, let the "lecithin mixture" cool down to room temperature.*

*Next, thin your cannabis oil dose with two tablespoons of warm vodka.*

*Next, completely blend "a single dose" of cannabis oil with the "lecithin mixture". This is your "cannabis lecithin mixture". (Use a hand blender, with stainless steel whisk, for blending.)*

*Next, with the "cannabis lecithin mixture" in The Ultrasonic Cleaner, run 1 thirty minute ultrasonic cycle. Stir the "cannabis lecithin mixture" while running the ultrasonic cycle. Use a spoon or straw while stirring.*

*Next, refrigerate the "cannabis lecithin mixture" and let it cool for a couple hours.*

*Next, run the "cannabis lecithin mixture" through 2 more three minute ultrasonic cycles. This is "the liposomal cannabinoids".*

**Special Note:** If you have a large Ultrasonic Cleaner, do all the mixing in a 4 oz mason jar or glass beaker, fill the Ultrasonic Cleaner with distilled water, put the mason jar or glass beaker in Ultrasonic Machine and run the required ultrasonic cycles or cycle.

(Meredyth Martin's Cannabinoid Ultrasonic Method)

#### **Step 4. "Liposomal Cannabinoids" + The Budwig Flaxseed Oil Cottage Cheese Mixture + Black Pepper:**

*Next, Blend six heaping tablespoons of low fat cottage cheese or quark, with three tablespoons of flaxseed oil. Blend all together, with a hand blender, until it's smooth. This is "the Budwig flaxseed oil cottage cheese mixture".*

Let mixture sit for eight minutes.

**Next, blend in "the liposomal cannabinoids" with "the Budwig flaxseed oil cottage cheese mixture" until it's smooth.**

***Next, add one quarter teaspoon of black pepper and blend again.***

Let the mixture sit for eight minutes.

## **Optional Step 5. Thinning The Cannabis Budwig Mixture:**

*The optional step* to The Cannabis Budwig mixture is that you can thin it out with up to eight ounces of *fresh carrot apple juice*, or *just carrot juice*, or *almond milk* so you can either drink it, or have an easier time swallowing it. *This will also improve taste. (Use a hand blender for blending.)*

## **Step 6. Drink or eat all of it:**

### **Basic Concept:**

**You can eat it all at once or a portion each hour.  
(Unused portions must be sealed up and refrigerated.)**

Drink or eat all of it.

For **sublingual usage**, allow the Cannabis Budwig mixture to stay under the tongue while you *slowly* eat or drink the mixture. *This will also greatly increase bioavailability.* (Courtesy of Maritza Beltre)

## **Observations from The Cannabis Budwig Protocol:**

The Cannabis Oil becomes completely water soluble lipoproteins and can easily get to the cells and the cancer cells.

***Using the Ultrasonic Cleaner, allows the cannabinoids to activate far more cannabinoid receptors and produces a much stronger cannabinoid receptor response.***

The essential fatty acids, loaded with cannabinoids, are completely water soluble and can easily get to the cells and cancer cells.

The essential fatty acids, loaded with cannabinoids, repair the cell's membrane, allowing other key receptors to become active.

The Lecithin easily and quickly goes through the brain barrier. Lecithin is a lipid. The cannabinoids seem to ***bind with the Lecithin***. This may be the reason for the large increase in potency.

In our early testing, the effects are strong, quick, deep, and long lasting (up to three days). This is **EXACTLY** what we are looking for. Lecithin may be the key to this.

***The Omega 3 and Omega 6 in the water soluble Non Lignan Flaxseed Oil, are needed to rebuild, repair and reactivate the endocannabinoid system and the cannabinoid receptors.***

**DO NOT USE** freshly ground Flaxseeds in The Cannabis Budwig Mix.

The original Budwig Protocol called for freshly grounded Flaxseeds to be added to the Flaxseed oil + low fat cottage cheese. Ground Flaxseeds are a great source of Lecithin.

Ground Flaxseeds are also a big source of water soluble fiber. We don't want water soluble fiber soaking up cannabinoids and blocking bioavailability of the cannabinoids to the cells.

We find Lecithin to be a great replacement to the ground flaxseeds in the original Budwig mix. We get the benefits of Lecithin without the cannabinoid blocking water soluble fiber.

