

Lake District 3x3000 Ultra Trail

Pos	Number	Surname	Forename	Category	Club	Scafell Pike	Wythburn Car Park	Helvellyn	Clough Head	Latrigg	Dash Falls	Skiddaw	Latrigg	Finish
1st	256	Jones	Michael	M		02:37:03	04:41:46	05:36:18						10:25:30
2nd	302	Stace	Edward	M	Oxford University Cross Country Club	02:50:25	05:09:01	06:04:07	07:11:44	08:18:28	09:17:51	10:01:17	10:34:58	10:56:55
3rd	286	Nowicki	Kristof	M		02:50:20	05:13:51	06:18:07	07:30:22	08:34:07	09:33:25	10:21:12	10:55:03	11:18:09
4th	313	Trimmer	Jason	MV40	Chiltern Harriers AC	03:00:17	05:17:53	06:20:34	07:31:42	08:43:19	09:47:54	10:35:24	11:04:09	11:25:12
5th	296	Rowat	Matt	M		03:01:45	05:17:48	06:20:27	07:34:36	08:51:02	09:57:39	10:43:35	11:12:20	11:33:59
6th	209	Brickman	Nathan	M	Belper Harriers	03:01:42	05:17:45	06:20:30	07:34:29	08:51:00	09:57:35	10:43:28	11:13:52	11:36:26
7th	210	Brown	Jean	FV40	Clayton-le-Moors Harriers	03:11:30	05:34:55	06:34:02	07:44:46	08:55:33	09:59:46	10:45:34	11:20:41	11:43:10
8th	316	Verduijn	Bjorn	M	Shettleston Harriers	02:36:47	06:12:56	07:17:10	08:26:20	09:34:25	10:37:30	11:20:05	11:49:04	12:10:21
9th	205	Betts	Michael	M	Shrewsbury AC	02:50:37	05:13:55	06:22:59	08:01:04	09:21:06	10:33:35	11:18:30	11:48:46	12:11:27
10th	226	Downey	Sam	M		02:51:09	05:16:22	06:23:09	07:33:01	09:01:25	10:16:57	11:08:32	11:47:15	12:13:50
11th	211	Bryce	Andy	M	Hillingdon AC	02:36:52	05:53:40	06:51:46	08:18:29	09:31:04	10:39:18	11:21:33	11:54:01	12:15:51
12th	220	Cross	Rich	MV40		03:20:38	05:54:58	07:02:02	08:10:34	09:21:09	10:32:01	11:20:21	11:51:06	12:17:34
13th	248	Hopwood	Paul	MV50		02:50:56	05:16:44	06:23:15	08:18:21	09:33:47	10:44:32	11:29:15	12:03:20	12:24:57
14th	216	Chester	Peter	M	Dark Peak Fell Runners Club	03:11:44	05:46:16	06:56:46	08:12:08	09:23:46	10:41:07	11:25:11	12:06:33	12:33:54
15th	278	Morley	Scott	M	Lichfield RC	03:21:38	05:55:25	07:03:02	08:17:26	09:37:05	10:48:29	11:39:08	12:14:50	12:39:43
16th	203	Bazire	Matthew	M		03:27:00	06:07:30	07:22:28	08:33:40	09:40:41	10:53:12	11:42:21	12:16:54	12:41:20
17th	207	Bratton	Oliver	MV40		03:21:45	05:55:00	07:04:09	08:21:45	09:41:28	10:54:43	11:43:31	12:20:12	12:53:46
18th	239	Grogan	James	M		03:35:16	06:19:00	07:28:11	08:41:55	10:03:21	11:12:53	11:58:36	12:34:50	13:00:13
19th	301	Sprague	Andrew	MV40	Dudley Kingswrd RC	03:34:30	06:18:56	07:28:15	08:43:33	10:03:25	11:15:43	12:02:06	12:38:56	13:08:18
20th	231	Ervine	Stefanie	F	Heaton Harriers & AC	03:27:27	06:08:48	07:27:35	08:41:26	09:58:26	11:20:23	12:14:22	12:52:50	13:18:22
21st	285	Noble	Richard	MV40	Northern Fells Running Club	03:26:35	06:06:04	07:20:00	08:37:41	09:58:32	11:16:15	12:17:48	12:55:56	13:20:58
22nd	304	Stapley	Matt	M		03:13:51	06:03:45	07:12:58	08:34:53	09:58:09	11:18:56	12:15:36	13:01:30	13:37:44
23rd	261	Kudel	Braden	M		03:26:50	06:14:46	07:27:57	08:45:22	10:09:53	11:36:15	12:26:30	13:09:23	13:40:26
24th	257	Kernick	Will	M		03:27:17	06:07:33	07:22:31	08:38:04	10:03:28	11:36:12	12:33:49	13:13:30	13:45:02
25th	279	Morris	Ben	M		03:26:20	06:05:47	07:19:56	08:36:14	09:52:47	11:11:56	12:09:55	12:52:20	13:49:37
26th	242	Harris	Grant	M		03:27:22	06:08:45	07:27:59	08:49:38	10:19:12	11:46:56	12:42:08	13:24:25	13:54:09
27th	290	Percival	Stuart	MV40	Sunderland Strollers	03:38:29	06:44:01	08:01:55	09:22:16	10:48:18	12:08:04	12:57:06	13:36:44	14:01:11
28th	233	Fishpool	Peter	MV40		03:22:10	06:14:53	07:47:36	09:10:20	10:41:50	12:12:00	13:06:02	13:41:40	14:04:56
29th	298	Sasaki	Takafumi	MV40		02:59:49	05:55:03	07:12:09	09:22:03	10:41:31	11:59:30	12:51:19	13:37:59	14:11:37
30th	255	Jones	Ben	M	North Norfolk Beach Runners	03:06:04	05:49:35	06:56:48	08:13:59	09:41:18	11:20:02	12:19:13	13:29:39	14:25:07
31st	264	Lockton	Adam	MV40	Charnwood AC	03:34:34	06:19:04	07:30:09	09:13:41	10:42:09	12:13:07	13:04:10	13:55:37	14:29:03
32nd	272	Maun	Alfie	M		03:38:42	06:35:48	08:02:02	09:36:30	11:11:06	12:30:35	13:21:03	14:06:01	14:34:58
33rd	237	Gordon	Richard	MV40		03:38:37	06:33:29	07:53:46	09:21:38	10:48:26	12:10:01	13:03:37	13:55:39	14:36:26
34th	283	Neal	Rob	M		03:40:43	06:43:56	08:02:22	09:36:34	11:11:04	12:38:49	13:38:47	14:29:48	15:02:49
35th	259	King	George	M	Howgill Harriers	03:23:17	06:14:15	07:28:07	08:51:39	10:36:26	12:26:38	13:28:45	14:30:25	15:04:58
36th	221	Cutforth	Murray	M		03:38:47	06:35:57	08:02:06	09:36:53	11:14:09	12:44:23	13:38:12	14:19:50	15:05:47
37th	238	Grant	Iain	MV40	FTS race team	03:40:10	06:45:50	08:02:37	09:36:59	11:11:23	12:45:55	13:46:13	14:42:16	15:22:14
38th	291	Porter	Graham	MV50		03:32:53	06:36:42	08:08:15	09:44:15	11:22:49	12:56:16	14:00:56	14:54:54	15:40:52
39th	250	Hornby	Stefan	MV40		03:44:32	07:23:53	08:50:49	11:04:58	12:37:45	14:04:09	14:56:47	15:54:11	16:23:42
40th	310	Todhunter	Craig	MV40		03:44:21	07:23:55	08:50:45	11:05:08	12:37:48	14:04:17	14:56:57	15:54:09	16:23:44
41st	232	Evans	Dave	M	Belfast Association of Rockclimbers & Fellrunners	03:44:49	07:24:12	08:50:52	11:05:19	12:37:51	14:04:25	14:57:22	15:54:15	16:23:50
42nd	234	Gallimore	Ian	MV40		03:35:07	07:08:52	08:40:40	10:22:59	12:11:13	13:48:32	14:50:31	15:53:20	16:27:04
43rd	295	Roberts	Mike	M	Heaton Harriers & AC	03:45:40	07:30:49	09:03:10	11:19:57	13:01:25	14:52:00	16:27:39	17:40:51	18:26:05
44th	287	Parkins	Joe	MV40		03:34:50	07:03:18	08:31:20	11:14:13	13:01:22	14:51:58	16:27:43	17:40:49	18:26:08