To help control the high from The Cannabis Budwig Protocol, take 3,000 to 5,000 mg of Citicoline one hour before doing The Cannabis Budwig Protocol.

## **Recommended Supplements For The Cannabis Budwig Protocol:**

**Cellect:**

<http://www.cellect.org/>

<http://www.ncrf.org/>

<http://checkmedaily.com/health-beauty/diagnosed-no-evidence-of-cancer-treatment/>

<https://www.youtube.com/watch?v=9VXuI9Dsizc>

### **Olive Leaf Extract:**

<http://www.swansonvitamins.com/swanson-superior-herbs-olive-leaf-extract-super-strength-750-mg-60-caps>

<http://www.essentialsfactor.com/id3.html>

### **Probiotics:**

[http://www.amazon.com/Probiotic-Supplement-Lactobacillus-Acidophilus-Dramatically/dp/B00GGSDWH8/ref=sr\\_1\\_2?s=hpc&ie=UTF8&qid=1410795087&sr=1-2&keywords=probiotics+supplement#Ask](http://www.amazon.com/Probiotic-Supplement-Lactobacillus-Acidophilus-Dramatically/dp/B00GGSDWH8/ref=sr_1_2?s=hpc&ie=UTF8&qid=1410795087&sr=1-2&keywords=probiotics+supplement#Ask)

<http://www.essentialsfactor.com/id2.html>

### **Liposomal Vitamin C:**

### **Warning:**

**As a general rule, do not waste time trying to make your own Liposomal Vitamin C**

### **Order it here:**

<http://www.iherb.com/LivOn-Laboratories-Lypo-Spheric-Vitamin-C-30-Packets-0-2-fl-oz-5-7-ml-Each/25231?p=1&oos=1&disc=0&lc=en-US&w=liposomal%20c&rc=28&sr=null&ic=3>

### **Basic Concept:**

**Take one gram of Liposomal Vitamin C every hour and a half until you reach at least six grams a day.**

**If you have NO CHOICE but to make your own Liposomal Vitamin C, follow the instructions in this link:**

**<http://goo.gl/2As6F9>**

**Green Tea Extract:**

**<http://store.ourhealthcoop.com/Green-Tea-p/gt.htm>**

**GREEN SUPREME™ with Barley Power:**

**<http://www.greensupreme.net/GreenSupreme-2/OurProducts.htm>**

**<http://www.greensupreme.net/Testimonials.htm>**

**A nice strategy for dealing with drugs that block cannabinoid receptors.**

**Zayna Zain**

**July 16 at 11:16pm**

Scientific research indicates that cannabis treatment very effective to treat cancer. Cannabis oil has strong impact to treat breast cancer, triple cancer, prostate cancer, leukemia and brain cancer in a short period of time. My concern is why cannabis has no effect on some cancer patients and why their cancer might increase instead of getting less. Through my research, I found out that there are

certain drugs that will block the G-coupled protein receptors (GPCRs) and CB1, CB2 are part of this family. Furthermore, I found out that we can fix this problem by following a dosage plan.

Dosage plan will include the following :

1. Dosage strength
2. Dosage quantity
3. Dosage timing

For instance, if we draw a graph, we will have a diagram that shows us the peak. The peak will be different from patient to patient.

For example, patients with no tolerance will need less strength and less quantity of cannabis oil, while patients with high tolerance will need higher quantities and higher strengths of cannabis oil.

***Dosage timing is the key to healing cancer***, especially for patients on medication such as Morphine, Dexamethasone, and for patients who are taking pain relief and anxiety medication.

***They need to make sure they leave at least a gap of 6-8 hours between the time of taking the medication and the time of taking the cannabis oil***. Because in this way ***we will make sure that the GPCRs are open and ready to activate the Endocannabinoid System and this will lead to activate the Endocannabinoid Signaling Pathways***.

If you have any questions, please email us at the address below:

[patients.data.in@gmail.com](mailto:patients.data.in@gmail.com)

(Emphasis added)

## **A Doctor's Amazing Work On Stage Four Cancer:**

<https://www.youtube.com/watch?v=yIE8cN44GN4>

<http://www.newhopeforcancer.org/>

<http://www.newhopeforcancer.org/contact-us.html>

## The Cannabis Budwig Retention Enema Protocol

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agreed to the above contained terms of service. The terms of service herein also apply to previous versions of the protocol and information contained herein.

## **The Cannabis Budwig Retention Enema Protocol**

By Tony Dudley on Tuesday, April 22, 2014 at 10:37pm

## **Requirements:**

60ml Plastic Disposable Syringe +1 Sterile enema tube Rectal Tubesize 22FR,28FR,30FR:

[http://www.amazon.com/Plastic-Disposable-Syringe-tubeRectal-Tubesize/dp/B00HXVNTNE/ref=sr\\_1\\_1?ie=UTF8&qid=1406552069&sr=8-1&keywords=60ml+Plastic+Disposable+Syringe+%2B1+Sterile+enema+tubeRectal+Tubesize+22FR%2C28FR%2C30FR](http://www.amazon.com/Plastic-Disposable-Syringe-tubeRectal-Tubesize/dp/B00HXVNTNE/ref=sr_1_1?ie=UTF8&qid=1406552069&sr=8-1&keywords=60ml+Plastic+Disposable+Syringe+%2B1+Sterile+enema+tubeRectal+Tubesize+22FR%2C28FR%2C30FR)

## **The Cannabis Budwig Retention Enema Protocol:**

### **Basic Concept:**

### **Liposomal Cannabinoids + Flaxseed Oil**

The best time to start this protocol *is six hours to eight hours after you take medications and pharmaceutical drugs. (See "Warnings".)*

## **Step 1. Controlling The "High" of Cannabis Oil:**

Take 3,000 mg of Citicoline one hour before you do this enema. Because of the high degree of bioavailability, this enema will get you as high as The Cannabis Budwig Oral.

## **Step 2. Cannabis Oil Dose:**

### **Basic Concept:**

**Start your dose of Cannabis Oil with a half a grain of rice size twice a day. (A half a grain of rice size is about 1/4 of a drop.)**

**One dose for the Cannabis Budwig Oral and one dose for The Cannabis Budwig Retention Enema. Keep doubling your doses as your tolerance increases.**

## **Step 3. Ultrasonic Cleaner + Lecithin + Hot Water + Blending + One Dose of Cannabis Oil + Blending in Ultrasonic Cleaner:**

*Completely blend five tablespoons of boiling hot distilled water with three tablespoons of lecithin in the Ultrasonic Cleaner. This is your "lecithin mixture". (Use a hand blender, with stainless steel whisk, for blending.)*

*Next, let the "lecithin mixture" cool down to room temperature.*

***Next, thin your cannabis oil dose with 2 tablespoons of warm vodka.***

*Next, completely blend "a single dose" of cannabis oil with the "lecithin mixture". This is your "cannabis lecithin mixture". (Use a hand blender, with stainless steel whisk, for blending.)*

**Do Not freeze Oil Mixtures. No Exceptions to This.**

*Next, with the "cannabis lecithin mixture" in The Ultrasonic Cleaner, run 1 thirty minute ultrasonic cycle. Stir the "cannabis lecithin mixture" while running the ultrasonic cycle. Use a spoon or straw while stirring.*

*Next, refrigerate the "cannabis lecithin mixture" and let it cool for a couple hours.*

*Next, run the "cannabis lecithin mixture" through 2 more three minute ultrasonic cycles. This is "the liposomal cannabinoids".*

**Special Note:** If you have a large Ultrasonic Cleaner, do all the mixing in a 4 oz mason jar or glass beaker, fill the Ultrasonic Cleaner with distilled water, put the sealed mason or glass beaker jar in Ultrasonic Machine and run the required ultrasonic cycles.

(Meredyth Martin's Cannabinoid Ultrasonic Method)

## **Step 4. "Liposomal Cannabinoids" + Flaxseed Oil:**

*Add and stir in three to six tablespoons of flaxseed oil with "the liposomal cannabinoids".*

**Do Not freeze Oil Mixtures. No Exceptions to This.**

## **Step 5. Put in Syringe and insert.**

**Step 6.** After administration, allow the contents of the enema to be absorbed through the bowel wall for ***at least*** 60 minutes. Some people can hold the enema in for hours.

### **Special Note:**

Dr Budwig gave enemas to all her patients.

This may not be commonly known, Eldi or Flaxseed oil enemas are an essential part of The Budwig Protocol.

***For Dr Budwig, the enema was often the difference between life and death.***

The Cannabis Budwig Enema Protocol ***is also an essential part of The Cannabis Budwig Protocol.***