Short Course

Pos	Number	Surname	Forename	Category	Club	Scafell Pike	Wythburn Car Park	Helvellyn	Clough Head	Latrigg	Finish
1st	225	Snee	George	M		03:35:21	06:19:08	07:28:19	08:45:28	10:18:11	11:35:02
2nd	305	Stout	Mark	M		03:44:43	07:30:53	09:03:15	11:28:56	13:19:33	14:06:10
3rd	306	Sulander	Tommi	MV40	Endurance Ultrarunning Team Finland	04:01:52	07:26:10	09:03:04	11:28:49	13:19:30	14:06:11
4th	267	Marsh	Duncan	MV40	Dark Peak Fell Runners Club	04:00:41	07:30:57	09:02:55	11:14:07	13:12:40	14:10:47
5th	297	Rowe	Martin	MV60	Northampton Road Runners	04:23:16	08:50:31	10:29:01	12:59:16	14:50:00	15:27:02
6th	201	Banks	Jasmine	FV40	Northampton Road Runners	04:23:08	08:50:33	10:28:57	12:59:23	14:50:04	15:27:09
7th	253	Johnson	Colin	M		03:45:31	08:01:36	09:50:12	12:42:57	14:57:03	15:34:33
8th	333	Wilkes	Shaun	M		03:53:44	07:38:24	09:18:11	12:44:59	14:58:12	15:44:35
9th	331	Wilkes	Neil	MV40		03:53:00	07:38:12	09:18:06	12:44:52	14:58:14	15:44:38
10th	212	Buck	Matt	M	UKA	04:09:27	09:53:42	11:31:33	13:18:48	15:12:37	15:57:43
11th	200	Balachandran	Ashley	M		04:10:00	09:53:51	11:31:41	13:19:02	15:12:40	15:57:48
12th	224	Devine	Paul	MV40		04:16:25	08:55:50	10:39:16	13:10:34	15:16:16	16:12:18
13th	215	Butler	Will	M		04:15:54	09:06:21	11:03:26	13:26:04	15:44:34	16:39:43
14th	213	Butler	Richard	MV40		04:15:34	09:06:14	11:03:50	13:25:52	15:44:36	16:39:45

DNF	246	Holman	Darren	M	East Grinstead Triathlon Club	04:28:01					
DNF	273	Mcclary	Samantha	F		04:28:57					
DNF	341	Wilks	Tim	M	no attached club	03:36:48	06:44:04	08:17:56			
DNF	223	Davis	Tony	M		04:01:12	07:49:07	09:58:33	12:44:33		
DNF	268	Mashate	Sheila	F		04:57:30					
DNF	219	Coughlan	Kevin	M		04:56:22					
DNF	222	Davies	Matthew	MV40		03:57:49	07:29:03	09:25:13		14:46:53	